

Notes given by Master E.K.  
In 1983 - In Vizag classes

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## NUX VOMICA

Chronic diseases – tuberculosis, leprosy, hemiparesis.

Acute diseases – typhoid, pneumonia, bronchitis, diarrhoea, cholera, gastric troubles.

### Constitutional Symptoms:

1)Oversensitive: వాతావరణ ప్రభావములను భరింపలేకుండుట, గట్టిగా గాలితగిలితే తలనొప్పి – air, sun, rain, sound భరించలేరు. తలుపు కిరుమంటే ఎవరూ, నిన్ను తగలెయ్య అంటారు. Subordinate's close relatives మీద కోపం.

2)Irritability: Out bursts of anger. దున్న కోపం, పొట్ల ఎద్దు కోపం. Impulses to destroy the things and hurts people. కాఫీ కోసం తల గొడకేసి కొడతాడు. దార్లో పెట్టొద్దని లక్షసార్లు చెప్పా కదా అంటాడు. Mother throws knife upon child. పైళ్ళు విసురుతాడు. సీమ టపాకాయలు అంటించి డబ్బాలో వేసినట్లుంటుంది.

3)Confusion: Hurry (హడావిడి). Crankish. పదిసార్లు పిలుస్తాడు (జిడ్డు) సతాయింపు.

4)ఈర్ష్య, అసూయ. (ఈ రోజుల్లో loafers IAS pass అవుతున్నారు అంటాడు. Generally he is not inclined to talk with the people. Not social, stiff & aristocratic.

5)Menstrual irregularities: Early menses (15 to 20 days), prolonged menses (2-3 or more weeks), continuous discharge. మనుష్యులు ఎండిపోతారు. All the sufferings of lady starts when the menstrual flow is stopped. Opposite of Pulsatilla.

< After menses – Nux Vomica.

< Before menses – Pulsatilla – menses start కాగానే betterment వుంటుంది.

6)All symptoms < after eating.

> On empty stomach. (బుర్ర సూరేకారంలా పనిచేస్తుంది, భోజనం చేస్తే రేగడిమట్టిలా ఉంటుంది). (Sulphur – ఆలస్యం చేస్తే మరీ బాధలు ఎక్కువ అవుతాయి.) Goes to stool after a meal. (Sulphur patient trembles when he is hungry. He has to eat something sweet, దడ, ringing in the ears బుర్ర తిరగడం. కొంచం కడుపులో పడేస్తే ఇక ఫర్వాలే ). Anacardium also భోజనం చేస్తే పంది లాగా అవుతాడు. (NV).

7)All sufferings < after mental work. Accounts చేయలేడు. తల లాగుతున్నట్లు crampings.

8)Sufferings of sedentary persons. దేహమును పదుల సంవత్సరములు కదల్చు కుండా ఉండే వాళ్ళకు. Intellectual professions. (similar to sulphur).

9)Frequent use of coffea, tea, alcohol, tobacco, opium, cannabis, Hashish, గంజాయి, frequent use of medicines.

10)Over strained mentally. Nervous system is over-wrought. (Acute diseases లో) Eruption diseases లో flu.

1)Fever లక్షణాలు లేకుండా then chill – Keynote symptom.

Fever then chill – NV

Covers upto neck. Cool breeze for head.

2)Disturbed sleep at around 3 am.

Thoughts of his work torment him. Future ఆలోచనలు ఎక్కువ. No sleep for an hour or so. Gets exhausted. Goes to sleep, full of uncomfortable and horrible dreams. Late into the day. లేచిన తరువాత not at all refreshed. Feels awful after a sleep.

3)All sufferings are aggravated when he gets up from sleep. Vertigo, వికారం, nausea, acidity – పులసరం (వాంతి). పడుకున్నప్పుడు భరించరాని నడుంనొప్పి Lumbago < when lies down. ఎముక విరిచేస్తున్నట్లు.

4)సాయంకాలం వస్తుంటే నీరసం, దానితో కూడిన నిద్ర మత్తు. Cannot resist sleep in the evening. తూగు వస్తుంది.

5)Anti-peristalsis.

ఒంటేలు సతాయిస్తుంది. ఒంటేలు పోయుదునుగాక అనుకుంటే శాపం పెడుతుంది. అలాగే stools. If he diverts his mind he can pass. Delivery లో కూడా co-operate చేస్తే delivery కాదు - only remedy Nux Vomica) – life saving drug.

### **False Symptoms:**

I.1)కడుపు నొప్పి, colic.

2)Indigestion.

3)Constipation.

4)Loose motions, diarrhoea and dysentery.

II.1)Headaches.

2)Biliousness.

3)Acidity, heartburn.

4)Vomitings.

III.1)Jaundice.

2)Liver diseases.

3)Hydrothorax, జలోదరము.

IV.Urine diseases. అతిమూత్ర వ్యాధి. Involuntary urination. Bed wetting.

Abuse of sex → Causation of NV. 90 సం|| వాడికి తగ్గదు కోరిక.

V.Nerve diseases – pains, pulling neuralgia cramping pain, unbearable pain of the nerve. చచ్చుబడుట,పక్షవాతం, epilepsy.

VI.Piles – burning, pains, bleeding, anal pain till 5 or 10 minutes after stool, shoots upwards.

VII.Cold, cough, asthmatic tendency, mucus, తెమడ phlegm(కఫం).

VIII.Female troubles – menstrual troubles, period become shorter, prolonged and period enters into another, pregnancy లో threatened abortion.

False pains లో delivery అప్పుడు motion అయితే (NV). delivery అప్పుడు anti-peristalsis.

### **Constitutional Symptoms:**

1)Lean, tall, bony ఎముకలు బయటపడి ఉంటాయి, bent forward.

2)Very sensitive to everything. వాతావరణమునకు, పరిసరములకు,వ్యక్తులకు, జనసమర్థమునకు touchy. గంట సేపు ఎవరు లేకపోతే ఎవరూ లేరా చచ్చేరా? అంటాడు.Poor digestion. No assimilation. Goes as it is malnutrition. Very careful about his diet. Hard food disagrees, highly principled in diet. తింటే అరగదని నాలుక కోసినా చెప్పాడు.

3)< At night. Develops principles not to eat in the night. Eats little, drinks more. అప్పుడాలు తిని మంచినీళ్లు తాగి పండుకుంటాడు. Complains about stomach symptoms.

4)When a person is directly under the influence of a particular medicine's key notes – NV 10M.

5) Very active and undergo a crisis. Start in the lowest potency. ఎక్కడి దాకా వస్తే అక్కడి దాకా రానివ్వాలి.

### **Mental Symptoms:**

1)Sensitive to air, cool air. Especially to sound. Feels everybody is intent upon disturbing him. ప్రయోగం చేసారని అనుమానం. Sensitive to smells good & bad. సతాయిస్తాడు. Hair oil వాసనకి తలనొప్పి.

2)NV, Ignatia, Opium and Coffea smell continues for hours in the mind (mental వాసన).

3)Irritable, violent, unstable in mind, jumps into conclusions. He goes into an uncontrollable range. తిట్టుట,కొట్టుట. Child beats. చచ్చేవా చావలేదా అంటూ కొడతాడు.Throws things. Mother throws knife against a child. Impulses. అనాలోచిత చేష్టలు. Feels like Chamomilla, Anacardium, Hepar Sulph and Natrum Sulph.

Weeps and cries like a big announcement opposite to Pulsatilla.

Chamomilla – గొంతు చించుకుంటాడు. తల నేలకేసి కొడతాడు.

Anacardium: Impulse to himself as others especially when sees sharp things. Children లో కూడా.

4)Hepar sulph & Natrum sulph: Irritability ఉండదు.

5)Despondent. సరదా ఉండదు. Feels a nonsense when people are happy.

6)Fault finding and critical quarrelling. Obstinate silence, non-communicative, answers in one or two sentences.

7)Answering crisply – (Acid Phos, Pulsatilla). Silent for days. Boardering to insanity when the delivery is not full. Never hurts. Too passive. Homicidal Instincts – NV, Anacardium, Chamomilla.

#### **4)Modalities**

1)< Physical and mental work. (Whenever he attends to duties), Stimulants. He cannot live without it.

2)Anti-peristalsis: వాత విపర్యయము.

3)Whenever the suffering is intense the patient feels a sensation to stool. ఏ బాధ ఎక్కువగా ఉన్ననూ మలవిసర్జన చేయాలనిపించుట.

4)Patient is chilly. Exposure to chill weather – Headache or జ్వరం, bodyache aggravates. Cold breeze is most uncomfortable to the body and most comfortable to the head. తరువాత తలనొప్పి వస్తుంది. Likes to cover upto head. కిటికీ గానీ, పంఖాగానీ తలవైపు ఉండాలి.

5)When the person goes to a warm place like a kitchen, he gets sneezings & watering of the nose, stuffing of the nose (బిగదీయడం). But when he comes to cool weather cold & sneezing stops, headache starts.

## ARSENICUM ALBUM

### **Introduction:**

Many violent sufferings well effected from head to foot. No part of the body that is not effected by Arsenicum album. It is useful to cure the diseases that belongs to many parts of the body, but totality of symptoms should agree. It is one of the polychrest drug. It is equally efficient in acute as well as in chronic diseases.

### **False Symptoms:**

1)Frequent high fevers. తరచుగా వచ్చి తగ్గటం. Malarial type of fevers, intermittent fevers. (7th day adverse, ముదిరితే 14 రోజులకు). (Filarial fevers లో వచ్చే tissue changes cure కావు. Advanced stages లో అయినా permanent cure చేస్తుంది. But the swelling can't be cured. Limitations గుర్తుంచుకోవాలి). Bronchial fevers, నెమ్మూ,రోమ్మూ జ్వరం. Jaundice and fevers accompanying jaundice. Some of the fevers lead to chronic anaemia. Advanced stage లో destruction of liver tissues. It waits for a proper soil. Again repeats. Jaundice తగ్గడం ఆరోగ్యం అనుకుంటాం.Symptoms తగ్గి repeat కావచ్చు.Very serious types of pneumonial fevers. Fever with fluid in lungs (pleurisy). దగ్గితే ప్రాణము కొంత పోయినంత బాధ.Fever with pain in kidneys especially for those with stones in kidneys. Pregnant lady with stones, (Temperature rises when the stones are cut and shooting pains), vomitings, loose motions

(cholera cured within minutes). Acidity with gas formation – ranked drug. పరిణామశూల, summer diarrhoea. Fatal disease of children. Sunstroke, రక్త వాంతి blood vomitings, pulmonary phthisis. చిగుళ్ళ నుండి రక్తం, పాండు క్షయ. Chronic anaemia (T.B. patient not in physical plane, we can detect the case 10-15 years before). Cardiac troubles – dropsy of heart, fatty degeneration of heart, asthma, quick breath – Dyspnoea. Utter Insomnia – Many kinds of thoughts haunting the mind in the night. Despair of recovery. Serious cardiac troubles and indifference to health ఉంటుంది. Pseudo-cardiac troubles లో too much worry ఉంటుంది. సతాయిస్తాడు. Hysterical patient. Fear unknown type, weakness. Boils and ulcers, ring worm, eczema. Dangerous types of septic ulcers. Tetanus (గుర్రపు వాతం) – Arsenic alb, Hypericum, Agaricus, Zincum met, Belladonna, Ledum Pal, Ailanthus. Opium – cephalic or cerebral tetanus. Surely saves the lives even in the last moment. Many types of gangrene (Ars.alb, Hypericum, Ledum pal).

### **Constitution:**

1) Debility, దుర్బలత్వం. Sudden collapsing type of weakness. Active and smart intelligent quick-witted. Understands the environment and the persons in minutes. Adjusts accordingly. Oversensitive. Prematurely old appearance. Metabolic wrinkles on the body, partially on face. Skin is most delicate and easily ruptured, easily bleeds with the least friction (Lachesis, Ferrum metallicum, Ferrum phos). No good appetite (digestive troubles). Too much burning in stomach (పంచదార నీళ్ళలో కలుపుకుని తాగుతారు. ఏదుంటే అది తాగుతారు) జీర్ణకోశంలోని చర్మం సుకుమారంగా ఉంటుంది. పైత్యం మంట, vomiting sensations and nausea, tendency to loose motions (NV కి constipation. దీనిలో loose motions) అలసట, exhaustion, hollow eyes, ఎక్కువ పని చేయలేడు, within a very short time person goes to serious condition. కొత్త చెప్పు రాసుకుంటే బిళ్ళ కట్టి వాపు, జ్వరం, వణుకు (12 to 2 pm) పళ్ళు కుట్టు machine లాగా కొట్టుకుంటాయి (చంటి పిల్లల్లా

అరుస్తారు), restless, anguish. (Bed to chair, chair to bed). Burnings మంటలు (నిప్పంటించినట్లు). Thirst for small quantities of cold water (High potency in septic fevers 10M).

### **Mental Symptoms:**

1)Anguish, Fear especially of death, restlessness. అస్థిమితత్వం. దులిపినట్లు పక్క మీద కొట్టుకుంటాడు. Chronic patients ఇంటి దగ్గర వుంటే బజార్లో కొంప మునుగుతున్నట్లు feeling like going somewhere. Always go round the city for no reasonable reason. Suffers from too much of planning without execution. పని చేయడానికి సతాయిస్తాడు. Ars.alb patient is never violent (reflected inside body) కుమిలి పోతాడు, సతాయిస్తాడు.

2)Fixed Ideas:- (Arg. Nit) రెండు వైపులా unreasonably good or bad opinions.

3)Hurry:- Eats quickly. సాయంత్రం ఊరికెళ్ళాలని సర్దుకొని మళ్ళీ తీస్తుంటాడు. He believes that he has to run for something కుర్చీలో కూర్చోని. అటు,ఇటు తిరుగుతుంటాడు నడిస్తే ideas వస్తాయి. Changes his postures always. మూలుగుతూ, నీలుగుతూ opposite to Opium (Insensibile). యమదూతలు రాకుండా చుట్టూ కూర్చోమంటాడు. రోజూ చచ్చే వాడికి ఏడేచేవాడెవడు.

4)Oversensitive to environment:- Especially with sounds. Heart and nerves are effected, Light sleep, సున్నితమైన నిద్ర, మెలకువ వస్తే నిద్ర పట్టదు. స్తోత్రాలు చదువుతాడు, thoughts వస్తాయి. తెల్లవారుఝామున కూడా నిద్ర పట్టదు. Sound is piercing through his body. In acute the intense fear of death is more pronounced than in chronic.

5)Despair:- భావ కవి of recovery నన్ను మాయ చేస్తున్నారంటాడు. Refuse to see doctors (Pulsatilla & Ignatia) Arsenic Alb is indifferent. Pulsatilla - Resistant dislike and anger mingled (నాకెందుకండీ నాకు బాగానే ఉందిగా ఆంటారు). She never allows to appear before doctor. నచ్చ చెప్పి పంపాలివస్తుంది

6)Fastidious, neat, - clean. A mania for cleanliness (Mike దగ్గర మట్లాడాలంటే trembles. Insanity. Suspicion. Indicated in ladies who are after delivery they develop the symptoms. Adjusts the things itself. ఎంత జాగ్రత్తగా రూం లోకి వెళ్ళి వచ్చినా వాడికి తెలుస్తుంది. వీడికి opposite SULPHUR. (ABC) Anti batin Campaign Never allows others to interfere, Never gives the things.

7)Despair about the world. World is never better. When disease advances he feels that he is not fit to live in the dirty world, suffocated and lost in the world.Develops a suicidal mania.Thoughts of suicide haunt him. వ్యాధి ముదిరినచో ఆత్మహత్య చేసుకోవచ్చు. Impulse వుంటుంది.

8)Mind is sorrowful and despondent (విచారకరంగా). No good opinion on anything and on any person, loses enthusiasm. Possessed by despair, fear in all parts. Fear of life పూర్వ జన్మలో పాపం చేశామంటారు. Religious mania.

9)Fear of loneliness. Can never travel alone. Platonic & satanic philosopher. (Lycopodium. Lyco. is a paradox. He fears loneliness and cannot enjoy company. He wants to have a room upstairs and people downwards. Fear of approaching night, Trouble will be more in the night (తెల్లారి ఫ్రెండ్స్ ని వెళ్ళమంటాడు) Help కావాలంటాడు.

### **Modalities:**

1)Intense burning, ఆసనం ఎర్రబడి వుండై పోతుంది Urethra అంటించినట్లుంటుంది. Eruptions in chronic disease. First Itch, then burn like fire. Some dangerous type of ulcers నీటివంటి రసి మంట. ఆ a wound on injury takes infection, then it burns and extends boils with burning. Becomes gangrenous. మొటిమలు (Intense burning septic condition. Dangerous Zone. (Natrum Mur, Ignatia, Theridion, Pulsatilla – గోళ్ళు కొరికే drugs. Intense burning of eyes. ముక్కులోంచి గాలి పీలిస్తే మండుతుంది. Larynx and thorax లో burning. Cannot urinate on account of intense burning.

2) Watery discharges:- excoriate, burn, bleed. ఒరిసి పోవుట, పుండు పడుట, మండి రక్తము కారుట, రసి అంటినచోటల్లా పుండు పడును. dangerous diseaseలో అనగా Zymosis లో కళ్ళ కొలుకులు పుండ్లు పడతాయి. Saliva excoriates, tongue and gums inflamed. Mouth (baked meat) ఉడకబెట్టిన మాంసంలా వుంటుంది. (Ars, Antimony & Bismuth) Haemorrhage in intestines. Nobody can save. Temperature decreases in minutes and collapses (Temp between 102°F to 105.3°F. Bleeding from anus. Temp. 101°F Doctor says that the patient is cured.

Secondary stage – Collapsing stage. All blood becomes poisonous in zymotic fever, gums bleed. Bad smell from all body. శవ గంధం. Decomposing meat, red eyes bleed, low types of fevers, zymotic(Also Crotalus, Lachesis, Sulphur, Phosphorous, Pyrogenum).

3) Restlessness, anguish Thirst మొదట్లో ఉంటాయి. తర్వాత debility వల్ల పొతాయి. Very dangerous situation. In an advanced stage of cholera in acute condition this complicated situation arises.

4) ఉబ్బసం Between 12.00 to 2.00 PM & AM. Temperature shoots between the time. Fever never touches normal. Debilitated for 2nd and 3rd day. పక్క మీదినుండి కదలలేని స్థితి. Don't press his abdomen. Intestines are delicate. You may be the cause of haemorrhage. He should not eat green grapes. Ferments. Very dangerous. As dangerous as poison.

5) Discharges of black blood with foul smell. Any discharge in females also (Ars alb and secale cor).

5) Swelling of glands, shivering – Fever strong indication with pain < at 12.00 & 2.00 am or pm One dose will cure.

6) Pain in kidney region, cannot bear cold weather, on touch of cold water. Only in this symptom modality is correct. Cannot bear hot weather & hot water (Secale.cor).

7)Periodicity of complaints (alternate day, 3rd Day). All types of periodicities. When disease takes a deeper state, the periodicity increases and increases intensity. Dangerous condition.

8)In mental diseases and malarial fevers patient becomes chilly, wants to cover, wants to sit near fire. The moment the attack is over – The patient has opposite modality.

9)Sufferings below the neck < from chill, > from warmth and covering. Head sufferings < from warmth and covering, > cold application & cold weather. Iodine – lies flat on cool ground. చాప, పరుపు వేస్తే క్రింద పడుకుంటూ చాలా సార్లు cold water bath చేస్తాడు).

10)Chronic sick headaches when cured patient goes into rheumatic pains of the body (ఒంటిమీద తంతున్నట్లు) – Don't give medicine. Don't attempt. Goes to mental condition if cured. Not only experience but also self-control sometimes help us in chronic cases. ·Success with not giving medicine.

11)Stasis in typhoid. Typhoid జ్వరంలో activity తగ్గుట, మగత, మత్తు వచ్చుట. He is going to die, (symptoms disappear) awful condition. Then give him Ars alb 200 one dose. Within 6 hours develops symptoms. Wait till symptoms set in. Most probably cures him. But sometimes symptoms may indicate some other drug (Sulphur 200 also).

In critical situation – Arsenic album, Sulphur helps.

### **Causation:**

1)Post operative complications. శస్త్ర చికిత్స తరువాత ఆరోగ్యం దెబ్బతినుట (Phosphorous Hypericum, Staphysagria), injury of the nerve leads to peculiar mania and mental condition – Arsenic alb (Oversensitive)(10M or 50M) may or maynot be cured. septic poisons because of carelessness of doctors – Tetanus. Septic fever తర్వాత కోలుకున్నవారిలో ఎక్కువ indicated.

2)Poisons. ఆహార విషములు. Food poisons. After recovery many times he is cured. Insect poisonings (Lizards) (After recovery becomes chronic (Thuja, Nuxvomica, Sulphur).

3)Constant fear living under (source of fear) (Ignatia, Natrum mur, Lycopodium, Chamomilla, Opium).

4)Old injuries తుప్పును గుచ్చుకుని లోపలే ఉండిపోవడం వల్ల.

### **Relationship:**

I)Antidotes – Opium 30 or 200 (Strong coffea preferably black coffea only within one hour) Arsenic Alb, Phosphorous, Silicea, Digitalis, Cactus – These are the drugs which need caution when used. Brandy also antidotes. పూర్వం కాఫీ ఇప్పుడు brandy. Hepar sulph (Even at random depending on the symptoms patient develops).

II)Complementaries:- Allium Cepa (ఉల్లిపాయ). When Allium cepa cannot cure completely Ars alb Allium Sativa వెల్లుల్లి. Carbo veg, Phosphorous, China, Bryonia. Mental condition లో Ars alb పని చేసికొంతవరకు ఆగును Mania of Liquors Ars alb 50M ఇస్తే relief కొంత కాలముండి వ్యాధి తిరగబడితే you require chronic drug of Ars alb – Thuja. పులిపిర్లకు మందు thuja అని వాడితే Chronic patient of Thuja అవుతాడు

## **BRYONIA ALB**

ఒక ఔషధము యొక్క వేగమునకు మరి యొక ఔషధము వేగమునకు తేడా యుండును.

The pace of the drugs is different from one another.

Quick action Drugs, Slow action Drugs అని రెండు వుండును.

Deep action, Surface action అని రెండు ఉండును.

It does not mean that Bryonia cannot cure a case in emergency. Every drug keeps better speed than disease when indicated and used.

Two children taken to beech had cool drinks ఒకనికి రాత్రి నిద్ర పోగానే, Delirium Fever 102°F – Quick patient. The second fellow was dull next morning. By next evening had watering nose → sluggish patient. The difference lies in arrangement of the vital force and vital action. ఎవరైతే శరీర తత్వమునందు ప్రతీకారశక్తి బలీయముగా ఉండునో వారు quick patients అనబడు వారు. మరి ప్రాణ శక్తి వ్యాధులతో తీవ్రముగా పోరాడగలదని నిర్ణయించవలెను. The child with sluggish reactions should be understood as having sluggish action of vital force. ప్రాణ శక్తి మందకొడి.

Quick child is safer child. Recovery is also quick (Pulsatilla 200).

Bryonia is a drug of slow pace constitution. Starts slowly, develops slowly, recovers slowly. It influences the muscles and nerves and tendons. It works in acute and chronic diseases equally. It is often indicated remedy.

### **False Symptoms:**

Cold, cough, pains all over the body, effects of exposure to cold wind and damp weather (చలి, తేమ ప్రదేశములకి సంబంధించు టచే కల్లు బాధలు). Frequent joint pains (సంధి బంధముల నొప్పులు. Gout. Rheumatism. (hereditary) When suppressed blood carries granules of it. ప్రాణాలు తీయడానికి ప్రయత్నం జరుగును.(Gouty trio – Bryonia,Rhus Tox, Arnica.mont).

Swellings, paralysis of muscles, diabetes mellitus, various urinary troubles, burning and stones in bladder. Ranked drug in typhoid about 25% cases of typhoid. Malarial fevers, bronchitis, jaundice (often indicated). Liver complaints, carbuncles రాచ కురుపు. Between July & August big boils ulcers శెలలు. Frequent sore mouth, నోటి పూతలు, నంజు పొక్కులు(Aphthae). serious type of headaches, various forms of indigestion, colic. Ranked drug in appendicitis, lumbago, serious types of heart diseases.

## **Constitution:**

Slow to act and think, i.e. chronic (In acute conditions he may not be like that). Not inclined to work. పనులు టలాయించుట. Tries to manage things. Physically and mentally lazy. Postpones things. Not inclined to conduct good conversations. ఓపిక ఉండదు. Suffers from heaviness of head and body often. Generally finds it convenient to be lonely. Uninclined to receive friends. He feels he is sick. He cannot bear the heat of a room and the Sun. ఎండ భరించలేడు. Feels suffocated in summer heat. (ప్రాణం ఉక్కిరి బిక్కిరి గా ఉండును.). Complains of thirst and heat (subjective heat). ఆముదం రుద్దుకుని వేడి వస్తుంది అంటాడు. తలలో కుంపటి ఉంటుంది. Complains of too much sweats. Cannot live without a fan. Frequent pains in joints. He falls sick whenever there is a disturbance in climate. Grows round and fatty after certain age. స్థూలదేహము. Burning of eyes, nose, throat, urethra. Often wants to be massaged. (నడుము మీద గుడ్డు అంటాడు. పిల్లలు వీరికి చిక్కకుండా తిరుగుతారు, కనిపిస్తే ఎక్కడ గుద్ద మంటాడో అని), numbness. Cough and hiccough after eating.

## **Mental Symptoms:**

- 1) Sick feeling. (Opposite of Opium. Opium – A false sense of wellbeing).  
Not enthusiastic. సరదా ఉండదు. (Opposite of Pulsatilla wants to appear happy). Nature of the drug is important.
- 2) Irritated – Weeping. If he tries to answer person and if he tries to think → symptoms aggravate. Not happy when people visit him.
- 3) Very much likes to be at home when sick. Cannot like to be in hospital. When temperature and delirium, he dreams shouting “take me home, take me home”. ఇంటిదగ్గర ఉన్నా కూడా. In case of cerebral fever etc., always shouts take me home · unmistakable symptom of Bryonia.
- 4) In acute diseases:

a) He feels he wants something, but does not know what it is. Demands certain things and refuses when brought. (Acute లో).

b) When he finds certain things not available he wants them. (కొబ్బరిబోండాలు) చూస్తేనే Satisfy అవుతాడు.

5) Fear of death: dejection and despair. వ్యాధి తగ్గదను నిరాశ.

6) He does not want to move from the place. కదలిక భరించలేడు. Wife bedsheet change చేస్తానంటే వద్దంటాడు. ప్రాణానిక మీదకి వచ్చినట్లుంటుంది కదలాలంటే.

7) Mentally he craves to eat certain things to eat.

a) Physically he cannot like them and relish them. Refuses to eat. Likings are only the memories of his sick conditions. Age మారే కొద్దీ tastes మారతాయి. పల్నాటి వీరుడికి జ్వరం వస్తే పచ్చిమిరప కారం కావాలంటాడు.

b) Very much likes to drink acidic things. Lemon juice etc. (fridge నీళ్లలో నిమ్మకాయ – (Phosphorus, Pulsatilla) Lives on cool lemon water for weeks Pulsatilla. Sick way of liking things. నాలిక బాగుండలేదంటే వక్క పలుకు ఇవ్వనా అంటాడు. చింతపండు అంటాడు.

8) Craves for cool water. చల్లటివి. As soon as he takes cool water everything <. Dislikes warm things. (ఇష్టపడడు). If he cares to take them all symptoms >. (ఉపశమించును). Helps digestion. > in fever.

9) He has a dislike of 1. Oils, నెయ్యి, వెన్న, 2. Sweet things 3. Potatoes, దుంప కూరలు 4. గోధుమ పదార్థాలు, many types of nutritious food. బలమైన ఆహార పదార్థము హితవు ఉండదు.

After Bryonia is administered the patient should be instructed not to eat such foods. పథ్యం చెప్పవలెను. Otherwise drug action will be disturbed.

For Pulsatilla patients – నెయ్యి, వెన్న, నూనె పదార్థాలు avoid చెయ్యాలి.

Lycopodium – రొయ్యలు తినరాదు. Thuja – Onions (Particularly they should be instructed).

### **Modalities:**

1) Many acute diseases start with sunrise with as soon as they wake up. (Starts on a fine morning – నిద్ర లేస్తూనే మొదలగును). Dullness since two days. Some acute diseases start at 9 PM. Starts coming at 9 pm.

Inflammation, watering nose and in morning fever (9 am also).

2) Succession – Chill → pain in chest → Dry cough → Rust coloured Sputum → Temperature.

3) People having mental diseases. Delirium starts at < 3 PM, begin to talk all nonsense. Quite early in the morning. Starts సంధి గుణములు < at 3 PM and physical symptoms < at 9 PM.

4) < all sufferings from movement. తల కదిలిస్తే సుత్తులతో వాయిస్తున్నట్టు ఉంటుంది.

5)a) Headache or lumbago > by cool air and cold water.

b) But joint pains > warm applications – వేడినీటి కాపు. < cold air and cold water. (Many get confused and use RT).

6) When a person is insulted or scolded goes into severe headache, fever and delirium. If he goes sick by 9 PM · Bryonia, due to contraction of blood vessels in head. (If it is not 9 PM - Staphisagria). Causation also is important.

7) In acute conditions of Bryonia he has a stuffy feeling in the head. Even the little movement or attempt to speak < the state. Sometimes even the blinking eyes.

8) Asthma: The patient goes into severe headache 2 hours before attack of asthma. Then he gets sneezes. Then running of the nose. Then attack. This

is the sequence of asthmatic attack. Same in pneumonia also. Any complaint starts with headache.

9)When the sufferings are aggravated, the face is puffy. ఉబ్బింపు and often bluish or blackish పొగచూరినట్లు.

10)There is a marked amelioration of all sufferings when sweating. > sweating. But he feels uncomfortable with sweat. Hence wants to go a fan. There will be suppression of sweat. All the sufferings again aggravate. Somethings happens when he takes a cold water. (He should be allowed to sweat.

11)Aggravation of all sufferings after eating, > when he is constipated (N.V)

12)Severe headaches sometimes causes nose bleed.

13)Any of the acute disease starts with a trouble with ear, nose, throat.

14)He is a stupid for sometime after waking up from sleep. బుర్ర పని చేయదు. Since don't know where they are. ఏదో లోకంలో ఉన్నట్లు ఉంటుంది. సర్దుకుని మన ప్రపంచంలోకి వస్తారు.

15)If in the beginning of a fever, the patient has a quivering of the lower lip repeatedly, understand the patient will have a cerebral fever like encephalitis and it can be cured only with Bryonia. తొందరగా వేస్తే మంచిది.

16)Lips dry cracking and bleeding (most probably in fevers like typhoid) gums bleed, blacklines forming on teeth విపత్కరములైన జ్వరములలో.

17)Unbearable tooth pain in smokers, < whenever he smokes. If he gurgles with cool water he gets relieved.

18)The tongue is thickly coated (in acute). Mouth dry. Blisters on the tongue. Bleeds on tongue. (Even though the patient is thirsty he won't prefer to take water in this condition) Careful.

19)In low fever the patient is often absent minded. Mind confused. అయోమయం. Dullness of ears. దిబ్బడ వేయడం. You have to address him loud(Rhus Tox).

20)Suppression of menses in ladies. రుతుస్రావం ఆగిపోవుట. During the menses dates there will be

a)Acidity indigestion and vomitings.

b)Vomiting blood.

c)Nose bleed (b and c are present in Phosphorus) Vicarious menstruation.

21)Blue flakes, gelly like tissues urine లో పోవుచుండును. Some people have severe pains in kidney region when passing urine. కొందరికి burning in urethra. It is > when he urinates. పోయనపుడు మంట.

22)In pregnant ladies when they have physical shock or exertion, then they have threatened abortion. They get pains like labor pains. ప్రసవ వేదనల వంటివి. Bryonia – 200 when given prevents abortion. (Arnica mont, Sabina (shooting pains from loin to vagina)).

23)When the fellow is coughing in chronic diseases or having asthmatic attack the fellow holds his chest tight or he holds his head tight.

24)If he lifts any weight immediately, he feels like going to urine. పెళ్ళై బెడ్డింగ్ ఎత్తగానే toilets అడుగుతాడు.

25)Males who gonorrhoea and wrongly cured frequent itching of the urethra. Increased sex instinct, if there is any recurrence - give Medorhinnum 200 basing on patient's suffering.

26)For nursing mothers sometimes there is sudden suppression of lactation. The breasts become very painful and heavy. Sometimes the nipples are inflamed. పుండు పడుట, ఒరిసిపోవుట and often accompanied by fever and swelling. These ladies require Bryonia 200 one dose, which cures

miraculously. వాళ్లకి చలిచలి గా ఉంటుంది. Misleading symptoms because of inflamed condition. Thirst for cool water. All pains are > pressure. Most probable reason for this is just after delivery some ladies perspire. If the body is not properly covered and had it evaporated, the sweat is suppressed and body goes into lactation fever. > sweating < by suppression of sweat. Menses లో చల్లని నీళ్లతో కాళ్ళు కడుక్కుంటారు.

Extremes of heat and cold should be avoided – general rule in menstrual period. Nervous system చాలా delicate గా ఉంటుంది. బరువులు ఎత్తరాదు. Running emotional disturbance చాలా danger. Uncontrollable weeping in the periods. పూర్వం segregation పెట్టడానికి కారణం ఇదే. Segregation పాటించినా ఈ విషయంలో మర్చిపోతే ప్రమాదం.

Bryonia often indicated drug. (Pulsatilla, Silicia, Ignatia, Natrum mur, China) (Chronic sickness ముఖ్యం). Icy cold things తీసుకోకూడదు. వేడినీళ్లు స్నానం danger → too much of flow. Discharges should not be suppressed. Sweat and menstrual discharges.

27)Contra indication: Periodicity marked గా ఉంటే Bryonia అస్సలు పనిచేయదు.

28)(Causation లా ఉంటుంది). Sitting on damp surfaces. (Pains, swellings, puffiness) కళ్ళు ఉబ్బరిస్తాయి. Stiffness of joints. Chills and cold. Cannot bear cool breeze at all. కప్పుకుంటారు.

> by movement < by rest. రెండు మూడు అడుగులు కుంటి కాలు సాగితే నడుస్తాడు సవరించుకుంటా – Rhus Tox.

< by least movement. > by rest – Bryonia. Feeling hot, craves for cool things – Bryonia.

Rheumatism లో కూడా ఇదే Rule.

దెబ్బలు తగిలి నొప్పులు మిగిలినవారికి - కాలు జారి పడ్డాడు కొంచెం దెబ్బ తగిలింది. సాయంకాలానికి నొప్పి చేసింది. నొప్పి చేసేంత time ఇవ్వదు.

Soreness. పచ్చి పుండలై ఉంది. సలసలలాడటం, చెప్పెట్టి మోదినట్టుంది. Bruised sensation. ఎక్కడ ముట్టుకున్నా నొప్పి ఒళ్ళంతా నొప్పి. Afraid of being touched. Arnica m. 6 + fever with pains, sleep with wild dreams. (పైనుంచి క్రింద పడేసినట్లు అరుస్తాడు). Fast express లో travel చేస్తున్నట్లు, collision జరిగినట్లు dreams · Arnica 6 at shorter intervals. If better repeat Arnica 30. 4 or 5 days of quick recovery give Arnica 200 one dose. Everything is alright. Deeper in the joint a trace of pain in region – Bryonia or Rhus Tox. Most probably Rhus Tox 200. Leave one month time RT 1M or Bryonia 1M whichever indicated.

Physical strain exercises	Rhus Tox
Overlifting, over-exertion	

Bryonia or Rhus Tox వేసినంతర్వాత కూడా పెయిన్ ఉంటే Ruta G -200 లో ఒక dose Traces ఉన్నా తగ్గుతుంది. Verification symptoms. Difficulties in accommodation of vision.

29)Asks for things and refuses when offered. Violent and overactive. విసిరి కొడతాడు – Chamomilla. He offends people. Typical Chamomilla. సహాయం చేస్తూండగా విపరీతంగా తిడతాడు. Cries sharp. Ask for reason does not know. ఇంకెవరికన్నా పెట్టారని గాని తక్కువ పెట్టారని గాని అంటాడు – Chamomilla. ఉసూరుమంటాడు – Bryonia. Expression లో తేడా. Even among students they lose friends on account of their peculiar behavior - Chamomilla.

30)Delirium: Type of delirium-

a) Half asleep and muttering గొణుగుట – a passive type – Bryonia.

b) Belladonna – violent and hyper-active. Thunder and lightening. Jumps from bed. కుక్కలని ఎగురుతాడు. Feels dogs hunting him, wants to escape away from bed. నర్సులకు దొరకడు. Bites. Scratches. రక్కుతాడు. పక్క

పీకుతుంటాడు. Face ferocious and eyes sparkling. Rabies or Hydrophobia - Belladonna.

Fear of water. only 2% of Rabies can be cured. చాలా కష్టం.

c)Stramonium – Fear, anguish. He sees ghosts. పిశాచములు. Little animals running under the cot. ఎలుకలు అంటాడు. Most probably ghosts of recently dead people, relatives and friends. Goes on talking continuously. Loquacity.

d)Hyoscyamus – The fellow sings songs. జన్మలో పాటంటే ఎరుగనివాడు వేలంపాట తప్ప. స్వరజ్ఞానం తో పాడతాడు. కవిత్వం కూడా. Rhymes. Oral గా వస్తూంటాయి. Exposes his private parts. Advanced cases లో runs naked. Refuses to take medicine. Suspicious that he is being poisoned. Keynote – stranger ఇస్తే తీసుకుంటారు.

Nux vomica – 5-10 రోజులు constipation. Chilly. Body covered, head exposed.

Ars. Alb → fear of death and burning and repeated thirst for small quantities of water. శవగంధము.

Phosphorus → Great heat in the body. Wants ice cool drinks (Bryonia). Within few seconds vomits everything + he may have involuntary loose motion. Urination or whenever there is cough passes urine or stools. → (Ranked) paralysed type of anus – opens itself.

Bryonia – great heat, eyes red. Burning of internal parts. Wants cool breeze, cool water. Enormous water quantity లో Arsenic Alb. → Phosphorus → Bryonia – Burning of urethra except when he passes urine. < by movement. > by rest.

Rhus Tox → చెవులు గళ్ళు పడి వినిపించవు. (Bryonia and Rhustox) Not able to see properly, toxic condition drowsiness.

Rhustox మత్తు కల్గిస్తుంది. విష వృక్షాల్లో ఒకటి. తల తిరుగుతుంది.

Involuntary motion. (RT and Bry) కదలకుండా వుండలేడు. He cannot stretch his tongue out. ప్రయత్నం చేస్తే నాలుక వణుకుతుంది. Tip of the tongue is very red. చిగుళ్లు వాపు రక్తం కారడం. (Bry & RT).Smell of degenerating blood.

Opium → Temperature generally high. Body is too hot. Copious sweating. Hot sweat like hot water. Sweating never relieves him from temperature. Eyes are very red like boiled meat (RT and Opium). No sufferings to report. Communication cut off. Constipation or loose motions. Paralyzed condition of rectum and anus. Stool is to be mechanically removed. Ball like motion. Anus is paralyzed.

### **Bryonia in the case of Diabetes:**

1)Abnormal thirst for cold water.

2)Feeling sick and weak (continuous). When he is in acute condition gets feeling of sickness. But in chronic condition no feeling of sickness and attends office.

3)Sweating greasy, oily, sticking.

4)Cannot bear heat.

5)Discomfort in Sun, feels puffy and suffocated.

6)Pains all over body. Heavy head and sometimes headache.

7)Confusion. Vertigo. ఇవన్నీ sugar రాకముందు ఉండే symptoms. 10సం. ల ముందు కథ.

8)Summer boils స్పర్శ తెలీకుండా వుండటం, Gangrene కాలు తీయడం → తర్వాత మనిషిని తీసేయడం. Gangrene – It is a tragedy after 20 yrs drama.

If doctor is a donkey for 7 years, patient is called cancerous.

If Bryonia cannot cure the case use Nat mur. Sugar వచ్చినా ఇదే treatment. Other treatment ఆపు చేయించాలి. Goes into weakness. Diabetic coma

రావచ్చు. Start the treatment only if patient stays with you for a time. If the mind is lazy Bryonia 30. (Alfalfa Ø twice a day) one week.

Ask him not to test the urine until you instruct him. If intake is better case is running on right lines – If no appetite previously. అన్నం రుచించాలి. May be sugar is more. Again Bry 30 one dose Alfalfa Ø for a period until he repeats symptoms. Give Bryonia 200 one dose wonderful improvement. After some time 200 may not work. Then go to 1M. (A single dose for minimum of one month). You can repeat when he demands.

### **Another Patient:-**

1)Lazy and not neat and clean.

2)Cannot bear heat. Can't go into sun.

3)Burning of the body especially head, hands, feet. < in Sun.

4)Skin becomes red in Sun.

5)Cannot stand. పక్కలు లాగుతాయి. Feels discomfort in heat, Wants cool breeze.

6)Cannot stand hunger – Bryonia contraindicated. Fellow shivers and sweats between 10 & 11 AM.

7)Cool damp weather frightens.

Give SULPHUR 30 same way. But longer intervals and less no. of repetition as Sulphur is a long acting & deep acting remedy.

### **Another case:-**

1)Pains all over. Bruised. Cannot be touched.

2)Worried. (Never in Bryonia).

Bry anxious గా ఉండే ఓపిక ఉండదు. Irritable).

3)Disturbances in sleep. He groans and weeps and grinds his teeth.

4)All sorts of dreams (Train accidents). Wakes startled.

5) Bryonia ki నలుగురి మర్దన కావాలి. Arn touchy.

Give Arnica 30. If there is any recurrence he may require Sulphur or Thuja.

Sulphur – Thuja, Medorrhinum, Syphyllinum, Psorinum, Calc.carb, Calc phos, Causticum, Alumina, Cup.met, Stann.met, Aurum, Argent.met

→ Deep acting → Had periodicity & recurrence. Only these can complete the treatment.

### **Another case:-**

1) Chilly. Cold weather, increase in damp weather.

2) Salivation too much. Nausea. No relish for food.

3) Weakness. Quick breathing < movement.

4) Sweat smells of mercury vapours.

5) Teeth loose. Gums painful discoloured, spongy. Tooth decay.

6) Pains in loins and thighs.

7) Smell of decomposed meat. నీచు వాసన. No taste. ఏమి తిన్నా గడ్డిలా ఉంటుంది. Feels tongue heavy. Give Merc Sol 6.

### **Causations:**

1) Sedentary life. దేహశ్రమ లేకుండుట

2) Worries. Continuous mental worries.

3) Living in hot areas.

4) Heredity.

### **Relationship:**

Aconite complementary + we can give after Aconite + కంటి నొప్పి, పంటి నొప్పి Aconite relieves. But Bryonia, Sulphur should be given. Aconite can't be repeated many times. Alumina (Serious neurological pain) కాలినొప్పి, బొటన వేళ్ళలో నొప్పి వచ్చి Aconite వేసి తగ్గితే ఆ spot will be there in the

toe where there is a numbness 6 months afterwards or 1 or 2 years – goes to creeping paralysis.

Mental symptoms – Dream like state.).

After Bryonia → Lyco. gives wonderful results. Natrum Mur is chronic of Bryonia.

Silecea, Pulsatilla & Nat.mur are allied drugs.

Bell → Lachesis → Calc carb → Tuberculinum.

Tuberculinum → Lachesis

No inimicals to Bryonia. But some say Calc.carb is inimical to Bryonia. Better never use them).

## RHUS TOX

### **Introduction:**

A poisonous shrub. చెట్టు దగ్గరకి పోతే ముఖం తిరుగుతుంది. It is better not use below 30 potency. Constantine Hering specially warns. Better follow Hering.

Hahnemann → R.T works better when smelled than tasted (Repeatedly told). Deep acting drug. It may not be able to complete the treatment. Moderately deep drug. It can never work against a chronic miasm. Specially remember this drug when patient has repeatedly Joint pains < in changes of atmosphere. Nerve pains.

### **Pathological Symptoms:**

False Symptoms:

1)Pains –

(a) Headaches.

- (b) Joint pains.
- (c) Lumbago.
- (d) Stiffness of the neck.
- (e) Gouty వాత రక్తం.

Gouty trio – Arnica, Bryonia, Rhustox.

2)Boils, eruptions (Blue or Black) or the pus may be blue or black సిరా లాగా.

1) Fevers –

- (a)Typhoids.
- (b)Septic fevers.
- (c)Meningitis.
- (d)Bronchial.

Generally there will be toxic condition & delirium.

3)Heart diseases. గుండె నీరసం. Pain in the heart as if pulled by thread. Pain from heart into the neck or into the shoulder or into the spine or to the elbow or to the wrist or to the fingers. ఉంగరం వ్రేలు, మధ్య వ్రేలు. Pain will be of a paralytic type (Angina pectoris).

The joint pains alternate with heart symptoms. Be very careful. Sometimes he may get pains of ankles & joint pains in early days.

Don't give R.T to new patients with joint pains మందిచ్చి ఊరికి పంపకూడదు.

4)Sick with climate changes especially when there is damp weather, after a rain, after a cool breeze.

5)Complications in eruptive fevers, measles తడపరలాంటివి (R.T & Apis, Thuja, Pulsatilla & Sulphur, Zinc.met) when eruption fever is suppressed.

High fever → if you give Metacin eruption fever gets suppressed and patient dies. Black fever or scarlet fever dangerous.

### **Constitution:**

Frequently the patient complains of body pains, stiffness of the joints. Occasionally swelling of parts. The respiration is often disturbed. An innate heart weakness. ఎప్పటికీ ఒకప్పటికీ heart patient అవుతాడు. వాతావరణంలోని ప్రతి మార్పుకు ప్రబావితమవుతాడు, especially when the temperature cools down from heat. ఇలాంటి evenings లో రాత్రికి అయ్యో, ఆమ్మో అంటాడు. Whenever there is disturbance he shows bluishness in eyes, eyebrows, nails and skin. Sometimes in heart cases when he climbs steps పెదవులు, గోళ్లు bluish అవుతాయి. Often afraid of cold. Cannot stand chillness. Itching of the skin with swelling. దద్దుర్లు – happens repeatedly when we call it urticaria. Most probably in joints. మోకాలి మడతలు. (joints లోనే blueness or blackness of the area effected. Sometimes it may disappear. In a few seconds this may go. (Apis also → But red in colour, radiate heat. Patient feels hot. (ఉష్ణ గుండంలో ఉన్నట్లు చన్నీళ్లు చల్లకొంటాడు). RT feels coldness in parts. Characteristic of RT–Numbness. When eruptions continue numbness continues. Causation → An exposure to coldness. చలిగాలి తగిలితే eruptions రావచ్చు. Early morning చలిలో కారు డ్రైవ్ చేస్తే – numbness with formication. May lead to paralysis of that exposed part of the body. పక్షవాతం వచ్చాక కూడా ఈ symptoms ఉండవచ్చు, Pain కూడా ఉండవచ్చు. (peculiar symptom) Apis లో వచ్చిపోతూ ఉంటాయి, అందుచేత chronic. But in RT నిలబడిపోతాయి. Generally the fellow will be changing positions. (Opposite to Bryonia) (Zincum Met – కాళ్ళతో నేల మీద కొడుతుంటాడు).

Often you find people going to sickness after a drench. నీటిలోగాని, వానలో గాని after sitting on damp surfaces develop అయిన symptoms కి, తలంటి పోసుకొంటే బాధలు. (దగ్గు జ్వరము లాగా ఏదైనా రావచ్చు). Asthma attack, రోజు నీళ్లలో నానడం వలన develop అయ్యే chronic symptoms కి ఇది పనిచేస్తుంది. Therefore it is called washerman's remedy.

Stone cutters' remedy – Silicea (often indicated).

Those who work in coal mines – Sulphur.

Graphite mines – Graphitis (only probable).

Cotton mills – Eucalyptus, Gossypium.

Working in chemical fertilizer's factories and petroleum factories – No medicine, they have to change the profession. Any drug may work.

Washerman's remedy may be Sepia → if water is poisonous.

RT feels heaviness of body and parts of limbs temporarily paralyzed.

Stiffness of nerves. Stiff neck. Cramps very painful. Sometimes he cries in sleep. నరం తన్నెస్తుందని, కొంకర్లు పోతున్నాయని అంటాడు.

### **Causation:**

Over use of nerves and muscles. Champions of wrestling, boxing players, weightlifters, కూలిపని చేసే వాళ్లలో కూడా.

May weep for a few minutes. RT, Cuprum met, Zincum met, Causticum.

Chronic condition of recurrence of painful cramps. Gouty in constitution. కీళ్ల రోగం.

In pregnancy – cramps – (Lachesis ranked drug. Magnesia phos and Arnica).

The fellow has dimness of sensorium. జ్ఞానేంద్రియములు మందగించుట, చూపు మసక. Hearing defect, smell lost. మొదట జలుబు చేసి తెలియదు. తర్వాత పూర్తిగా రుచులు పోతాయి. ఏమి తిన్న గడ్డి తిన్నట్లు ఉంటుంది. Numbness.

In acute typhoid → hard hearing, dullness of mind, sounds in ears.

Chronic → When weather is bad he may have the symptoms and > when time passes. Confusion of mind and heaviness of mind. బుర్ర పనిచేయదు (పరధ్యానం). ప్రశ్నను అడిగితే గోడను అడిగినట్లే వస్తువులను తీసుకోవడంలో. Sick feeling always. మనస్సులో బాధ. Tendency for loose bowels. భోజనం ఒక ముద్ద ఎక్కువైతే → 2,3 సార్లు అవుతుంది.

RT – Loose bowels.

Hard bowels → Bryonia, N.V.

When the weather is bad, experiences staggering. పడబోతాడు, తూలుడు. Often the eyes are red. Type of conjunctivitis. కండ్లు కలిగి ఉండుట swollen – eye lids bluish – much discharge from eyes - పుసి. Burning. Very red eyeball. Bluish tinge in it as if baked meat. RT 30 one or two doses. Wonderfully cures. If there is no redness – sand sensation, too much watering, also watering from nose, tongue and mouth → Euphrasia 6. Next day Euphrasia 30.

Some people develop eruptions on joints with oozing. రసి. Temperature near the joints is not equal to temperature at other parts of the body. (may be more or less). Often the voice is effected. Voice becomes hoarse. బొంగురు. Coughs and clears before he speaks in singers, many musicians, lawyers – ప్రాక్టీస్ ఉన్నవాళ్లు and teachers.

### **Mental Symptoms:**

1)Mental Symptoms are more clear in acute patients of RT. విస్పష్టమైన మానసిక వేదనలు.

2)Hurry. (Argentum nitricum - 2 గంటల తైం ఉన్నాగాని ముక్కున నోటనా కొట్టుకుంటాడు భోజనం. Arsenic Album, Hyoscyamus) Hurry drinking in fevers – Hyoscyamus.

3)Anticipating something bad. ఈ రోజు బాగులేదంటాడు (రక్త నాళం చిట్టినట్లుంది అంటాడు) Apprehensive. Sometimes he feels his wife is seriously ill at home. Fire engine చూస్తే మనిల్లు తగలబడుతోంది అంటాడు.(Arg. nit., Ars. alb., Ignatia, Hyoscyamus, Acid phos). In typhoid he feels he may die. This symptom < at night.

4)Despondency, very unhappy. Pulsatilla-- పూర్వ జన్మలో మహా పాపం చేసాను అంటాడు. Born sinners. God helpless. కొద్ది సంవత్సరాలలో మనకు నయంకాని జబ్బు వస్తుందనే feeling. (Arnica mont – feels especially that doctor is a fool. తగ్గుతుందే? నీకేం తెలీదు అని doctor అంటే never cares a

doctor. Pulse చూడాలి. ఆసనాలు వేయించాలి. 2,3 నెలలు చాలా interest చూపుతున్నట్లు నటించాలి. అప్పుడు కొంత నమ్మే అవకాశం ఉంది. Unmistakable symptom. Apprehension about heart. గుండె జబ్బు పై గౌరవం ఎక్కువ. Heart is sinking. దగ్గుతూ చేత్తో పట్టుకుని దగ్గుతాడు ఆగకుండా. (N.V., Sulphur, Pulsatilla, Sepia). Sepia → Homoeopathic misuse.

Kali Mur indicated in some cases of ladies. Menses postponement కి వాడితే health can never be recovered. In such cases very difficult to take case history.

5)Mental fatigue. నిస్సత్తువ మానసికంగా. He cannot concentrate. Cannot programme things. సంకల్పించలేడు. Proposal will be disturbing and changing. సంకల్పం కార్య రూపం ధరించదు. Opinions and ideas hasty and not clear.

6)Vexed with this life. No interest to live. (Antim crud) Ranked symptom.

Suicidal drugs:

Sorrowful – Acid phos.

Very sorrowful – Aurum met.

Negative psychology – Sepia. Losing interest in life is different from suicidal tendency. Feels better he commits suicide. But never proposes. విషం ఇస్తే తాగడు (opposite to Aurum met).

7)Feels sorrowful. Weeping is there He cannot understand why. భావకవి లాగా. Restlessness, anxiety, especially with hurry → He cannot define. Believes that his future life is unfortunate. Mentally unstable. With the least exertion of mind he feels his thoughts disappear. Feels dizzy. Brain fag. (A shock in business, students who fail).

### **Modalities:**

1)Cool weather, damp weather < all sufferings.

కాస్త మబ్బేస్తే బయటపడతారు. కొద్ది చినుకులు పడగానే మర్నాడు వచ్చే వాళ్ళల్లో ఎక్కువమంది వీళ్ళే వుంటారు.

2)Patients are too much chilly. Cannot stand any chilly condition. Cannot bear a drench. నదిలో, కాల్వలో స్నానం చేయరు. Colds and flu like condition. తలంటు పోసుకున్నా సామాన్యంగా వేడినీళ్లు చేస్తారు. మొదటినుండి అలవాటు అనేది ఉండదు చన్నీళ్ళ స్నానానికి – Important.

Chilly drugs	Hot drugs
Rhus Tox, Hepar Sulph	Pulsatilla, Sulphur
Acid nitricum	Bryonia
Merc sol	Phosphorus
Psorinum	Iodium
Tuberculinum	Medorrhinum

False hunger, canine hunger – Iodium, Tuberculinum

అర్ధరాత్రి అన్నం పెట్టమంటారు. They go into emaciation. Continuously suffering from loose motions.

Especially import and export ఎక్కువ.

Tuberculinum: చన్నీళ్ళు పడవు

Iodium: వేడినీళ్లు పడవు. Sits in a cold water tub. Otherwise likes to lie on a cold surface.

Both are mentally similar.

Always you find them with wounds, changes.

Mind is idiotic. Harms other children.

Kent warns us that the medicine never works if this symptom is not satisfying – in Lesser writing.

3)>in warmth. వెచ్చదనంలో ఉపశమించును. ఎక్కువ ఎండగా ఉండకూడదు.

4)Likes to be covered always. బుర్రకు కూడా కప్పుకుంటాడు. (Psorinum covers head to toe. Wears a fur cap in summer). > Covering, కిటికీలు వేసుకుంటే > (Psorinum, Kali carb) వాకిట్లో ఎక్కడో window open చేస్తే 3 రూముల అవతల < (Kali Carb).

5)Instability of parts of body. స్థిమితంగా ఉండవు. (తప్పదు). Shooting pain inside > if he changes the position.

Shooting pain < rest > movement.

పెసరట్టు తిరగేసినట్టు డొల్లతాడు. Pelvis లో pain.

6)A person is worse after rest.

a)Face puffy, bluish.

b)Blood rushes most probably into head.

నడిస్తే హాయిగా ఉంటాడు. ఇంట్లో పడుకుంటే కన్నా rail లో పడుకుంటే హాయిగా ఉంటుంది. Worse after long sleep. నరకయాతనగా ఉంటుంది. Especially needs a nap after meals everyday. That rest makes him never to get up. తేళ్లు పీకిన నొప్పులు. And then if he gets up and washes with warm water, he is better.

In the morning the fellow feels miserable when wakes up. ప్రక్క మీంచి లేవలేననిపిస్తుంది. Fears approach of the day. Feels lame after a sleep.

He has to limp. > movement. (Lachesis < sleep only). Be careful.

In throat fevers and paratyphoid fever the moment the patient goes to sleep you will difference also in temperature, < in sleep. Coughs until he is awake.

7)> by sweats especially joints are free to move. Fan వేస్తే sweat suppress  
అయి chill feel అయి వెంటనే joint pains వస్తాయి.

Very happy with sweat, but < on suppression.

RT feels chilly after a breeze.

Sweat → cool breeze → chill → shivering → fever.

RT with stiffness of joints

Rhustox with stiffness of joints. ఇది Rhustox malaria sequence.

8)(a) > from walking. Slowly a little. బస్సు time అయింది నడవండి అంటే if  
he walks brisk on long distance exhausted, short breath, feels weak, cardiac  
trouble, అంటే palpitation. He is forced to take rest and miserable pain,  
gentle movements and moderate movements >.

(b) Complaints from over work (muscular and nervous only). అధిక శ్రమ  
పనికిరాదు. Complaints from over- stretching. వంగలేడు, మేకు కొట్టలేడు,  
వీపు గోక్కున్నా పట్టేస్తుంది. Complaints from over lifting – (chronic)

9)Blowing cool breeze harms too much –

a)Numbness of the part తిమ్మిరి.

b)Formication. చిమచిమలాడటం.

c)When goes home temporarily ఆ part కి paralysis వచ్చును. Joke వేస్తే  
పూర్తిగా నవ్వలేడు. ఒక వైపు నవ్వుతుంది.If not cared may go  
permanently.Psora ఉంటేనే ఈ symptoms.

Pain may start in muscles but settles in joint. A particular point pinches  
(Causticum also, but it is different. Shortening of the muscle is important).

Always painful paralysis in Rhus tox.

(Opposite Conium – feeling is not there). Infantile paralysis లో ఎక్కువగా RT  
indicate అవుతుంది. Should not carry children in a scooter –

10)An acute disease of RT starts in the night (Typhoid, diarrhoea, fever). In mental symptoms < at night (ధోరణి మొదలవుతుంది).

11)Fevers of RT:-

a)Unbearable headaches starting in the night and especially feels that parts in the head are loose (Belladonna). కొబ్బరికాయ లో కురిడి లాగ. Parts swollen as if brain would torn out.

b)Toxic condition. మందకొడిగా ఉంటారు (Delirium passive type). Often feels that he is drowning in a well, pond or water.

c)Sensorium dull. Most probably hearing effected. Ringing noises in the ear, heaviness of head, loose his smell, throat pain.

Eruptive fever లో throat pain ఉంటే it is fatal (Apis and RT). If the parts are bluish RT.

(Afraid of chills, face puffy. Wants cool water and sprinkles cool water → Apis. కనురెప్పలు ఉబ్బరిస్తాయి → Apis.Throat is red).

Contraindication of Rhus Tox (Imp).

d)Cool water is required for him and he gets a cough with temperature shoots up, chill → RT (Man may mislead).

e)Sensation as if he is becoming unconscious,చిన్న రోగం. Sounds in ear and involuntary loose motions. రాత్రి 12 తర్వాత తెల్లవారే లోపల.

f)In headache the people feel the brain is squeezed. Muscles in the head feel pulling sensation. Fears paralysis. If you touch his head he feels worse. (Opposite to Bryonia). Occipital headaches.

11)RT patient feels pulsation –

a)In head.

b)Rocking sensation. [Kreosotum] (with pain RT).

12)Parts of head become numb. Especially those parts that touch the pillow (in acute and chronic) (Apis also). Whenever the head is washed partially or wholly he suffers from headache.

13)Some RT patients on exposure to cold weather suffers with lachrymation from eyes. Feels chill, eyes become red and swollen. He may not get other important symptoms.

Eyes effect అయితే – other symptoms ఉండవు. Affects eye lids, paralysed sometimes.

14)If the fellow works standing in water for sometime, eyes are effected Only RT.

Conjunctivitis: lachrymation, much red like baked meat, swollen, has eyes agglutinated (అంటుకుంటుంటాయి) with other modalities of RT are present, then - RT 30 doses in 12 hours interval.

Arsenicum album	
Phosphorus	
Rhustox	
Lachesis	
Crotalus	
Vipera	
Naja	Life saving in diptheria like diseases and should not be given below 30.
Bungarus	

Lyssin	
Hydrophobinum	

Tuberculinum	
Psorinum	Nosodes
Medorrhinum	
Syphillinum	
Bacillinum	
Variolinum	

Ignatia, Hyoscyamus (Mental) – never give below 30.

15) Little boils on eyelids repeatedly appearing వచ్చుచూ పోవుచుండును.

16) Membrane in the nose becomes red and yellowish discharge from the nose. Phlegm in the bronchi. కఫం నిలబడటం.

17) Any infectious diseases on nose or at folds of nose.

Notes:- Any sudden swelling on which వాపులు నీటి బుగ్గలతో వచ్చి గంటల్లో ప్రాకి ప్రాణప్రమాదానికి దారి తీయు వ్యాధులు – cellulitis (toxic condition).

18) The headaches of R.T. will be better when the neck is bent back.

### **Causation:**

1) Exposure to cool atmosphere or cool water or a car drive in a cold morning (winter morning) exposure to rain.

2) Over stretching ఒళ్ళు విరుచుకొనుట. Over lifting, over work physically కండరములు, నరములు విశ్రాంతి లేక పనిచేయించుట.

3)Poisons (animal and plant poisons) antidoter.

Anacardium(poison) జీడి పొగ తగిలి ప్రమాదం అయినా, పొక్కినా. Applying physically of Anacardium for headaches is dangerous. Smoke is still dangerous. They will be swollen cashew nuts – Give R.T.30 one dose. The fellow is antidoted. (If necessary give second dose).

If R.T. were to be antidoted. → Give Belladonna. Also Bryonia. వేగం అయితే Bell. నెమ్మదిగా ఉంటే Bryonia (మందకొడి). Camphor 30 also. Coffea or One cup of strong Coffee. Merc sol will antidote. Plumbum met is also there. Even Sulphur, also Croton tig, Ranunculus bulb, Rhododendron. complementaries. పారిపోషకములు → Aurum met, all Aurum drugs. before or after [+ Aurum+] Arsenicum alb also.

If a patient takes a bath after administering Rhustox – it may be antidoted. (6 Hour gap is necessary).

## PULSATILLA

ఆడవాళ్ళ మందు అనే misconception.

లోద్ర – అప్రదిష్ట (ఆయుర్వేదంలో)

Frequently indicated అని అర్థం. Males లో female qualities వుండే వాళ్ళకని అర్థం.

Works both in chronic & acute diseases. A moderately deep remedy. It eradicates the disease permanently. Hysterical & mental symptoms prominent గా ఉంటే కావాలి వస్తుంది.

### **False Symptoms:**

1)Acidity, digestive troubles with acidity పులిత్రేన్పులు. అజీర్ణములు. Rumbling of Bowels. ప్రేగులు అరిచే శబ్దాలు. Much noise while expelling gas (దీపావళి పండుగ) loose motions with indigested stuff. Always motion is expelled with gas. ఉదయం త్రేన్పులు, పులిసిన వాసన, కొన్ని మెతుకులు గొంతులోకి.

2)స్వలింగ and pains:- All types of pains as in Rhustox or Bryonia. They come in suddenly and suddenly they disappear. నిముషాల్లో మంచం మీదకు వస్తారు. Quite unexpected careless death. అది మాములే అంటారు కాని జారిపోతారు.False appearance of sickness. We will difference misunderstood about their illness. అరగంటలో మారులు. Pains travel from one place to another.

3)Mental diseases:-

A series of hysterical diseases. ఏడ్వడం, నవ్వేయడం, Devils తో మాట్లాడటం, పూనకాలు, అయోమయం ధోరణిగా మాట్లాడటం, మూతి బిగించుకు కూర్చుంటారు. Refuse to talk to people, easily offended, అపార్థాలు, often weep very easily. కలలు సినిమాల్లాగానే వస్తుంటాయి. దేముళ్ళు, దెయ్యాలు repeat అవుతుంటాయి.

4)Skin diseases:- పసుప్పచ్చటి చీము. Big boils which often burst. Patches of skin. leucoderma. (Ranked Drug). [Pulsatilla, Antim crud, Bufo, Psorinum, Ars alb, Ars sulph flavum, Arnica, Aurum met, Medorhinum, Thuja, Kali Bich(geometrically circular)].

5)Menstrual diseases: అనేక వందల రకాలు especially delayed menses. Tubes blockage. Hormonal drugs వాడేవారు. Against family life → Key note. Against the idea of marriage lifelong patients.

Menstrual colic sterility (Sepia, Manganum), గర్భాశయ వ్యాధులచే గర్భం ధరించకపోవుట.

Tubercular miasm → Manganum.

6)Diabetis:

### **Constitutional Symptoms:**

Generally blondes అలా కూలబడతారు. శక్తి తక్కువ ఆకారం ఎక్కువ. Delicate, smooth constitution చలిమిడి ముద్దలాగా వుంటారు. Cannot stand any strain, easily and quickly tired, quickly withered, ఒతుల్లాగా

వడలిపోతారు. complaints come in groups. కనీసం రెండయినా బాధలు కల్పిస్తాయి.

Easily discouraged. Easily frightened(భయం). Easily believes తేలికగా నమ్ముతారు. అయ్యగారు Accident పాలయ్యారంటే రిక్షా ఎక్కి వెళతారు. అసహ్యకరమయిన ఊహా చిత్రాలను నమ్ముతారు. Full of tears in seconds. weeps immediately. While talking they weep. సంసార బాధలుగాని, సుస్తీ గూర్చి చెబుతూ ఏడుస్తారు.(More often Sepia people don't weep), suicidal miasm ఉంటుంది.

దాంపత్య సుఖం, కామ సుఖం అన్నచో ద్వేషం. No favourable ideas about marriages. Physical complaints come on suddenly and disappear suddenly. Then shift from place to place (colchicum also). Cannot bear Sun. చల్లగా హాయిగా ఉంటుంది. తేమతో కూడిన చలిగాలి జబ్బు చేస్తుంది. In fevers they cannot bear cold breeze. కప్పుకోవాలి. Generally more suffering in the night. Glandular swelling తరుచుగా ఉంటాయి. క్షీరగ్రంథుల వాపు. Milk fever లో wonderful medicine (Pyrogen, Lac can, Phytolacca, Pulsatilla, Ricinus, Ars alb). Repeated swelling of gland which may lead to carcinoma. Frequent ear troubles. Yellowish pus discharge.

### **Mental Symptoms:**

1)ప్రతిచిన్న విషయమునకు బాధపడు మనస్తత్వం. For every trifle thinks too much about nothing. They feel they are neglected. They feel they are insulted. మాట్లాడేంతవరకు నా వంకే చూస్తున్నాడని ఆలోచిస్తారు. రాత్రి అంతా ఆలోచనే. ఈ ఇల్లు మారండి జబ్బులు తగ్గుతాయంటే-ఇక నిద్ర పట్టదు.

Anacardium patients భయపెడితే, ఏది చెబితే అది నమ్ముతారు. Most impressionistic type of mind. నెమ్మదిగా చెబితే ఏదయినా నమ్ముతారు. మహిమలు, మహాత్మాలు చెప్పుకొనేవారిలో, నమ్మేవారిలో వీరుంటారు. ఏది చెప్పినవైనా చేయించవచ్చు.

(Nux vomica – He can never be influenced. Influence చేద్దామనుకొంటున్నా మీరు చెప్పారు కనుక చెయ్యడు).

2) Misunderstanding others: అపార్థాలు, త్రికరణశుద్ధిగా misunderstand చేసుకుంటారు. Stop speaking. ఇంక మాట్లాడరు. నమ్మకపోతే మాట్లాడరు.

Obstinate Silence: Hahnemann (keynote) మంచివాడని నచ్చ చెపితే నమ్మరు.

Silence → Hysteria and insanity. Insanity time లో ఎవ్వరితోను మాట్లాడరు. She eats less - ఎందుకు తక్కువ తిన్నావంటే అబ్బే అదేంలేదు అంటుంది - 4,5 రోజులు మాట్లాడరు. సతాయిస్తే ఊ అనో ఊహు అనో అంటారు → Insanity. Insanity with menstrual troubles → Puls. 50M or 10M or puerperal troubles లో insanity సూతిక వ్యాధి (Ars Alb, Puls, Silicia, Bryonia). Suppressed discharge leads to insanity (Even powder వాడటం వల్ల అయినా sweat suppress అయ్యి).

తలలో అనారోగ్యం ఉంటే genitals లో troubles ఉంటాయి.

అన్ని శాస్త్రాలు చదవాలి. ఒక దానిలో పాండిత్యం లాభం లేదు.

A doctor without knowing astrology is a quack. Don't believe him. He is a quack → said Hippocrates.

3) Refuses to visit a doctor:- నాకేం ఇబ్బంది అంటారు. లేవదీసుకొనిపోవాలి. mental గా సాధిస్తుంది. ఒకసారి వచ్చినా doctor కి బాధ చెప్పదు. Husband has to beg excuse to doctor. Grossly insincere to health.

4) Cause for refusal:-

(a) Having anger with husband or అత్తగారు and dislike. Passive resistance. [Thuja also has anger and utter dislike. In Thuja torment or harass, tease అయిష్టత తో మనస్సును కష్ట పెడతారు. They do it only in the presence of domestic people. In the presence of stranger they behave very civilised crafty and trickish]. Puls. Patient is foolish and boorish. Too restless with strangers. Thuja people can torment upto the level of Chamomilla. Obsturacy ఒక్కటే.

b) They never like to be considered or painted out as patient by anyone including doctor. They appear active and they feel it as an insult.

5)Sin complex:- Feels committed unpardonable sin. సంపూర్ణ విశ్వాసం, పాపం చేసామని. Religious mania. Disease lies with person, not religion. A mentality to self-torture. A mortification type of mentality. If you try to honour they refuse. భోజనానికి పిలిస్తే పచ్చడి మెతుకులు తిని పోతారు. They feel they are not fit to receive favour from others (Chamomilla, Anacardium – They harm themselves to threaten others) that they are better if they fast. They say I am cursed. You can never make them happy by giving anything [ Chamomilla, Anacardium, Acid phos, Ignatia, NM] NM – Whenever you give them happiness. They recall unhappiness old incident and make the whole thing unhappy. Acid phos పెళ్ళిళ్ళలో గుడ్డలు పెడితే ఏడుస్తారు. Weeps when thanked – Lycopodium.

Chamomilla unflinchingly insults the person who wants to praise the patient.

6)Fixed Ideas:-

a) Marriage is not good. Celibacy is best to live. Personally they feel that they are not fit to enjoy married life.

b)Instinctive aversion to sex life, believes it is a great sin.Physically & nervously they are not fit to enjoy sex life. Give Pulsatilla in high potencies. If it is structural deformity nobody can help. [Coitus very painful. They bleed. Sometimes they attempt suicide (Acid Phos)]. If they are married, they feel it as a great sin that they are married.

c)They have an idol worship towards a person in life. Husband is a God and sex is hell నరకం Incompatible ideas.

d)The house in which they are living is a bad house. దయ్యాలన్నాయని, black magic is done. ఎముకలు పాతిపెట్టారని నమ్మకం. భూత వైద్యుని నమ్ముతారు. వాస్తు బాగుండలేదంటుంటారు. Mind లో ఉంటుంది. ఇంట్లో ఉండదు. దొడ్లో అరటి చెట్టుండకూడదంటారు. పిల్ల ఏడిస్తే దయ్యం పట్టించుంటారు.

[They fear that some of their relative are planning to poison him 2,3 స||ల ముందు నుండియు తన ఇంటిలోని వారు అన్నపానీయాదులలో విష ప్రయోగం అని నమ్ముతారు → Insanity(Pulsatilla,Hyoscyamus).

Too much vulnerable to suggestions. You can make them believe anything hypnotise అయ్యి readyగా ఉంటారు [Pulsatilla, Hyoscyamus]. Never Anacardium.

### **Modalities:**

1)a)Any acute disease starts with heaviness in the stomach,indigestion and acidity. పులసరం (Ipecac – stomachache – nausea and vomitings) need not be any indigestion in Ipecac, yellow loose motion may also be there.

b)Menses may start with the symptoms బహిష్టు పై చెప్పిన లక్షణముతో మొదలగుట.1-2 రోజుల ముందుగనే ఈ బాధలు కనిపించును. Menses sets in, these symptoms disappear. Menstrual cycles are too much disturbed in Puls. cases. Delayed menses may be awfully delayed. (Phosphorous, Bryonia – She may have vomitings and loose motions, no menses at all. Often then menses some blood being vomited before menses. Nosebleed before menses sets in. In some cases nosebleed instead of menses).

c)Miscarriage – starts with the same symptoms as above.

2)Mental and Hysteric complaints with menstrual troubles, uterine troubles. గర్భాశయ వ్యాధులు, Troubles with ovaries. అండ కోశ వ్యాధులు, Diseases after delivery. When wrongly indicated causes abortion, but when indicated → (Silicia, China, Sepia, Pulsatilla, Sabina → controls and saves from abortion).

1)Pain from pelvis to pubis, Pains from pelvis down to thighs విపరీతమైన పొట్లు. Pains exactly like labour pains.If it is before 5th month Sabina helps. After 6th month Secale can cure in advanced months, If they are given when they are not indicated – abortion.

Silecia is sure for abortion, even tissue salt should not be given. 12th one requires experience.

China an age old remedy to cause abortion in Egypt (Cinchona Bark)

2)Mental troubles and Physical troubles are < from heat. Even heat of the room >by cool atmosphere and cool weather(Dulcamara,Bryonia)

3)< All complaints from rest. దేహానికి కదలిక లేకపోతే బాధలెక్కువగాను, > By gentle movement నిదానంగా నడవాలని ఉంటుంది. Quick walk < complaints.

4)In a room where there is warmth and no air →

a)<all troubles.

b)sweats.

c)Chills వేడి గదిలోకి పోతే చలి వేస్తుంది.

5)Eruptions & boils or neuralgic pains and joint pains > when having running nose. < nose blocking, Nose running వస్తే Tissues కూడా వాడ రాదు.

> All the above symptoms > from cool drinks and ice cream etc., < with the same after one or two hours and often they get throat pain and fever. గొంతు వాచి పుండొతుంది.

6) a) Mental troubles b)Digestive troubles < after eating (N.V) తాపీగా భోజనం చేసి హరికథ మొదలుపెడతాడు.

Mental troubles < from evening to night, Digestive troubles < morning also.

నిద్ర లేచేప్పుడు worst గా ఉంటుంది.

7)The following disagree pulsatilla.

a)Butter b) Ghee c)Pork d) Milk and milk products దూధ్ పేడా, బర్ని. Fatty and oily substances. They feel that the contents live very very long time. గొంతులో ఉండ పెట్టినట్లు ఉంటుంది.

8)Feels too much feverish, but no fever (sure symptoms). Dryness of mouth and tongue without thirst. అయోమయంగా ఉంటుంది. Two paradoxical

symptoms (Ignatia – దీనిలో Paradox లు పుట్టవు. Fan in high speed పూర్తిగా కప్పుకుంటారు. ఏది తీసినా నిద్ర పట్టదు. If there is any bad news suddenly he goes into laughter hysterically. And if there is joy goes into weeping. If begins to laugh -- దగ్గు 10 నిమిషాలు తీరికగా దగ్గుతాడు. cough as grave as coughing (Peculiar symptom) When there is throat congestion he cannot swallow even a drop of water, but can eat hard food పకోడీలు. గట్టిది మింగుతుంటే సమ్మగా ఉంటుంది, పలుచది దిగదు. గాలికి ఎదురుగా పరిగెడితే దగ్గు, ఆయాసం ఉండదు, కాని ఆగి rest తీసుకుంటే దగ్గు, ఆయాసం వస్తాయి).

9)All the diseases from the body are yellow or yellowish green, చెవిలో చీము కేసులు ఎక్కువ.

10)In cases of indigestion and many motions a day. The type of stool will be changing from time to time. hard, semi solid – loose motion – Too loose – Technicolour.

“No two stools are alike “- Hering. Children లో ఎక్కువ.

11)In ladies all complaints < before menses > after menses (strong modality).

12)Complaints of half of the body will be there. అర్ధ నారీశ్వర తత్వం. ఎప్పుడొచ్చినా ఏదో ఒక వైపు వస్తుంది. Complaints alternate on sides → Lac can. Diagonal symptoms → Agaricus. ఎడమ చేయి కుడి కాలు పీకుతాయి.

In Pulsatilla fellow sweats only on one side. Some are only head and face (Silicia also).

13)All head complaints > cool application. శిరోబాధలు శీతలోపచారములతో ఉపశమించును. > Pressure > Gentle walk < not moving < lying (horizontally) < from evening into night, midnight at its worst (Headache) when during night, movement of head even eyeballs < headache.

Unbearable headache a few hours after a dinner (N.V). రెండు ముద్దలు ఎక్కువగా తింటే బుర్ర లోకి వస్తుంది. Generally accompanied by acidity.

Many times headache will be with stomachache. Puls. gives immediate relief. కన్నులకు నొప్పిగాని బాధ గాని ఉంటే > with cold water wash.

14)Nose block in the morning. Running of nose in the evening. {< in morning > in the evening}.

15)The glands in the neck and axilla and groins swelling and pain. Chills and fever with pain all over the body.It will be cured. Especially happens in milk fever.

16)By the time he gets up in the morning. Acidic saliva comes into the mouth with last night meal (మెతుకులు).

17)Constipation with piles < from lying on bed.

18) (a) When there is burning in the urethra, if the fellow lies on his back, immediately he feels like passing urine.

(b)Coughing and sneezing చీదినా urine dribbles (Causticum, Phosphorous).

(c)Frequently he feels like going to urine. Sudden bad news and surprise and great delight and laughing loudly cause involuntary dribbling of urine. పిడుగు పడినా urination.

19)A drench in rain or damp weather < all sufferings (R.T, Dulcamara).

20)Orchitis అండము వాపు and Hydrocoel chronic and painless. Sometimes paining too much with a past history of gonorrhoea.

Gonorrheal orchitis శాశ్వతముగా cure కి gonorrhea వచ్చి తగ్గాల్సిందే.

21)A cold water wash may suppress menstrual flow to a lady. She will have scanty flow of menses. From then she goes into all sorts of illness క్రమక్రమంగా. Puls gives her normal discharges and gets cured. Puls 200 → Puls 1M → Puls 10M. An year and two for cure in the case.

22)When the person lies on his back and throws his hand above his head all sufferings >. If turns to left < of all troubles, feels suffocated especially in heart diseases.

23) In malaria first the fellow sweats chill → cough → Vomiting phlegm. Sequence is sure Pulsatilla. Give when he is having fever.

24) Observation only:-

A) Veins prominently seen over body have little nodules over body. Most probably Puls. They show black blood. They are hardened. There is little itching on them. Sometimes they bleed little.

B) In the axilla or groins and also the gums, teeth you will find blackish spots and if they scratch those parts they burst; burn. Ooze. Find out if he is Puls.

3) Young girls who are students before the age of puberty they have severe frequent headaches. Then they may be most probably Puls. Grown up ladies severe pain in head during menses (Puls or Phos, Ignatia).

Menstrual colic since the time of puberty, most probably it is Pulsatilla.

Rainy season:- Common symptoms – They have bronchial catarrhs. రొమ్ము పడిశం. Thick phlegm, burning in chest. Phlegm yellow or greenish yellow. Sometimes it may lead to pneumonia fever. ఊపిరితిత్తుల వ్యాధి. No thirst. It is miraculously cured with Pulsatilla. If there is thirst remember Ars alb (some symptoms).

In children eruption fever of any type, పొంగు జ్వరములు. Eruptions suppressed, cough develops and after a few years becomes asthmatic chronic patient, go to history in childhood. Result in adulthood. ఆజన్మాంతం allopathy లో cure లేదు. It may be cured with Pulsatilla, Ars. Alb or Thuja or Sulphur. Even if vaccination is suppressed - same drugs.

Ranked drugs: Additional information: After an eruption fever if the patient is not properly recovering after the healthy diet is given the patient may require one of these drugs. A single dose will be sufficient to complete recovery. same thing with vaccination also. In rare cases Tuberculinum is also indicated. When the scars are left on the body and some symptoms

continue. Scars will dissolve permanently. Only within two days after head bath.

Among ladies cannot lie on the left side. Many ladies when they attempt to lie on left side get suffocation and palpitation, perspiration. When turns towards right side gets relief. Better on right side. Heart and lung diseases – Puls. cures them. Understand when it is required. History of suppressed menses is also a key symptom. ఈ బాధలు అప్పటినుండి మొదలయినచో confirmed. Untimely suppression, not a menopause.

Lumbago, pain in spine వెన్నెముక లో నొప్పి through years – started after suppression of menses or started after eruption fevers. Curvatures of spine – మనిషి వంగిపోతాడు. వంగి నడుస్తాడు.

An artificial disease → this is not based on a drug. Family planning tablets గానీ, menses postponement కి గానీ వాడితే artificial disease ఉంటుంది గానీ ఒక drug symptoms లో ఉండదు సామాన్యంగా.

Any surgical operation is to be treated afterwards with a drug.

Curvature of Spine: Calc Carb, Calc flour, Anacardium, Causticum, Pulsatilla. Menses natural గా 30 years లో stop అయితే cure కి అవకాశం ఉంది. Induced menopause అయితే ప్రమాదం.

Joint pains లో Pulsatilla indicate అవుతుంది. Often recurring, chronic headaches – తరచుగా తలనొప్పులు > colds of nose cured with Pulsatilla.

Shifting of pains → suppression of menses > by running of nose – definitely Pulsatilla.

Body pains, weakness, palpitation, fear, indigestion, joint pains, gas formation, no appetite, > urine has sediment మూత్రం నందు పిండి కలిపిపోసినట్లు, red sand పోవునపుడు దానికి మందు ఇచ్చి పుణ్యం కట్టుకుంటే మరల అన్ని బాధలు వస్తాయి → Lycopodium.

He requires chronic treatment. This urine trouble will be there for sometimes, don't give any drug. Keep on it for days in diabetic cases also –

diabetic cured and cardiac trouble is there → Lycopodium. చాలా జాగ్రత్తగా వాడాలి for permanent cure.

Cold of the nose. In such cases the patient complains of తుమ్ములు. Totality of the symptoms ను బట్టి drug ఇస్తే colds వచ్చి patient better అయితే Puls. 200 మీదనే ఉంచవలెను. Wait wait wait for 1 year or 2 years. ఓపిక కావాలి. Tablet వేసుకొంటే case అంతా వెనక్కు తిరుగుతుంది. జాగ్రత్త.

Patches on the skin, dry scaly tissue on the surface. బెరడు కట్టిన పొర. It tight on the skin and pains horribly, dry part of the skin gets cracked. పొట్టు వచ్చినట్లు, సగ్గుబియ్యం వడియాల్లాగా and sometimes it can be cured, but again comes. Partially cured. 10 years కి ఒకసారి కూడా రావచ్చు psoriasis – 1.Pulsatilla 2.Arnica 3.Thuja 4.Psorinum 5.Kali Bich. 6.Antim crud 7.Merc sol. Many gonorrhoeals are cured with Puls. (Swelling of testis with pains). Orchitis. Restores gonorrhoeal diseases. If hereditary, it is secondary, no restarting. Person proper అయితే వొస్తుంది.

In acute disease remember Pulsatilla in → 1. Jaundice 2. Loose motions 3. Cholera 4. Colic 5. Toothache

> with ice cream → Pulsatilla. > with hot → Chamomilla. History of chain smoking → Bryonia.

If the pain makes him mad. If he cannot bear it, కన్నీళ్లు, weeping → Aconite (unbearable). If not completely cured Sulphur 30 permanently cures if the tooth is not decayed. Effect అయితే ఊడగొట్టాలి.

Toothache < eating fruits, పుల్లగా ఉంటే < కరకొయ్యల్లాంటి ఆపిల్స్. Banana తింటే పంటినొప్పి → Plantago 200.

Earache లో same modalities కి same drugs.

Toothache is due to a decaying tooth → Calc flour →

If the gums are getting decomposed వదులై కుళ్ళుచున్నట్లు బాధ. Tooth decay లో పన్ను చెడడం మొదలైతే ఆగదు. ఊడిపోవాల్సిందే.

Fever with throat pain and swelling of the tonsils, inflammation in the nasal cavities. చలి జ్వరం shivering colds. — Pulsatilla 200 (single dose). History of aggravation from cool drinks, ice-creams.

Insanities:- Hysterias మనస్సంక్రోభణములు. History of mental shock especially in Stills. It is sudden bad news. Immediate గా రాకపోవచ్చు. If it broods inside fear, sorrow etc; sorrow, weeping, not talking with others.

In ladies after delivery అయితే or after suppression of menses.

Acidity → throat pain → heart burn and food materials raising to the throat again. Gastric ulcers (Puls).

### **Causation:**

1)Ill-treatment నిరాదరణ, తిరస్కరణ. (Ignatia, Coffea, Chamomilla, Nux Vomica, Sulphur, Staphisagria, Aurum met, Acid phos, Natrum mur).

2)After effects of eruption fevers, vaccination, perpueral causes, shocks of especially bad news.

3)Cool, acid liquids. ఆకలేసినా చల్లని నిమ్మ నీరు మంచెదని తాగి పని చేసేవారికి (Puls. or Bry). It is a vicious circle. If a healthy belly engrafs such habits goes to these drugs. కావలెనని అనిపించినా, habit చేసుకొన్నా ఇదే drug.

### **Relationship:**

Pulsatilla – Chamomilla remedies for similar complaints – weeping with pain or burning.

Pulsatilla – moaning, piteously.

Chamomilla – cries adamantly భీకరంగా.

Puls. fellow keeps himself lonely more he suffers.

Chamomilla wants all propaganda ferocious type. Plucks his hair, striking the head against wall. రక్తం వచ్చినా ఆపలేదనే నింద వుంటుందని సంతోషం. Insults others.

Puls and Nat.mur are similar in Despondency, sorrow.

	Pulsatilla	N.M
1	< in evening into night.	< from sunrise to mid noon or from 9 A.M to noon (upto noon important). > after noon
2	Colds < in the evening. Running nose in the morning. > of all complaints. Blocking of nose in the evening.	Cold < in the morning > in the evening
3	Puls. లక్షణాలు వేసినపుడు తగ్గి వస్తుంటే It will be cured permanently.	give one dose of N.M 200.

Don't interfere with other medicines.

Pulsatilla	Allium Cepa
Running nose, sneezings, eyes burn red tongue burning nose burning	
Eyes burns అవీ లేకపోతే Pulsatilla	Sudden onset of symptoms. Allium cepa 200 one dose. (Modalities వుండవు).
Colds are similar in timing and modality	
	Heart symptoms--quick breath, pain in heart, Palpitation, pain with exertion on climbing stairs (confirmly) cures heart complaints.

Iodium, Arg nit, Phosphorus, Pulsatilla → Yellow or greenish – yellow discharge.

Acid nit, Thuja, Clematis erecta, Sarsaparilla (సుగంధకాలు), Medorrhinum → require one after other → Suppressed gonorrhoea.

Acid nit: A single spot when it burns like fire. Sensation of a plug (గుచ్చుతున్న sensation), hemorrhoids damn after passing stool pains give too much of suffering → Acid nit 6 → 30 → 200 → cures.

In all cases gonorrhoea reappears.

Clematis → Joint becomes stiff one after another. After 20 years person is crucified. Joints better with 30-200 → cures.

Sarsaparilla : Intense burning like fire with white pus or sedimentation. Ulcer on anything, burning in the throat. Anti-sycotic – white pus on sedimentation. తెల్లని చీము.

Coffea antidotes Pulsatilla. Veniger antidotes Pulsatilla after a few hours.

Chamomilla, Belladonna antidotes Pulsatilla.

Puls. given in high potencies → to antidote Antim crud 200. Be careful in giving one after other.

Puls X Antim crud and Arg nit. Also China X Puls

Coffea, Colchicum, Ignatia, Lycopodium, Nux vomica, Sulphur, Ferrum met, Agaricus, Mercury in insanities where Puls. is used.

Stramonium antidotes or Platina antidotes (కారణ జన్ముడను అను నమ్మకం). Pulsatilla కి inimicals (వేయకుడనివి) అనేవి లేవు. Amicable with all drugs.

## SULPHUR

### Introduction:

Recurrence and periodicity ఉన్న డ్రగ్స్ → Sulphur, Psorinum, Tuberculinum, Ars.alb, China, Thuja.

Recurrence and periodicity లేని ద్రగ్స్ → Nux vomica, Bryonia, Rhustox, Belladonna, Aconite. Periodicity is a marked feature of the first group. Why patients are of two types. He found out that some people have chronic miasms and others no miasms at all. Susceptibility of various chronic diseases. First group of medicines "Materia Medica Pura" and then he wrote "Materia Medica of Chronic diseases". Therefore the first group is known as Anti-miasmatic drugs.

Chronic Sulphur patient will have a marked periodicity. Cyclic order.

Cough → Cold → Fever → Loose motions → pains → Cough. (6 months treatment తర్వాత మరల మొదలు) కామాలు పెడుతూ ఉంటాం. Cyclic recurrence of complaints → Tuberculinum cures within one year or may be 10 years.

China → Every seventh day. China లో periodicity ఒక్కటి satisfy ఐతే China 50M వేసి ఊరుకోవాలి. Permanent one. Intermittent fevers with Tuberculosis basis.

Anti-miasmatic → Periodicity, depth of action, long acting remedy (6 months పని చేయ గల్గేవి) Sulphur is an anti-psoric drug. It is the main drug. Foremost drug of anti-psoric.

King of anti-psoric. Along with this it is also anti-sycotic, also anti-syphillitic. త్రిశూల of Materia Medica. Mainly anti-psoric. Understand carefully this drug.

1) Sulphur antidotes many undesirable effects in the constitution. The effects of many medicines already used. ఔషధముల దుష్ప్రభావమును క్షాళన చేయును. In many cases it is necessary to clean the constitution of all the previously used drugs. When the patient is not showing the symptoms probably. You cannot get any information, దేహ శుద్ధి కొరకు

Nux Vomica → Irritability.

Sulphur → Docile and lazy.

Pulsatilla, Sepia – Clean the constitution.

In many cases Sulphur. If the constitution is very deeply effected with medicines. Psora miasm. Symptoms begin to reappear if Sulphur is administered. You can select a drug. Sulphur is the drug that is needed to complete the treatment of acute diseases and to start chronic treatment. Prestige of the doctors goes up when Sulphur is administered.

2)Skin diseases of many types. (only in the language of patient), dirty, oily skin, boils with recurrence, ulcers, carbuncles (be careful), gangrene (యమ దంప్లిక), eczema, ring worm, scabies.

3)Digestive troubles of a very deep and incurable type.

Incurable types: loose motions, (diarrhea, dysentery), worms of many sizes. Loss of appetite, untimely hunger, acidity (పులసరం) → సోడా బాగుంటుంది. Dyspepsia → సోడా పడదు.

### **Mental Symptoms:**

1)Dirty and unclean. అపరిశుభ్రంగా ఉంటాడు. No concept of cleanliness. And no belief and respect about cleanliness. Atheist of cleanliness ఒక విధంగా. Lazy. సోమరి. Always inclined to postpone things. పేరపెట్టుకుంటాడు. Keeps everything in arrears. No order in arranging things. కూర్పు గాని, తీర్పు గాని, కావలసిన నేర్పు గాని ఉండదు. Not inclined to get up in the morning. Spends a lot of time before he cleans his teeth. He feels he is busy when actually he has to bath. Wants to spend time in discussing things than to act. He wants to bluff in discussions, indulges in thinking. He behaves thus as a thinker, intellectual. Often his clothes are dirty. He waits, keeps off from shaving. గడ్డం, తల అన్నీ often full of smell. He has no modesty about sneezing, scratching, yawning, coughing and ఆవలించడం, ఎదుటి వాళ్ళ ముఖాన తుమ్ముతాడు. చెయ్యి అడ్డం పెట్టుకోడు. Many times they have foul breath and speak on faces. Children often eat discharge coming from their nose. And he never minds wiping things with his clothes. No concept of cleanliness.

2)Self misdefying logic. He can confuse himself and others with his logic. (ex: cleanliness of soul is important not of a body). Obstinate way of his logic. His thinking also involves much confusion and abstraction. (VVIMP) సుక్ష్మ: గహన శ్రమ: Falsification of things. Mentally effected by Saturn (Astrology). Ex: Who has created this world? Ans: God. Then who has created god? and so on. Then he says this is philosophy. Tree or seed which is earlier? This is philosophy. Like this many idioticities.

3)Sensitive to smells. (Good or bad) ప్రభావితం చేయును. Smells things from a greater distance. Sixth sense about smell. Also smell lives with him for long time. Especially bad smell. He recollects mentally bad smells. Often body carries smells. Sweat smells. Armpits smell. Carries smell. Sensitive to his own smells. Avoids company for the sake of this. The ragged philosopher. (Sometimes he forgets and discomforts others). The more he is advanced he goes into seclusion. Not unilateral in the early stages. Unilateral in advanced stage. The degree of sanity to insanity (తరహా అంటారు. sick అయ్యే కొద్దీ Sanity → Insanity).

4)Despondency and sorrow: And he has no enthusiasm for good things. Cynical in his beliefs. ఆశా వాది కాడు. Many times he is easily startled when others call him. For no reason ఉలిక్కి పడతాడు. He feels guilty as if he has done something wrong. The complex of culpability. (Silicia – he feels that he has failed in his duties to his friends and relatives. రేపు వస్తానని రాకుండా. Feels not to face him for years. Avoids people for years. Approaching insanity. He cuts off from all his friends. గౌరవించలేకపోయాననుకొంటాడు. Promises break చేశానని, etiquette లో fault చేశానంటాడు). He is rough. Insults others.

5)Selfishness and miserliness: His own matters he is careful about. When others are at stake never minds them. Rejects friends and patients when they are in necessity. Sulphur వాడు అవతలివాడి డబ్బులు వాడిస్తాడు. Careful about money matters. Very mean and calculated. Never expect charity from him. Timid. (opposite: Ars.Alb show కోసం పాటుపడుతాడు. Penny wise and pound foolish). న స్నానం న విలేపనం ఛ. Even in family

never cares about wife and children. Pretends to be very busy at home. (Opium and Anacardium – sharp minded. Sulphur exhibits. Sulphur is not heartless. Opium and Anacardium are heartless). Gamblers. His relative ఉదయాన్నే బొగ్గులనద్దంటాడు. But gambles. Cheap type of behaviour in others. Hotel లో bill pay చెయ్యనిచ్చి అయ్యో మీరా వద్దండి అంటాడు.

6)Religious insanity and he may be an atheist or సత్య సంభాషణ పైన గాని, ప్రవర్తన పైన గాని నమ్మకము లేకపోవుట. Fanatic of a religion. No broadness. No common understanding with others – key note ఒకాయన ఫలానా చోట శివాలయంలో తప్ప జపం చేయననేవాడు. Everyone is a rogue in this world. This whole world lives on intelligence. it is money. Money makes many things →A phrase framed by an advanced Sulphur. ఇది Sulphur logic – All the people are ignorant. They cannot understand me. ప్రపంచం అజ్ఞాన మయం. చెప్పే అర్థం చేసుకోరండి అంటాడు. తలకాయ పగలుకొట్టుకోవాల్సిందే అంటాడు. Who go into meditation, prayer and worship for hours together. Goes into seclusion for 6 months. పాకలపాటి గురువుగారి దగ్గరకు వచ్చిన సాధువును కొండ దిగి క్రిందకు పోవద్దన్నారు. 10 రోజులు ఉన్నాడు. Disappear అయ్యాడు. 2,3 నెలల తర్వాత అగుపించి మళ్ళీ వద్దామని అనుకుంటున్నానన్నాడు. Sulphur fellow wants to escape. Manual work ఇష్టం ఉండదు. Among gurus we find Sulphur gurus. వాడి నీళ్లు వాడు తోడుకొని స్నానం చెయ్యడు. ఆ position లో పెట్టేస్తాడు. Peculiar obstinacy. ఏదైనా పని ఉంటే వాడే మన దగ్గరికి రావాలంటాడు. నా జాతకంలో ఎవరిదగ్గరికి పోవాల్సిన పని లేదంటాడు. Business లో ఉంటారు. ప్రజలను దండుకు తినే MLAs లో ఉంటారు. గురువులలో ఉంటారు. ప్రతివృత్తిలోను ఉంటారు. Sulphur, Anacardium, Opium → Scoundrels in every walk of life. Intellectual posing. Balance తప్పితే disease. Research గదా అని disease కాదు అనడానికి లేదు. పిండాకుడు ఎవరన్నా పెట్టాల్సిందే. Stramonium, Lachesis, Coffea, Hyoscyamus, Rhustox → go to talkativeness when they go to insanity. Advanced stage లో ఎక్కువ. Sulphur is negative goes to silence (అవతార complex). అవతార పురుషులు ఉన్నారా? అవతారానికి రోగావతారానికి తేడా ఉంది. పగటి వేషానికి మామూలు వాడికి ఉన్న తేడా. Original and fake notes. Demonology is also 80% diseases. But 20% devil

possessions. అన్నీ ఇంతే అంటారు. That is too much. Doctor is helpless. గుంటూరు తురగా వాళ్ళ cas – Interrogate చేస్తే Hockey bat లేచింది. అప్పుడు డాక్టర్ పరిగెత్తాడు. There are so many things which we do not know between earth and heaven. Separate శాస్త్రం. మన రోగాలన్నీ తగ్గితే మనకి తెలుస్తాయి. వాన కురిస్తే దున్ని ఉంటే పనికొస్తుంది. లేకపోతే దున్నపోతుకు సరిపోతుంది.

### Modalities:

- 1) Most unrefreshed after a sleep in the morning. Sleep was insufficient. నిద్ర లేవగానే అలసివుంటాడు. Gets up as late in the morning.
- 2) Morning stool drives him out of bed. (My bowels move very punctually అంటాడు). Intestinal T.B. లోకి దించుతుంది. Early stage ఇది. If he wants to sleep in other house, he prepares himself for దుర్యోధనుడి లాగా కాళ్ళ దగ్గర చెంబు, తల దగ్గర చెంబు ఎందుకంటే within seconds-5 minutes time కూడా ఉండదు.
- 3) ఉదయం 9.00 to 10.30 AM and 11.30 AM. Suddenly the fellow feels hungry. Weakness and if there is a delay in eating he feels anxious and palpitation. ఒళ్ళు వణుకుట and sweat. చచ్చుపడినట్లుంటుంది.
- 4) Heaviness of the head immediately after eating, drowsiness (meals or tiffin quantity ని బట్టి గాని, item ని బట్టి కాదు). Body is benumbed. No inclination to walk or work. తన వంశంలో ఉండదు. The moment he eats → no weakness. One set of symptoms disappear and other set sets in.

నీరసం, చెమట,	Drowsiness,
దడ, కంగారు	heaviness of head.

- 5) Butter, ghee, and oils disagree. He dislikes. No relish of rich sweets, పాల కోవాలు, మైసూర్ పాక్ లు. Cannot relish bread. అరగవు. Acid and sour foods dislikes. Likes very much dehydrated food. జగన్నాథపు అటుకులు, అప్పడాలు, వడియాలు (NV). Likes liquids. Drinks more eats less.

Takes little quantities - many times in the day. Especially in the night prefers to fast. పేలాలు తింటాడు (బొరుగులు), గడ్డి, పీచు మిఠాయి తిన్నట్లు (Food value లేనివి - NV, Sulphur, Pulsatilla, Antim Crude). Banquets, dinners పడవు. ఆచారకాండ.

NV: Colic → nausea → Anti-peristalsis. డాబు సరే. డోకులుండవు.

Sulphur: Heaviness → loose motion → busy.

Pulsatilla: Distillers పెట్టి కాస్తున్నట్లు Acidity, rumbling sounds (దీపావళి). Gas. Motions with great sounds (మేళతాళాలు).

Antim crude: Colic - పొట్టలో ఎదో పెట్టినట్లుంటుంది. Food lives in the stomach. Nausea. Utter dislike of food and drink. అన్న ద్వేషం. Eructations smell like apple. Tongue thickly coated white. Mind sorrowfully irritable. Miserable if somebody talks to him. White chalk like pasty motion in two days. For a few days he has no relish for foods at all. Some fake doctor recommends whenever dinner takes place భాస్కర లవణం, అష్టాంగ చూర్ణం, అగ్నితుండి, పకోడీలు- కోడితో చేసినవి → Dangerous.

6)చర్మం dirty even though washed many times. అపరిశుభ్రంగా ఉంటుంది. Fellow feels it is comfortable to have a wash with cold water. Immediately afterwards he feels a smarting sensation on the skin. చిమచిమ లాడుతుంది. Within a few minutes all physical symptoms aggravate, feels weak after a bath. If he continues to be away from bath for some days all his sufferings ameliorate (>). So prefers to postpone. Sulphur child escapes when asked to bath. Weeps and kicks as long as he bath. Ars. alb. Child, Iodium patients enjoy water. తీసుకొస్తామంటే ఏడుస్తారు.

7)He cannot withstand the sunshine. ఎండ పడదు. Burning sensation in Sun. Skin becomes red. కండుతుంది. Especially feet, hands and head burn too much. Sulphur applies cold water often to feet, hands and head. He cannot bear chill also(too much). Bryonia invites as much cold as possible ay Iodium also. Laurocerasus also. Pulsatilla భరిస్తాడు కానీ జబ్బు చేస్తుంది. When it is chill never he washes even hands and feet.

8)He cannot stand for a longer time. Legs to pelvic region pulls down and aches. లాగుతాయి. Feet become numb and tingling. Calf muscles నొప్పిడతాయి. పిర్రలు. Many of his complaints < (aggravate) when stands for a longer time. And when he is forced to stand. He changes his legs on alternative postures. Leans upon something. ఆనుకొని వేషాలేస్తాడు.

9)Headache on colic or fever – once in seven days. And whenever there is a disturbance in the daily routine, they occur. Since there is a disturbance on Sundays, often they get them.

Apparent angle of 90° every seven days. Every 90° a jerk in the biological kingdom. So a crisis precipitated on the 7<sup>th</sup> day, 14<sup>th</sup> day or 21<sup>st</sup> day. Cycles of full moon and new moon. (even menses. Silicia also – great aggravation on full moon. > (ameliorated on) new moon). Also Calcareo Carb. (Also Cuprum met – colic is at its worst on new moon –one day before or after). Menstrual colic worse. Epilepsy also < (aggravated) by new moon – Cuprum met). Marked.

The skin is disturbed with least rupture. There will be a wound burning on redness. Often goes into infection. Places where they hold handles – ఒరుస్తుంది. 1 gram gold ornaments తో ఒరుస్తుంది. Often ear rings effect. Noselets effect. Skin receives infection. In contact points with shoes. కాయ కాస్తుంది. Cycle కాయలు. Scooter కాయలు. చేతులలో కాయలు. This may grow malignant. Be careful. ఆనెలు. Not dangerous. రెడీ గా ఉంటాయి. (Thuja, Medorrhinum, Argentum nit., Argent met, Anacardium, Mercury, Syphillinum etc.). These spots occasionally feel painful. A decayed tooth will have a contact point. దవడ లో నొప్పి, gum erupt అవుతుంది. 10,15 సంవత్సరాలకు malignant అవుతుంది. తీర్పు దినం వస్తున్నదని గుర్తు

10)Some fight is going on in constitution and the physical matter in the movement. మత కలహాల్లాగా లోపల danger లేకపోతే కాయ కాయదు. Warts కూడా అంతే. Corns కూడా అంతే. ఆనె ప్రాణ హానే అనే వారు చీరాల లో ఒక వైద్యుడు. Fig warts, piles → indicate the places where the dead soldiers are being sent everyday. Sycosis ఉండాలి. If it is too much it discharges.

Ulcerates. బిరడా వేస్తే చస్తాడు. అందరికీ ఎందుకు రావు? Sycosis. కాయ కావాలా గుండె దడ కావాలా అంటుంది vital force.

11)Any of such parts burn occasionally, if they go into a warm room or Sun spots burn. Ex: Kitchen లో చిమ చిమ లాడుతుంది.

12)The discharges and fluids that come out of the body excoriate the skin. ఒరిసిపోవుట. Nose membranes red. Like that eyes inflamed. Otorrhoea.

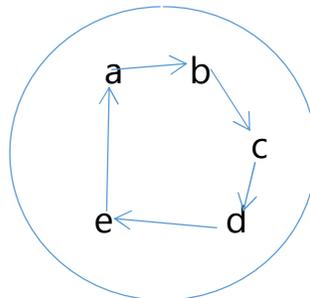
In dangerous typhoid the urine excoriates urethra canal. Very dangerous. Difficult to save. Stools excoriates the anus (Sulphur, Ars alb, Mercury, Acid nit, Thuja, Argentum nit., Syphillinum). Sulphur comes first when there is no repair for skin. Condurango also, but it only partially cures and cannot rely.

13)Indicated remedies fail to act – strong symptom of Sulphur. Give one dose of Sulphur. Acute diseases లో RT, Ars.alb indicated in typhoid – no relief at all. No time to wait. Give Sulphur 200. (need not repeat it) where delay kills the patient.

Psora works as a disease between patient and medicine as a polythene cover. A gap between medicines working and vital force and disease and vital force. polythene సంచులలో అంటక పోవడం. Sulphur breaks open that Psora sheet. (Also Psorinum take a quick decision;cannot bear heat– Sulphur; cannot bear chill – Psorinum). We may be able to save a case.

**Remember Psorinum never to be given before Sulphur.**

b)Indicated remedies fail to sustain action and complete the cure –different thing. Acts, but never holds. Every drug acts definitely, but not a cure— Tuberculosis miasm.



Neither Sulphur nor Psorinum act.

Give one dose of Tuberculinum very high dose 1M or 10M. It helps. It gives real cure. Give tonics like Lecithin విష జ్వరాలలో. In a) and b) If there is no danger and the symptoms only arise → never repeat. Don't interfere at all. (Unless you know that patient collapsing). A being called Helleborus or Zincum met also.

**14) Last stages లో Sulphur 200 వేయరాదు. Prefer to give Sulphur 30.**

15) Slow recovery after an acute disease: నివారణ ఐన తర్వాత రోగి కోలుకొనక పోవుట. 2-3 వారాలు గడిచినా మంచం మీదనే ఉంటే. Typhoid is cured, but not the patient. Diphtheria, pneumonia, bronchitis – No tendency of recovery. Give Sulphur 30 one dose. Weakness gone → demands food. Appetite improves. 1-2 విరేచనాలయినా కంగారు పడకూడదు.

Ars. alb. Symptoms రావచ్చు. Don't give unless in dangerous conditions.

Resist giving something when there is an attack of asthma. In urgency give only Blatta Orientalis mother tincture. భారతీయ బొద్దింక. (1,2,3 or more doses). So no tendency to repair.

16) If for no reason no recovery → Sulphur.

17) History of Tubercular miasm → Tuberculinum. Sulphur వేసినా పర్వాలేదు కానీ Tuberculinum మరల వాడాలి.

18) Has a tendency to cover himself → Psorinum.

19) Medorrhinum → Hard growths on body, gonorrhoeal history.

20) Syphillinum → No mental Symptoms → Mild and weak – no relish for foods, hair fall – sinking through weeks. History of big boil or ulcer suppressed.

21) Carbo veg → Stamina nil → cannot walk, think or act → debilitated type of heat in body-తాపం → wants water to be sprinkled on him. కరెంటు పొతే

ఉక్కిరి బిక్కిరి అవుతాడు. Objective coldness with subjective heat. Decades after he cannot recover from an acute disease. Black spots stand permanently. They become crusty. Blood decomposes and crusts. No tendency to repair of skin tissue decay. Leads to a very dangerous hemorrhages. All carbon drugs – Calcareas → crave for air, oxygen కావాలి. Copious sweats from head (Groupings). Farrington's clinical Materia medica never to be read unless you have a thorough and strong hold of Kent Materia medica.

22)China → Collapse from death. 50% Sulphur Patients.

23)Disordered symptoms: వేదనలు కల్లోలితమగుట. Treatment disturbances, over drugged for a prolonged time. Habitual medicine gulpers.

రెండు నెలలు కుస్తీ పట్టినా డ్రగ్ దొరకదు. కనీసం గ్రూప్ కూడా దొరకదు. Can never classify him. Give Sulphur 30. Too broken down – Sulphur. Symptoms వాడివి కావు. మందులవి. One week కి disappearance of symptoms. Reappearance of symptoms. Repeat then. Better. If necessary give Sulphur 200. (Nux Vomica, Sulphur, Pulsatilla, Sepia, Kali mur). Here again 50% of symptoms లేక కథ అల్లినట్లుంటుంది. గచ్చు చేసినట్లుంటుంది.

24)Picture of a person. కాళ్ళు చేతులు పుల్లల్లాగా శుష్కించును. Emaciated. అస్తి పంజరమగును. Bony, buttocks are emaciated. Abdomen is big, round and bulky. Chronic, recurring indigestion, diarrhoea. Burning in the stomach. Skin diseases. (పిట్ట దోషము, ముట్టు దోషము, కప్ప దోషము). తల్లి తండ్రులు Psoric అయితే పిట్ట రెట్టల వలన వస్తుంది. Bufo Rana అనే కప్ప ఆరేసిన గుడ్డల మీద నుండి పొతే ఈ దోషం వస్తుంది. Syphilitic కి cleanliness for health ఉండదు.

a)Sulphur b)Natrum mur c)Calc. carb d)Antim crude e)Tuberculinum f)Syphillinum g)Abrotanum h)Bufo rana. ఎక్కడ పెళ్లి జరిగినా పెద్ద ముత్తయిదువలు ఉన్నట్లు Sulphur, Tuberculinum, Syphillinum, Natrum Mur వుంటారు. "The child looks like a little old fellow." Wrinkles on the face.

Neck elongated. Miasmatic parents (గ్రంథసాంగులు). Never use high potencies. Sulphur 6 only. Repeat whenever necessary. Increasing the gap.

25)Fumes of heat come out of body and head→face sweats→Palpitation →Shudders→(Sulphur, China, Puls.) confirm చేసుకోవాలి. Especially this is indicated in ladies during menopause.

26)When they get up from sleep they cannot understand anything for a few minutes. (Mind and senses do not work). Feels confused and dazed. Some people cannot remember where they have slept. If they apply cold water, they come to normalcy.

27)Chronic recurrent headaches. Start in sleep. He begins to moan, dream, scream, talk, grinding the teeth and they move about on the bed. (prominently among children, cannot express). Talking in sleep in some children – Sulphur 200 at a normal interval of Sulphur 200(మధ్యలో కావాల్సిన మందులు వేయవచ్చు) cures him. Unless that is cured it is very risky before the age of 10 or 15 (VVIMP). Cerebral type of fevers వస్తాయి. మెదడు వాపు, కపాల జ్వరాలు వస్తాయి. Because a fertile susceptibility for cerebral fever. Infection is not possible unless there is susceptibility. The theory of Louis pasteur is incorrect. Sometimes deeper which we do not understand. రాజకీయ తంత్రం. It is unveiled by M.P.Blavetsky will reveal all these things. (Sulphur, Tuberculinum, or Syphillinum, Stramonium, Zincum met). Never give Belladonna → Never indicates which continue after two days. Attack of meningitis. Never normal. Problematic child→Acute made chronic. Then can give Belladonna. (Headache starts in sleep→only Sulphur). Sleep drugs – (all above + Anacardium, Hyoscyamus, Caladium, Lachesis).

28)At about 3 am wakes up suddenly. (happens with a dream). Children report a devil seeing. Cannot sleep until 5 am. Sleep by 5 and sleep late into the day (Nux Vomica). Clear disinclination to a day break.

29)Feels blood rushing to certain parts of the body->Into the head, most often into chest. Feels heaviness of head or chest.

30)At the end of a prolonged treatment of chronic or acute disease. దీర్ఘ కాల వైద్యం. Symptoms become less and less painful. Disappear one after another. Patient becomes weaker and weaker. Worse. (Disappearance of symptoms – మరణమాసన్నమగుచున్నది) One dose of Sulphur – 30 or 200 can break this situation. Patient becomes active and stronger. But symptoms begin to reappear stronger and stronger. పెరుగును. Then he will be saved surely. Third week of typhoid లో జాగ్రత్తగా follow కావాలి. In Opium the pupils of the eyes are different. Respiration chain stroke. A little careful (Opium and Sulphur).

### **Observations:**

31)General information: Wherever there is any disturbance of the skin, it becomes bluish or blackish. That means the drug chemistry is not healthy. (Also Lachesis, Carbo veg, Secale cor–Sepsis) రక్తం విషాక్రాంత మైన స్థితి లో Opium, Pyrogenum, Ailanthus. In Sulphur you find that spot becomes permanent. Spots and scars on the body of Sulphur patient.

32)If a person stands exposed to speedy draft of air he feels dizzy and also if a person stands for a longer time same thing. Feels some sound in head. హోరు. Environment turning round and round.

33)Any intense pain like headache or stomachache he becomes anxious. He feels vomiting sensation. Sometimes he may vomit. Remember విరేచనం → NuxVomica; వికారం, వాంతి →Sulphur.

34)He feels uncomfortable to move, to eat or drink. Many Sulphur patients of chronic headaches, they see sparks before their eyes before they get an attack. నిప్పు రవ్వల వంటివి కనిపించును. (Natrum mur, Lac can).

35)When chronic diseases are advancing, ముదిరిన కొలది, flow of watery discharges from the body increases. Water from eyes, nose, salivation, from the ear పలుచని చీము. Because it is psora. sweating. Anus and genitals always moist. Sweat is more in the axilla and groins, on the waist and thighs. స్నానము చేసినట్లు చెమటలు. Often he hears sounds.

36)One side nerves on the face and head begin to pull. BP runs high. Often feels parts numbed. Especially one hand, one side of the nose etc. He feels twitching of the parts. Temporary paralysis for a few minutes. > after rest and relaxation. Sulphur cures – Allowed to continue permanent paralytic stroke.

37)Psora attacks the internal organs one after another. Sometimes liver dullness → Spleen → Gaster → Kidneys → etc. When a part is attacked immediately outbreak of skin disease. When psora increases skin diseases also increases. Generally Sulphur controls the situation by tackling psora and not skin diseases. Then the indicated remedy will be found. When psora fights with indicated remedy, when internal organs are becoming healthy skin disease begins to recede. చర్మ వ్యాధి మాయమగును. If you cure skin disease the patient dies of one incurable disease of internal organ.

38)In some patients when psora increases bad teeth comes in. ఉప్పు తో పళ్ళు తోముకోవడం dangerous. Only when psora is cured teeth becomes clear. Sulphur arrests psora before the correct drug is indicated.

39)Phlegm and mucus increase day by day who require Sulphur. ఉన్న కళ్ళాంతా పారబోస్తే → dangerous. చావు ముందు కఫం. Cholera లో no. of motions అయ్యే కొద్దీ చాలా fast గా down అయ్యి dangerous condition లోకి వెళ్తారు. అదీనూ motion లో matter phlegmగా మారినపుడు కూడా indicate అవుతాయి → Antim tart, Sulphur, Phosphorus, Ipecac, Kali sulph, Tuberculinum, Bacillinum.

40)Some Sulphur patients suffer from frequent urination. (polyurea), weakness and untimely hunger etc. In 1 or 2 years goes into diabetes. Give Sulphur 200 three doses, becomes alright.

41)Ladies develop all types of menstrual and gynaec troubles. Too much of menstrual flow, On suppression it leads to sterility, childlessness (Sulphur, Pulsatilla, Sepia, Silicia, Sabina, Secale cor Mangunum met, Senecio, Thuja).

42) During first three months of pregnancy psoric ladies go into వేవిళ్లు. వేడుక కాదు వ్యాధి. Psora. Such ladies suffer from lack of labour pains at the time of delivery. (Sulphur, Nux Vomica, Pulsatilla, Arnica—External cause వల్ల haemorrhage ఐతే). When movements of fetus are painful in some ladies – cramps – Arnica 200 a single dose cures (Lachesis also weakness in pelvis – Sciatica pain). To induce labor pains → Caulophyllum, Pulsatilla, Nux vomica, Ignatia, Chamomilla. (Causation is important). In our childhood in Madras three days labour without delivery. Surgery very dangerous in those days— Noble doctors—done cracker explosion—common sense of doctor). Mind should be carried away. టపాకాయ పుట్టాడు. తదేవ భేషజం సమ్యగుపశమణం—చరకుడు.

43) In winter patients feels weak, exhaustion, heaviness in the chest. This he develops more frequently. Develops wheezing sounds in breathing, goes into asthma → Sulphur.

44) The skin puts faster bed sores in psoric patients. Sulphur 6 may give some relief. Important note → ఏ మందు వేసినా జబ్బు తగ్గట్లేదు → Sulphur.

45) A deep miasm ఉంటే గాని Epilepsy ఉండదు infantile fits కూడా. Almost tampered when the drugs are used more → Sulphur 6— (Sedatives use) continue daily one or two doses until the patient comes to normalcy. Even then it is dangerous. If not drugged until then, a sure drug – Sulphur 6 (only one dose) – permanent cure 50%. 8 years epilepsy. Tried Homeo. మందులేవీ వాడలేదు. Given all the symptoms. Only one dose of Zincum Met 200 (6 years no recurrence. Father never used second dose). Dr. Smith stunned on hearing that Sulphur 6 cured epilepsy. They never used less than Sulphur 6M.

### **Causation:**

1) Sedantary life (like NV and Bryonia) కాయకష్టం లేకపోవుట, శరీర శ్రమ లేక పోవుట (Thuja, Graphites, Calc. carb, Lycopodium, Carbo veg, Carbo

animalis, Acid carbolic, Carbonium sulph). Research labs లో professors, గల్లా పెట్టెలు దగ్గరే వుండేవాళ్ళు, offices లో పని చేసేవారు.

2)Slum area living: No sufficient air or light. Labs లో గడుపువారు.

3)Dirty habitation, gutters etc., పెంటకుప్పల దగ్గర నివసించువారు.

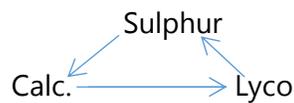
4)Mine workers: especially coal. So, it is called coal miner's drug.

### **Relationship:**

1)Antidotes:- Sulphur can never be antidoted if sufficient time is given. Especially in higher potencies from 1M to high (1M, 10M, 50M, CM, MM, DM). Aconite, Camphor (almost antidotes every drug). Camphor should not be kept in the chest. China, Iodium, Merc sol, Merc cor etc., Nitric acid, Pulsatilla. (Mercury and Acid nitric antidote each other), Rhus Tox, Sepia. Only upto 200 potency. If Sulphur is given in high potency and time is allowed, symptoms never get. Temporarily NV removes the evil effects of Sulphur, but not permanently. Over-drugged NV is antidoted by Sulphur 200 temporarily. (permanently also). But NV cannot antidote Sulphur permanently. If immediately to be antidoted, crude Camphor is preferable. Also Asafoetida crude (ఇంగువ), raw onion వాసన చూచినను, నమిలిన, garlic, strong black coffee, french coffee. Sulphur antidotes all the metallic drugs. Ex: Cuprum met, Ferrum met, Zincum met, Stannum met, Plumbum met. All other drugs are normally antidoted by Sulphur. No other drug except Sulphur can antidote the metallic drugs permanently.

2)Complementaries:-

1.Ars.alb. 2.Belladonna 3.Bryonia 4.Calc. carb. 5.Lycopodium 6.Mercury 7.Phosphorus 8.Pulsatilla 9.Rhustox 10.Sarsaparilla 11.Silicia 12.Sepia.



If given undesirable chemical changes may take place. Sometimes no action at all. After Aconite → Sulphur (special efficiency. Recurring complaints that require Aconite. You should cure the complaint with Aconite. After cure is there, you should give Sulphur. Then there will be no recurrence of previous complaints. Because Aconite is a surface acting drug. All complaints that come on suddenly with great violence. Suffering unbearable. Great fear of death. Anguish. Often screams and cries with pain or burning and often he will be having high fever– toothache–swelling–weeps–fever–rolls in bed. Stomachache also.

Electric shock–wants Aconite immediately. Drowned in water–Aconite 1M only to save. ప్రాణ ప్రతిష్ఠ కు మాత్రం. Sudden fright also. తాడును చూచి పామని భయపడి అరచి తెలివి తప్పి పడిపోతే → After one or two hours give Sulphur 200. Also in suffocation Aconite is needed →

Aloes: Symptoms are – broken down constitution - దుర్బలత్వం, నీరసం, debility and weakness. Recurrence of various types of loose motions. పలుచని విరేచనములు sometimes there may be mucus and there is a pain in the stomach and anus. Main indication is → He has a dejected mind. No enthusiasm. ఉత్సాహం ఉండదు. And a history of prolonged over-drugging and involuntary escape of stool. For example If gas is allowed to escape stool also escapes. Another indication is whenever there is urination there is involuntary stool. Give → Aloes 200 → A very good tonic. It should not be given as a tonic, only as a medicine. But it may not sustain action → 2nd dose never works, then Sulphur 200. It establishes permanently the action of Aloes.

### **Intersting Points:**

No inimicals except calcarea carb. Only in few cases if Lyco is used after Sulphur sometimes it may prove inimical. (Dr.Knerr theory is only accepted). In drug relationships this is an important point.

Important points of Sulphur:-

A) Forgetfulness – Recent incidents are forgotten. Incidents happened long ago are remembered especially of childhood and youth. Similarly names and faces of persons acquainted recently are not remembered properly. And people whom he knows a very long ago they will be remembered.

B) Sometimes he will be indolent. Whether he has done it or not. While conversing sometimes he needs repetition (twice or thrice). Mind escapes (NT Rama Rao) తను నిద్ర పోడు మరొకళ్ళను నిద్ర పోనీడు. ఆ పొట్లాలు అంటే ప పొట్లాలు అంటాడు. While reading a topic escapes completely. He has to come back.

C) Tendency to torture himself and others especially about religious matters. Very strange notions. Wakes up at 3.30 a.m and భజనలు చేస్తాడు, ఏందయ్యా అంటే భక్తి అంటాడు. Convenient way of doing things ఉండదు. Inconveniences many. రాజకీయ సిద్ధాంతాలు రుద్దుతాడు. నాస్తికులు. Indoctrinates others. Brain washing. If asked to sleep on bed says he sleeps on floor. ఉపవాసాలు చేస్తాడు, చెయ్యమంటాడు sentences of scriptures devils లాగా వాడతాడు. Reveals the secretes of one family to others and says he is doing God's work.

D) Suspicious: About every person almost. Never believes anyone. Sometimes ladies clear lock and key second time especially those who have a history of suppressed skin disease → Dosage Sulphur 10 M if stronger. If not start with Sulphur 30. He feels his livelihood disturbed జీవనోపాధి గూర్చి his career will be -----.

E) As soon as he goes to bed he feels all burning & heat. Itching unbearable (Compare unbearable itching when undress → Psorinum కప్పుకుంటే తగ్గుతుంది తీస్తే ఎక్కువ అవుతుంది). Some people have frontal headaches from 9.00 am < until noon (mislead that Natrum mur) > after noon, by 4 pm disappears. Another observation of Allen → Headaches starts from February every year. They continue through summer disappear with clouds. (3 years like this) Another picture after that.

F)Tendency to loose motions in morning hours and evening hours continue for many months & stops. కొద్ది రోజులుండి తగ్గును. Since then they feel severe headaches from sleep. అర్థరాత్రి నుండి as if head is pressed violently to wall. They are aggravated after rest. And they have dry cough in the nights. It continues for 3 weeks and disappears. Some people have pain in the neck and pain in the hip and pain in the knee <after enjoying rest.

G)Dreams that he is going to die. Sometimes he dreams that he is dead and funeral also. If such dreams recur you have to give Sulphur. Dreams that he is witnessing a humorous scene. Laughs in the sleep loudly (If recurred Sulphur) →Pioneer Doctor – Allen & Herring – ముచ్చటలు.

## NATRUM MURIATICUM

Nacl (అవణం) – common salt ఉప్పు– Food material can never be medicine, why then Nacl?

Salt is never food material. It is only a galvanizes for food. ఉప్పు తింటే

1) కంపరం 2) salivation and opposite also. Restlessness and angines. This is a very deep drug. Weeping ఉంటే more Anti-syphilitic than Anti-sycotic - A desire to be pitied. Disposition → Ignatia. Despondency spends much time in it. దుఃఖించడం, వాడికి సంతోషం. If try to make them happy they get angry. spend time morose. పెళ్ళిళ్ళ లో unhappy things గుర్తుకు తెచ్చుకుంటారు, then weeps.

### **False Symptoms:**

1)Oedema, నీరు పట్టుట swellings. Bloodlessness. Various types of anaemia. పాండు వ్యాధి. Acidity, పులసరం.

2)Liver, spleen, gastric disorders. For example: Various types of jaundice.

3)Heart diseases – cardiac dropsy. గుండె కు నీరు పట్టుట. Failure of the Heart గుండె పనిచేయుట క్రమముగా తగ్గిపోవుట. Kidney troubles.

Congestion upon the heart, Congestion of heart is strongly indicated in Natrum mur.

4)Urine troubles. మూత్ర వ్యాధులు. Chronic recurrent suppression of urine. Retardation of urine. తయారు కాక పోవడం,బంధింపబడటం. Various types of Bright's disease. మధుమేహం sugar complaint. శుక్రనష్టము. Albumin పోవడం. Any valuable tissue escaping through urine. Diabetes is one of the forms.

5)Thirst (too much). Sometimes no thirst at all. Serious disturbances in the water economy of the metabolism.

6)Hysteria and hysterical diseases. Insanity of various causes. ఉన్నాద వ్యాధులు. Among acute conditions a ranked drug for sunstroke. Patient feels suddenly debilitated cannot move from the bed. Feels burning & pinching sensation of the body. ఉప్పు ఎక్కువ తింటే ఉండే feeling. Dryness of mouth. Thirst. Nausea and vomiting. Dull headache. బరువెక్కినట్లుండును. Drowsy, may collapse one hour. Don't allow to sleep. Natrum Mur 3X or 6X dilute about 10 tablets in about 10 ounces of well water or distilled water. Boil tap water and give him just at the rate of 2 or 3 spoons every 10 minutes. Patient recovers within a hour. The sign of recovery is the disappearance of headache. Don't give him any icy cool drink. Best thing to give him take a tumbler full of salt water half spoon ఉప్పు, నెయ్యి తినిపిస్తారు (ఆయుర్వేదంలో) (Glonoine also)

7)Loose motions, summer diarrhoea of children. Not controlled by any medicine (Ars alb, N.M, Podophyllum, Camphor, Veratrum.alb, Cuprum met, Aethusa, Phosphorus) most frequently indicated. It is better to start with 3X or 6x. Then increase potency.

8)Insect poisons: క్రిమి విషము లు (Ledum pal, Echinesia, Arsenic alb. Nat.mur, Apis Cantharis) ఎక్కితే Ledum Pal. Cool water application.

Echinacea పాము కాటుకు. Dangerous scorpion bites మంట ఎక్కువ ఉండదు Spasm of cough and spits blood--

1) Crotalus 2) Lachesis 3) Naja 4) Bungarus (కట్లపాము) 5) Vipera.

Echinacea mother tincture externally until patient recovers. Echinacea retracts out poison from blood. When no drug is indicated. Take about 4 ounces of water a table spoon of Echinacea mother tincture in water, make him sip half a spoon every half an hour. Repeat until he is quite normal. Needed upto 24 hours.

9)Brain fog requires N.M. It may be after exams to a student (Natrum mur, Acid phos, Cocculus indicus, Sulphur, Causticum, Conium, Kali phos, Arg, nit, Lycopodium also). Cannot remember or recollect anything horribly reproducing things wrongly. Rude shock, loss in business, after a heavy theft or burglary in house.After calamity.

Sunstroke→ N.M, Glonoine, Ars alb. Opium, Pulsatilla, Bryonia, Sulphur.

### **Constitutional Symptoms:**

The gradually decreasing interest in life. సరదా పోతుంది. Despondent, విషాదకరమైన మనస్సు. Dejected రక్తి లేకపోవుట No confidence in any good thing మంచి విషయము పై విశ్వాసం లేక పోవుట, wants to be encouraged. Always apprehensive of bad future. కీడు శంకించును. Different types of created worries కల్పించుకున్న దిగుళ్ళు, very nervous. Startling with everything. ఆదిరి పడుట. Irritability చికాకు. Meanness in behaviour. No belief in scriptures పాప భీతియందు నమ్మకం పోవుట. Often suffers from reeling sensation especially when the sun hot. When there is no Sun his reeling better. Staggering. Peculiar shock like sensation in parts of body. Gets in sleep more often. When going into sleep gets a jerk. Very difficult to recollect things. (Names of persons, places numbers). Those things that are clearly remembers is misrepresented. He cannot control his speech or thoughts, torment him. ఊహలు ఏడిపించును. Can not control his laughter or weeping. Drowsy and sleepy almost throughout the day. Irresistible sleep throughout the day. Heavy head and heavy eyes. Often suffers from tensions of temples. Suffers from morning headaches. Vibrations in the head (స్పందనలు). When he sits down hanging his feet for a longer time

(bus journey) feet are swollen. Tingling sensation and numbness. After sometimes swellings stand off. Pitting on pressure. He is not comfortable in new surroundings. Cannot get on with strangers. Especially he cannot pass stool or urine when he changes place. He is almost mad if he knows that somebody is waiting for him. He cannot pass urine if he knows that somebody is waiting. Doctors or nurse ఉంటే urine pass చేయడు. When he gets up suddenly he goes in reeling and giddiness. కళ్ళు చీకట్లు కమ్ముతాయి. Chronic sick headaches. Sees sparks before eyes and gets headaches (Sulphur). Losing his smelling capacity. Cannot hear when cold is there. People lose their smell. Go deaf after a certain age. He hears somebody specially master's or devil's voice, church bells. Pain in the sinus cavities in the bones. Pus formation in the sinuses. Various types of tooth troubles – cavities in the teeth (cementing). A sensation of ball in the throat while swallowing. Eructuations, escape of gas. Face sweats too much as long as he eats. Often experiences nausea, cramps of various muscles in the body. నిద్రలో పట్టివేయడం. (Sulphur, Cup.met, Rhustox). Liking for loneliness. Thinking for themselves continuously. Gradually skin goes unclear. Wherever there are folds skin erupts. Corners of the lips excoriates, the skin ఒరుసుకొని పుండు పుడుతుంది. Dry skin will be peeling off. Often during daytime also having swelling. Skin appears oiled. oil పోసినట్లుంటది. He cannot bear Sun or chill. Generally, lacks stamina. శరీర శ్రమ చేయలేడు. Gradually sex potency is lessened. Sex instinct becomes more. Many times, he will be thinking of sex. Sex is the cause of health and ill health. When psychological it is disease.

### **Mental Symptoms:**

1) No control over his thoughts. ఆలోచనలు తనకే తెలీదు. Can not control the inflowing thoughts. He cannot make his thoughts behave for him. తనకు కావల్సిన విధంగా పని చేయవు.

2) Generally unhappy for no cause. ఏ కారణం లేకనే మనస్సు కష్ట పెట్టుకుందురు. Feels sorrowful. Feels like weeping. But weeps silently, only tears. Sometimes people shed tears for hours. Advanced patients of NM

shed tears. ఉన్నాద లక్షణములకు దారి తీయును. Cannot feel happy under any circumstances. They prefer to recollect unhappy things and dwell upon them during happy moments. సుఖవంతమైన పరిస్థితులలో కూడా.

3)Self pity– తన్ను చూచి తాను జాలి పడుట (Suicide). Others should pity them and show sympathy to them. ఓదార్పుకు అభిలాష. They grow angry with those who show sympathy.

4)Cannot stay at a place. walking in a place. కొండల్లో గుర్రాలు తోలడం. Every second they forget their thoughts. Impossible for them to calculate. Often mistakes in calculation. Forget what they want to say. You have to repeat things because they are absent-minded.

5)Emotions confused– They feel to marry married ladies. పక్కంటి వాళ్ళ అమ్మాయి అన్యాయం అవుతుందంటాడు. People have imaginary lovers. Knows that she is not there. Sex criminals.

6)Fright, anger, pleasure make them uncontrollable. ఏం చేస్తారో తెలియదు. (గుండ్రాళ్లతో గుడ్డుకోవడం సరసం.) Face changes in colour according to conditions, emotions.

7)With little sound they startle. ఉలిక్కిపడతారు.(Borax, Ignatia). పిల్లలకు పాలిచ్చే తల్లులకు వస్తుంది నోటిపూత. Copious white discharges. When come downstairs she feels horrible. A girl of Borax never swings. Suffer a lot. Child also develops the symptoms. Wants to be carried when he is put in cradle. Give Borax 200 to mother.

Ars Alb → hits the heart.

N.M. → hits the brain.

Borax → pierce through nerves and body.

Oversensitive. Intense fear of death. Too much irritability→ Ars Alb.

Oversensitive to sound. రక్తం పోతుంది శ్వాస కూడా feel అవుతారు.

8)The fellow wants to imagine many problems in domestic affairs and profession and financial matters also. All sorts of problems to be solved. No problems environmentally, but only mentally. కల్పించుకున్నవే సమస్యలు. ఊహలు మాత్రమే. Mental complexes. No.of problems indicate the mental disease of the person. Discipline గా వుండలేదనిపిస్తుంది. If he wants others disciplined. అందరూ discipline గా వుండటం లేదు అనేది వ్యాధి. Discipline గా వుండటం అనేది healthy. నస – He feels much discouraged. చాలా ఆదర్శంగా ఉందామని ప్రయత్నిస్తాడు. Looks in confy (Lyco also). Self-confidence వుండదు.

Lyco→dislikes company of others. Wants to be alone → dreads to be alone.

NM→ dislikes company of others. Wants to be alone. Not to be disturbed. He feels that he is always disturbed by others. Never wants anybody's company. Never dreads. Both of them wants to have separate room for them. Lyco. wants many people around him, not in his room. ఎప్పుడూ tensions లో వుంటాడు. చాలా problems లో వున్నానంటాడు. రోజులు బాగోలేదంటాడు. రోజుల్లో వుండదు mind లో వుంటుంది. Time బాగుండలేదంటే mind బాగాలేదని. ఇల్లు బాగోలేదని, వూరు బాగోలేదని అభిప్రాయాలు.(NM, Lyco, Hyoscyamus, Ignatia). Astrological గా బాగోలేదని ఆంటాడు. They attribute to many things when they are in problems. The truth of the science is different. All together a different logic.

9)The environment being ideal and everything conduced with happiness, the fellow makes himself unhappy by suspecting something about the people. కుట్ర చేస్తున్నారని అనుమానం. Suspicion --(Hyosyamus). When a person is cured with Hyoscyamus, he may need a dose of NM or Sulphur for non-recurrence. In very happy occasions, they think of very unhappy incidents, recall them and suffer. So to say they don't prefer to be happy. Herring says "when a NM patient weeps he is unhappy. When he laughs he is also unhappy".

Keynote:- Happiness cannot stick to their mind.

Sensitive to the presence of others and also sensitive to new environment. Cannot get on well with strangers. Sometimes overactive - talking too much. ప్రారంభ దశలోనునది ఉండగా చురుకుగా, ఆవేశాత్మకంగా ఉంటాడు. చాలా విషయాలు చర్చిస్తాడు. Laughs easily and discusses easily. While he begins to laugh in early stage, gradually he grows serious and develops silence. క్రమంగా Pulsatilla లాగ ఒక విధమైన నిశ్శబ్దతకు అలవాటు పడతాడు. Refuses to respond to the complaints. And he laughs very rarely case ముదిరిన కొద్దీ. If at all he laughs it is an empty laughter – non-responsive.

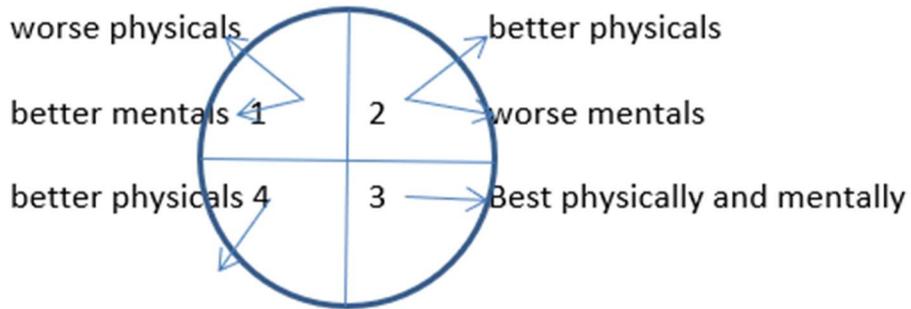
### Modalities: (దేహధర్మ వైఖరులు)

1)Mentals are aggravated during nights. Better in the day.

Physicals < during day from morning to noon. > after noon.

This is a general formula for NM patient.

2)Mentals among ladies < before and after menses. Physicals < during menses.

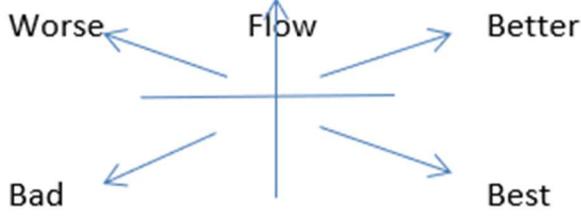


worse mentals

She feels morose before menses. Feels like weeping, despondent. Sick of relatives.

During ovulation period their health is perfect.

Pulsitalla cycle is different.



3) Mentals < during pregnancy and also after delivery. Especially among pregnant ladies. They have nightmares. శవాలు, పుర్రెలు, స్మశానం. Emotions and impulses are more. They have all sorts of nonsensical thoughts. Insane thoughts. After delivery suffer from prolonged weakness, sweats and hysterical symptoms with palpitation of heart. And in some ladies where there is history of insanity it recurs. But never of cardiac.

4) Any sound makes their nerves vibrate and immediately they have irritability and anger. They have headache and then pains of many nerves.

5) Sound may give a series of troubles to him physically.

6) Whenever the fellow sweats the fellow gets cold. No relief of any symptoms.

7) All the mental symptoms > when the patient is brought to open air. All < when the temperature is high. Especially in summer and during daytime in summer sweats too much. Body is oily and he feels great suffocation. ప్రాణం ఉక్కిరిబిక్కిరి గా ఉండును. (Apis mel, Lycopodium). When it is heat the patient feels puffy. Balloon ఊదినట్లు ఉంటుంది. Common to all the three drugs. When the temperature is low the fellow is better. All symptoms < worse in summer and daytime. Afraid of summer (Sulphur, NM, Carbo animalis).

8) Headaches or fever or nerve pains < from physical work. పని ఎక్కువైతే జ్వరం వస్తుంది. (Tuberculinum, China, Chin. sulph, Chin. ars.).

9) Skin diseases upon the face. ముఖం పై చర్మవ్యాధి. Eruptions. ఒరిసిపోవుట, పుండు పడుట. Folds of the skin. చెవుల వెనుక మడతలలో. ముక్కుల మడతలలో, corners of eyes and lips. In the folds of axilla and

గజ్జలలో. Characteristic : on the line between face and hair. Gradually in course of time there will be scaling and oozing and burning. The effected part will be grey in colour (Sepia)(Psoriasis). Only can be cured in homoeo. (NM, Sepia, Puls, Phos, Psorinum).

10)Craving for salt. ఉప్పు ఎక్కువ తినాలని, gradually develops taste of it. ప్రతి దాంట్లో ఉప్పు కలుపుతాడు. Every morsel of food కి NM అద్దుకుంటాడు. NM children eat salt in crude form.

11)Person begins to emaciate gradually. శుష్కించును. From head and neck and swelling of hands and legs. పొట్ట లావు. Bones of chest and back are exposed. As the case advances, oedema and dropsy. Upper parts emaciate and lower parts bulge (Lycopodium). Emaciation from above downwards. (Opposite in case of Calc.carb. తలకాయ పొత్రం లాగా ఉంటుంది. Feet bent). These fellows suffer from chronic indigestion and liver complaints (enlargements etc.) and go into loose motions. (prominent – NM or Sulphur or Tuberculinum, Psorinum or Medorhinnum).

12)Headaches of NM < from sunrise and in some < 9 AM or 10 AM up to noon in all cases. > after noon, by evening they are normal and happy. Headaches chronic of a recurring nature. During the same season 3 or 4 times (Hemicrania). పార్శ్వపు నొప్పులు. Nausea and vomitings. They also have photophobia. Cannot see light. Closes all the doors in the room. Close the face with a pillow and sleep or take rest. Should not administer the medicine when the headache is on. Never give in the morning. In same type of breaking point. Should be given 6 AM and 8 AM. Unbearable aggravation next day. (never give NM directly. Give him Bryonia 1M one dose as soon as anything his headache is cured give Natrum mur one dose.

13)The same treatment for malarial fevers and other fevers. Don't give NM in morning. Never give NM when the patient is having temperature. It may not come down, we should not risk. You wait until the fever comes to sub-normal give NM then. Then he will not get fever.

14)When there is severe headache generally there will be nausea, vomiting and photophobia. And the person cannot relish food before he recovers from attack.

15)There will be the appearance of sparks before the eyes a few minutes before the headache starts. ప్రారంభానికి ముందు కంటిముందు నిప్పు రవ్వలులా కనిపించును. ఇది తగ్గగానే headache shoots up. A partial vision is felt sometimes before a headache. As long as headache is present partial vision is there.

16)Acidity:

a)Gastric ulcer fellow - one hour after eating gets stomachache. Burning and vomiting.

b)Headache starts between 10 and 11 AM, continues upto 3 PM. Then begins to repeat.

a) and b) should be there for NM.

17)Chronic sick headaches – a) daily b) every third day c) fourth day. First daily, then every third day. The deeper the disease is the longer the interval.

18)Any type of headaches will disappear when the person goes to sleep. నిద్ర పట్టగానే తగ్గుతుంది. Any headache disappears when he sweats.

19)Malarial fevers:

Chill and shivering → unbearable headache also starts with chill→Chill goes down →Fever increases→evening fever goes down→Sweat→Headache goes down.

20)Many people have headaches starting in the back. Never in the neck begins headache. Headache may spread above into the head and below into the shoulders. Patient cannot bear pillow. Cannot bear a smooth bed. If he removes everything and lies down on a hard surface (కటిక నేలపై) feels much better. If he keeps his parts pressed to hard surfaces he feels better.

21)Malaria → Chill. Shivering start about 9 or 10 a.m. It starts at about 10 in many people.

Headache, Fever – Thirst with them. Takes cold water. Sweat తో thirst also disappears. During the chill and shivering having pains in the bones. Shivering appears to start in the bones. He calls it bone breaking, shivering.

### **General Observations:**

Any pains in the body are of the nature of electric shocks. పొడుచును (Colchicum).

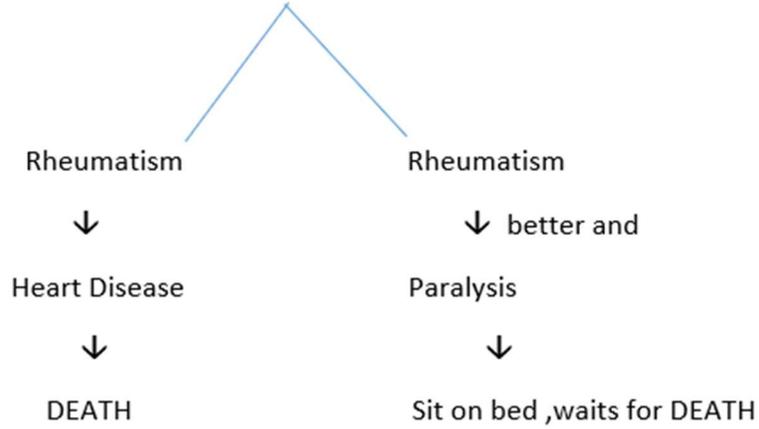
Colchicum symptoms → Sugar in urine, albumin in urine, phosphates in urine →Kidneys not properly functioning → Joints pain, swelling, oedema, enormous weakness, great emaciation. They travel from one joint to another joint. వ్యాపించుచు మారుచుండును. No relish for food. Nausea with the smell of cooked food. Smell of cooking. Can eat only fruit and un-cooked food.

If you find all the symptoms with electric shock pains give Colchicum. (ఒంటేలు డబ్బాలో పెట్టి నీరు పోస్తే పొంగు వస్తుంది) Colchicum is famous for Rheumatism – Kent says. Dr.E.B.Nash describes a case of cholera like situation on 17th day. He found the doors shut when he was to see her. On 18th day gave Colchicum 200 expected that died. But miraculously saved. Hereditary type. Cardiac disorders.

Emaciation → Rapid →Urine contains valuable materials. Kidney not regular.

→ Constitution tries to rectify.

→Very rapid emaciation. Person becomes bony.



### **DANGROUS CLINICAL CONDITIONS:**

{Colchicum, Natrum mur, Apis.mel, Apocyanum, Rhus tox, Bryonia, Acetic Acid, Lycopodium, Acid phos} Sulphur. Apis.mel, Bryonia, Sulphur & Lyco are indicated when the fellow cannot bear warmth and needs coolness. If chilly Rhus tox, Colchicum & Apocyanum.

Even under cover patient used to shiver. He will be sweating too much. If you cover even then he shiver → Colchicum.

Acid Phos →Mental calamity is causation.

Apis.mel & Apocyanum are one and same.

Apis – Cool weather likes. చల్లని పానీయాలు చల్లుకుంటారు.

Apocyanum – Likes warmth, cannot bear cold.

### **IMPORTANT:**

Law of heredity → 56th year father had Paralysis. His father died at 56th year. Elder brother (his brother) had serious calamity at 56th year. Younger brother died at 56 th year. One of his sisters had died in 56th year. Master had set back in 56th year. Suddenly it started. Astrologically it should be in the periodicity of the planets. While N.M goes into sleep gets an electric shock like jerk. అక్కడ మెలుకువ వస్తే ఏముండదు. Suddenly this happens in a dream. క్రింద పద్ధట్లు కల వచ్చి మెలకువ వస్తుంది.

1)Rapid emaciation. శుష్కించుట. Skin becomes smooth. నున్నబడును. Swollen (నిగారింపు తేలుట). A tendency to oedema. Eyelids thickens than normal. మందమెక్కి బరువెక్కును [Liver has been completely in disorder-- ఆయుర్వేదం]. This is found in infants going into such complaints and also old people. Legs becomes puffy. Person becomes pale పాలి పోవును. Spots on body or discolouration. They may be pale white and he feels a smarting sensation in parts of the skin. Pin pricking sensation. Spots of itching (దురద). Even little children develop wrinkles on face. Rapid hair fall. Neck elongated. Fellow becomes bony. Indigestion and loose motions. Cross & irritable. పట్టు పట్టి ఏడుస్తాడు. In Jaundice N.M helps a lot. Short breath, paleness, nausea, vomitings and all other symptoms of Jaundice. [36 days of treatment in hospital. Indicated N.M. Gave N.M 6X evening 2 tablets, night 2 tablets → 4th day she is better. After 3 weeks Nat.mur 30. After one month Natrum mur. 200 one dose. They never came afterwards].

### **Causation:**

- 1)Constant worry. నిరంతరము మానసికాందోళన.
- 2)A calamity. ఏదో ఒక ఆపద, దాని వల్ల shock.
- 3)Sex thoughts. కాముకమైన భావనలో మునిగి ఉండుట. reading lit etc..
- 4)Disappointment. తీవ్రమైన ఆశాభంగము, especially in love and marriage in majority of the cases. These effect only miasmatic patient. దీర్ఘ వ్యాధి విపాకములు కల వారికి మాత్రమే. Real healthy గా ఉంటే disappointment ఉండదు. Triggering cause that effect psoric & sycotic miasms. Loss in business effects only a Psora patient lifelong. Godown fire అయింది గాక health కూడా ఎందుకు నష్టం అంటాడు Miasm లేనివాడు. నిస్సంగత్వం వేదాంతం, luxury commodity. Healthy logic is always healthy logic. The same causation holds good with Ignatia also.

### **Relationship:**

- 1)NM is chronic drug to → 1) Ignatia 2)Hyoscyamus 3)Apis mellifica

4)Pulsatilla 5)Bryonia 6)Spigelia 7)Aurum metallicum. These are acute drugs of Natrum mur. Any disease half cured with one of these medicines is completely cured with the N.M. కొంత నివారణ జరిగినచో N.M పూర్తి నివారణ చేయును.

2) N.M, Hepar sulph, Nitric acid,Argentium nitricum, Alumina all of them have an peculiar symptoms in throat troubles. ఒకే సమాన ధర్మము కల్గి యున్నవి → plug sensations; పుల్ల గుచ్చికొనినట్లుండుట. AS if a small stick is there. sharp prick radiating into the ears. Fish bone sensation. విస్తరి పుల్ల గుచ్చుకొనినట్లు. Prominent గా Hepar sulph, Nit.acid లో ఉంటుంది.

3)Natrum Mur, Plumbum met, Thuja, Selenium, Arsenicum album – They have common symptoms among chronic diseases. చాలా దగ్గరగా ఉంటాయి. Ex:- నీరు పట్టుట, swellings, shining skin (నిగారింపు), paleness, oily appearance చమురు రాసినట్లుండుట, pitting on pressure (గుండె జబ్బులు కాని,పాండు రోగం కాని).

4)Antidotes of Natrum mur are Arsenic alb, Camphor (పెద్ద ముత్తైదువ), Argentium nitricum. Any one of these antidotes Natrum mur. Argentium nitricum and Natrum mur mutually antidote each other.

5)Complementary;పరి పోషకములు → Belladonna, Bryonia, Calcarea carb, Calcarea phos, China, Ferrum phos, Kali sulph, Lachesis, Lycopodium, Natrum sulph, Nux vomica, Phosphorus, Pulsatilla, Rhustox, Sepia, Silicea, Sulphur.

6)No inimicals to Natrum mur at all.Insanity and semi-insanity of Natrum mur:- చతురంగ బలములు – Mental & Hysterical cases → one of the deepest drugs. Eye diseases → Photophobia వెలుతురు చూడలేకుండుట, Watering eyes < mornings. Eye troubles along with headache → Natrum mur 6X తో start చేయవలెను. అవసరమైతే 30. Then only 200. Never more than that. Cataracts కూడా cure చేస్తుంది. Careful గా వాడాలి.

## ACONITE NAPELLUS

Often ignored drug. Often required drug. One of the deadly poisonous among plant kingdom. నాభి అంటారు. Short acting remedy. తక్కువ సేపు మాత్రమే పని చేసి దేహమును వదులుతుంది. No effect on constitution at all after the treatment is over {Others live with the patient for months – Lyco, Acid phos etc. They live with the patient upto the grave. Long acting and deep acting remedies} Short acting → Aconite, Coffea, Belladonna, Chamomilla, Hyoscyamus, Ipecac (According to Hahnemann exist in the body only for 80 seconds) Modern Homoeo scientists feel now that there is no short acting drug at all. All are deep acting drugs. Old school could not find time to study deeply in the matter. Our experience also proves the same; most long acting diseases like insanity are now treated with Belladonna. So new school is correct.

Chamomilla → Homicidal tendency. Today with the experience of Master there are no short acting remedies.

A lady of 58 years – Cancerous → A few advised Homoeo → Palliation → gave Aconite 200 (repetition may kill old patients). Repeated upto 10M – She was alright. Persons having cancer are cured. But cancer cannot be cured. Cancerous persons may be cured. Kent – (Carb.Ani Materia medica). Cumulative payment of penalties – said by Dr.Smith about cancer.

There are some pre-cancerous mental symptoms, pre-cancerous conditions. 7 years ముందు తెలీక పోతే if doctor is donkey for 7 years, patient will be cancerous. Speedy onset of disease – Aconite. ఆకస్మికముగా ఆక్రమించును. With in half-an-hour the condition is doubtfully dangerous. Speedy disappearance of diseases. No chronic disease follows after an Aconite cure.

### 3 Keynotes for Aconite:

A)A great agony. ఆత్రం.

B)A great fear. భయం.

C)A great unbearability of the disease.

### **False Symptoms:**

1)Electric shock – Immediately Aconite may require Kali phos afterwards.

2)Drowning accident – Same. It establishes the life principle. Then it may work out. Hahnemann re-comments selling of the medicine instead of swallowing.

3)Burning accident, convulsions first Aconite, then Cantharis etc.

4)Fevers that come on suddenly. High Fever. Becomes red (Lung congestion, throat congestion or bronchitis).

### **Constitution:**

1)Vigorous persons. Vigorous vital constitution. చురుకైన శరీర తత్వం, ప్రాణ శక్తి హెచ్చుగా కలవారు. Plethoric constitution. దేహమునందు రక్త ధాతువు ఎక్కువగా కలవారు. Change of colour on the skin నిమిషంలో కందినట్లుంటుంది. If they are emotional they become red. Among children we see these things. If there is epistaxis it is too much. Too much of flow of blood. All these patients are called plethoric otherwise healthy. ఏ అనారోగ్యం ఎరుగక పెరుగుతారు. They are people of robust health. దృఢమైన ఆరోగ్యం కలవారు. Rosy & chubby. బొద్దుగా ఉంటారు. They are showing a tendency to epistaxis. Very active and sometimes risky. సాహసికులు. Exposure to dry wind make them suddenly sick. ఈదురు గాలి [opposite to Rhustox & Bryonia]. Spring లో cold dry winds. Sudden throat pain. అతి ప్రమాదంగా ఉంటుంది పరిస్థితి. In Europe they call mid-winter winds. ఫాల్గుణ, చైత్ర మాసముల ఈదురు గాలులు, శ్రావణ మాసపు ఏటిగాలులు. Advent of summer & advent of rainy seasons he is often attacked by inflammations of internal organs. పుండుపడు పరిస్థితి. Prone to sudden high fevers. ఆకస్మికముగా తీవ్ర జ్వరములు వచ్చిపోవుచుండును. పిల్లలకు చంటిబిడ్డ చెష్ట. Brain fevers. Onset లో కొట్టాలి (First half-an-hour లో). Never after 24 hours. పొరపాటున వేసినా ఫరవాలేదు. In fevers of typhoid type Aconite kills the patient. Even drug has its limitations. High

fever లో Belladonna never to be given, 48 గంటల తర్వాత Bell. కూడా వాడరాదు. Typhoid లో Bell, Aconite indicate కాదు. A case of epilepsy killed the patient with Belladonna. Epilepsy లో recurring nature లో contra-indicated. చలిజ్వరంలో Aconite & Belladonna పనికిరావు. Meningitis లో immediate గా కావాలి. Lung fevers, sudden గా Lungలో ulcer as haemorrhage. Acute liver fevers. High fever. Delirium. Fever with blood vomiting, not of recurring nature. Stomach fever in summer. Summer is healthy in tropical countries వైద్యానికి అనుకూలంగా ఉంటుంది కప్పెట్టిన వ్యాధులు బయటకు వస్తాయి (వైశాఖం తదేవ భేషజం -వేదం) కోకిల కూస్తుంటే west లో ఏడుస్తుంటాడు. Frightful to look at. దుర్భరమైన బాధ. Intense pain, Unbearable pain ఏదో ఒక కారణంగా. Numbness of feet and hands due to intensity of sufferings. చేతులు కాళ్ళు తిమ్మిర్లు. May be a stomachache, toothache or anything.

### **Mental Symptoms:**

పిడుగులాంటి పిల్లలకి Aconite పనిచేస్తుంది. అస్తమానం సుస్తీకి Aconite never.

1)Agony, ఆదుర్దా, Anguish తపన, మరణ వేదన. Intense fear of death, మృత్యుభీతి. 10.30 కి అయిపోతానంటాడు. కాని Ars.alb కి బ్రతుకుతానని బ్రతకాలని ఉంటుంది. Aconite declares that he is going to die. Predicts the hour of death. Restlessness. అస్థిమితత్వం. Violence of suffering అతి తీవ్రంగా ఉండును. Loss of all affections for his friends.and relatives. ఆపేక్షలుండవు కాసేపటిలోనే. Aconite chronic లో prominent గా ఉంటాయి Indifference. నిర్లక్ష్యం. Delirium with excitement. మానసిక సంచలనముతో సంధి గుణములు. విపరీతమైన sensational types of dreams – యమదూతలు విమానంలో తీసుకొని పోతున్నాడంటాడు (ఎవడి భాషలో వాడు చస్తాడు), క్రిందకు తోసినట్లు, నీటిలో పడ్డట్లు రకరకాల కలలు. Very clear and very speedy dreams. He weeps with fear and pain. నోటికి మూత ఉండదు. Anger. విపరీతమైన కోపం. పాలు తాగుతావా అంటే నా నెత్తిన పోయండి అంటాడు. Throwing things away. శివం పూనినట్లుంటుంది. Dizziness. Throbbing of parts. శరీర భాగములు స్పందించుకొనును. Pulsation లాగా ఉంటుంది. Cutting type of pain. కత్తితో కోసినట్లుంటుంది.

## Modalities: (దేహధర్మ వైఖరులు)

1)One cheek red and the other pale (Chamomilla, Acetic acid, Ferrum met).

2)Pains along the nerves, neurologic pains. Patient feels like hot wires moving inside. దేహంలో చొప్పించుచున్నట్లు line గా అనిపిస్తుంది. Lines లో pain వస్తుంది.

3)Always the following group of symptoms are there. Fear, fever, catarrh.

ఏదో ఒక చోట నుండి మంటతో inflammation ఉండి నీరు కారడం especially mucus membranes.

4)Hot face. (Glonoine). Hot Head. గాడి పొయ్యి దగ్గర ఉన్నట్లు.

Glonoine → great constrictive headache. Great grip of the pain on top of the head. నెప్పి బిగించి ముడి వేసినట్లు ఉంటుంది. వేడి వస్తువులు తలపై మోసే వారికి ఎక్కువగా indicate అవుతుంది who carry gas lights, గాడి పొయ్యి దగ్గర పనిచేయువారు, those with iron boxes exposing of head to hot fumes.

5)Any acute attack starts during the early hours of night. Child coughs for 10 minutes suddenly and goes to dangerous condition, diphtheria like condition. Barking croupy type of cough. గొంతు మారి దగ్గు. Very dangerous. Eyes and face red. Give Aconite 200 one dose. If recurs never Aconite works → Spongia 30 → Change in voice. Barking type of cough. Suffocation. గాడిద శబ్దంతో దగ్గు. Breath will be heard by you all. Sound of the respiration exactly tallies with sawing of wood. Early evening means about 8.00 PM.

6)Child must be carried. Greatly frightened mentally.

7)Everything tastes bitter. చక్కెర తిని చేదనవచ్చునే. Feels.

8)Craves for bitter things. చేదు వస్తువులు - కాకరకాయ వేపుడు వేపాకు ఉండ. Great relief during exhalation. నిశ్వాసలో ఉపశమనం. Aconite వాడి కేకలు శ్వాస వదులుతుంటే వైకుంఠంలా ఉంటుంది.

9)Difficulties in breathing for the newly born children. క్రొత్తగా పుట్టిన పిల్లల్లో శ్వాస బాధలు. Congenital asthma. (కర్ణుడి కవచ కుండలాలు) or congenital

bronchitis. Inflammation of the throat with which child is born.

Breathlessness and blueness. నీలంగా అవడం. Aconite saves → Aconite 30.

10) Croup. Throat is dangerously inflamed. Fright.

11) Fright lingers with the patient for months or years after an accident or mishap → Aconite (active) & Opium (lazy and dull). Cries in sleep and wakes up frightened. He witnesses the same thing in dream. [Pneumonia is in the early stages of Master's practice. Master's daughter by morning girl was alright]. That has kept a marking in Master's mind about Aconite. Electric shock also.

Orchitis → Hydrocele of very serious type. Shooting and unbearable pain with high fever. It should not be of a filarial condition. Otherwise Aconite works.

Spasm → Sometimes there is a sudden check or choke in some part. Gulps water and suffers as much as death. (వక్క వేసుకుంటే గొంతులో ఏదో అడ్డు పడ్డట్టు. ఊపిరి ఉన్నట్టా అనిపిస్తుంది. Feels horrible. Sometimes the mouth cannot be opened due to gland swelling. Jaw bones pain too much. Within an hour fellow is cured.

### **Cautions:**

1) Don't use it for persons who have an established heart disease.

2) Don't administer it in prolonged fevers.

3) Don't administer it in very deep diseases though the pain is unbearable.

4) Don't administer Aconite when you suspect suppuration of internal organs. (అవయవము లోపలి భాగములలో చీము పట్టినచో).

5) Don't give in case of zymosis. వికటించిన విషజ్వరములలో. Blood poisoning in prolonged fever. Wrongly treated typhoid fever. Gums bleed and blue. Tongue bleeds. Lips crack. Whole thing smells like decomposed meat. Patient smells like that. Saliva too sticky. These die of internal hemorrhages.

→ Nash Tuberculinum Book. Read the case of hydrocephalus.

6) Don't give Aconite in intermittent complaints. Ranked drug for toothache. Pain in eyeball. Earache especially without otorrhoea. Stomachache.

### **Relationship:**

Sulphur establishes action of Aconite when used after it. When the symptoms recur one dose of Sulphur will prevent recurrence. Obstinacy is the keynote of Psora. So recurrence. An instinctive disobedience. Itch mentally and physically. Recurrence వల్లనే Psoraని కనిపెట్టగలిగినాడు Hahnemann. They are not vulnerable to logic. Distortion వస్తుంది. Convenience ఉండదు. వాడు సుఖపడడు, ఇంకొకరిని సుఖపడనీయడు. Psoric tendency అంటే ఇదే. Public laws చెడగొట్టడం. Railway cushions(seats) చించడం → Psora. Indians కి చాలా దగ్గర Sulphur. దేశంలో Sulphur ఎక్కువగా indicate అవుతుంది. Astrologicalగా rectificationకి possibility ఉంటుంది. మన worst fate జరుగుతుంది. మిగతా దేశాలకు కూడా ఈ state వస్తుంది. Astrological గా Calcarea carb also establishes the action of Aconite and Lyco also. స్థిరపరచుట. As a rule all deep acting remedies will do this job. Aconite has no inimicals.

## **BELLADONNA**

One of the traditional drugs in the Western countries. (స్త్రీ వశీకరణానికి ఉపయోగించారు. Black magic. Bell = అనుకూలం. Donna = కన్య. (స్త్రీ వశీకరణ). A drug which produces great violence. చాలా తీవ్రత. Sudden onset of complaints. Great speed in advancing. విజృంభణలో మహావేగం. Disease may kill. Disappears suddenly మంత్రం పెట్టినట్లు.

### **Keynote of Belladonna:**

- 1) Redness.
- 2) Radiating heat → objective.
- 3) Burning → suddenness.

## False Symptoms:

1)Pains: Stomachache, chest pain. మామూలు నొప్పి. Toothache, Earache - with fever quite often.

2)Colds: Suffocation. Phlegm. బిగవేయడం. Suddenly child choked with phlegm.

fever may also be there (dangerous) eyes red. Whole child becomes red.

Indigestion → fever → convulsions. గుర్రక. Rattling.

3)Fever: sudden onset with delirium (సంధి గుణం). Violent type. భీకరంగా ఉంటుంది. Patient bites. Kicks the bed. Wants to jump and escape. He sees animals around him or ghosts. Often he sees burial grounds, corpses and bones in dreams. Generally instinctive fear of dogs. చాలా ఎక్కువ భయం. చీకటి అంటే విపరీత భయం (Belladonna, Hyoscyamus, Stramonium). Wants light when sleeps even. Stramonium ఎక్కువ. Light off → gets up immediately. Understand that the fevers are not long. Typhoid లో వేయరాదు.

4)Delirium:

Violent delirium → Stramonium in Typhoids. Pick his clothes. కొరకడం. గుడ్డలు చించడం. Remittent fevers అయితే Belladonna వేయరాదు. If delirium is not violent, but passive. Then Hyoscyamus. గుడ్డలు తీసేసి కదలకుండా పడుకుంటాడు. You should personally see the patient.

Everything deceiving to indicate Rhustox. But when we saw him he was naked. Gave Hyoscyamus 200. Everything alright - these three are called Delirium Trio (Brain fevers లో ఎక్కువ indicate అవుతాయి). Meningeal fluid infect అయ్యే fevers లోనే, first two days లోనే. తర్వాత never indicated.

Sudden fever. Loss of consciousness. పంపు చేసినట్లు వాంతి. Coma. High fever. Boils. కురుపులు. 24 గంటలలో కురుపు పెద్ది - Fever - ప్రమాదకరంగా ఉంటుంది. Boil is red. That part is hotter than other parts of the body.

Burning on the boil or all over the body. Insanity - it is a prolonged case an exception. Attacks of high fever and survived. They become violent, hurt

others. Homicidal instincts. వస్తువులు ధ్వంసం చేయుట. Problematic children spoils things and breaks them. Pulls the toys to pieces. No playing mood. Start with Bell 1M. Case of a boy with warts. Parents too psoric to understand → Problematic children. Children complain of sudden stomach pains. గర్భాశయంలో ladies కి విపరీతమైన నొప్పి. Gallstone colic. నేలపై బడి దొర్లుతారు.

### **Constitution:**

Strong and sturdy people. Plethoric. రక్తధాతువు ఎక్కువ. Very smart. Hyperactive. చురుకుగా, చలాకీగా, sparkling eyes. తళతళలాడే కన్నులు. Ardent natures. పట్టడం కష్టం. సంతోషంగాని, దుఃఖంగాని పట్టలేము. Over-do anything with great emotion. Very sensitive about the senses. సూక్ష్మ గ్రాహులు. Keen గా ఉంటాయి. Deliriumలో keenness ఉంటుంది (Hyoscyamus). అతీంద్రియ గ్రహణం ఉంటుంది. A wrong diseased type of intuition. Often prone to haemorrhages. అధిక రక్తస్రావములు. Ladies suffer from too much discharge of fresh red blood. Uterine haemorrhage.

### **Mental Symptoms:**

1) Irritated to a very high degree. He is too alert of his environment. అతి సూక్ష్మ గ్రహణ శక్తి. Quick in movements. వేగవంతమైన గమనం. Two people cannot control him when he destroys things and produces disorder.

2) By nature has the destructive instinct. Harming people to a great extent. Injuring people. అతి తీవ్రంగా అప్రయత్నంగా అనేక పర్యాయములు చేయుదురు.

3) Prone to high fevers. Move frequently with violent delirium. Bites. కరుస్తాడు. Bell 200 వేస్తే మానతాడు. కుక్క బుద్ధి. కుక్క కరిస్తే చెప్పు దెబ్బ గాదు Bell 200 వెయ్యాలి.

Belladonna	Anacardium
<p>I)Violent.</p> <p>II)Cannot bear cold and cold water.</p> <p>III)Flash mind.</p> <p>IV)Animals around him.</p> <p>Shrewd, smart and active.</p>	<p>I)Two minds. Timid, passive and cunning in one mind; violent, cruel and impulsive mind.</p> <p>బెదిరిస్తే చాలా జాగ్రత్తగా ఉంటాడు. ఏమరుపాటు పడితే తిరగబడతాడు.</p> <p>II)Craves for cold and cold water.</p> <p>III)Brooding type of mind. తన శత్రువులను గూర్చి ఆలోచిస్తాడు. అంతా కుట్ర చేస్తున్నారని idea.</p> <p>IV)చీకటిలో ఎవరో ఉన్నారంటాడు (మనుషులు)</p> <p>Intelligent. చచ్చినా దొరకడు</p> <p>Anacardium. Homologous తప్ప homogeneous కాదు.</p> <p>Kleptomaniacs లో చాలా intelligent and obedient → Opium, Anacardium, Tuberculinum.</p> <p>Bluffs. Essentially criminal.</p>

4)Even the child hurts. Unmanageable in delirium. He barks. అందుచేత Hydrophobia లో తగ్గితే Bell 10M or 50M. One case successful. Wants to jump and escape. Wants to run away.

5)Hair is too painful feels as if the hair is pulled. Quixotic jerks, springs.

### Modalities:

1)Redness. Heat burning → only Bell → suddenness.

2) Sudden high fever with delirium. Head is much hotter than other parts of the body. తల వేడిగా ఉండును. Feet and palms may be a bit cold.

3) Fever of short duration and sudden onset. కొద్దికాలం ఉండు తీవ్ర జ్వరాలు. They are called remittent fevers. Not indicated in typhoid, pneumonia, pleurisy.

4) No gradual rise and fall of temperature. క్రమబద్ధత లేదు.

### Diagram:



Cure → 101° to 103°. Then next day 100° to 102° కు చేరుట → 99° to 101° difference can see. Then the drug is correct and cure is positive. Patient should be better. A ladder like increase in the beginning and cure → ladder like decrease. Typhoidలో drug వేస్తే 104°- 5° నుండి గంట గంటకు 1° తగ్గితే dangerous అని తెలియ చేయవలెను. Allopathy ఫర్వాలేదు. Doctor శీర్షాసనము. If in homoeo, very dangerous. Certain times he bleeds from anus. Temperature goes down. Dr. పెర్రాజు దుష్ట సమాసం దుర్మైత్తురు పోతుందన్నాడు. ఐదుగురు రాత్రింబవళ్లు కష్టపడితే బ్రతికాడు.

5) Fever with a gland suddenly swollen. (Ars.alb, Phytolacca (vegetable Mercury by Hahnemann – king of anti-syphilis through a plant). Lac caninum) especially milk fever. If it is filaria Belladonna is never indicated (Stramonium also).

Pyrogen → leads to danger and death. 105° చూస్తే పట్టుకుని 102°. 4. Temperature-puls-BP synchronization చూస్తే disturb అయి ఉంటుంది. Clear indication of pyrogen. Inflamed parts are red in the beginning after some hours dusky. నలుపు తిరిగి మాపు రంగు తిరుగును. Sometimes bluish.

Sometimes mottled black on blue. Capillary haemorrhages with carbonized blood.

7) Inflamed parts swell rapidly. పుండైన భాగములు చాలా వేగంగా వాచును (Rhustox). Cellulitis type of swelling. In Bell it is red. In RT it is watery and glass like transparent (Variolinum). It bursts and water goes out. May die. Many such swellings. Very few people survive gradually goes to gangrenous conditions.

8) Sometimes swelling has stinging sensation. Burning pain (Apis mel).

Cold water (Belladonna) x hot water (Apis).

9) Throbbing. సంకోచ వ్యాకోచములలో ఉంటాడు. Swellings లో నొక్కుతున్నట్లు వదులుతున్నట్లు ఉంటుంది. Aconite లో toothache లో ఉంటుంది. ఇక్కడ అంతా ఉంటుంది.

10) Pains come suddenly and go suddenly. Pain causes agony. నరక బాధ. Aconite pain లా ఉంటుంది. Aconite లో swelling, burning ఉండదు.

11) Pains < light, cannot bear any light on the body.

< Least movement (భరించలేనంత), బుర్ర వాయిస్తుంటుంది.

< Cold. నీరు తగిలినా బాధలు ఎక్కువ. నరాలపై పొడిచినట్లుంటుంది.

< Jar. కీర్తమని శబ్దం వినపడితే బాధలు ఎక్కువవుతాయి.

< Exposure to cold (Rhustox) shooting pains.

Patient wants to be wrapped warmly. Then feels better.

12) Headache → Brain moving in the head. కదులుతున్నట్లుంటుంది. కురిడి కొబ్బరి కాయలా feel అవుతాడు. Even doctor feels like that. Even an actor.

< From every step. అడుగుకి ప్రమాదం. అడుగు వేస్తే తల పగిలిపోతున్నట్లుంటుంది.

Hell of pain > by rest.

< From every movement. దిండు కూడా వద్దంటాడు. మాట్లాడినా ఎక్కువ అవుతుంది.

Pulsating type of headache. Never wants to change his position. Even turning the eyeballs < headache. Blood rushes to head. మొత్తం తలలోకి పోతున్నట్లుంటుంది. As if the head would burst. Eyes pressed out పత్తికాయల్లాగా. Cannot be touched on the affected part. Touchy. He can never allow the hair combed.

13)Spasm → clutching → hiccough.

పట్టేసినట్లు → బిగించినట్లు → Horrible constriction.

About clutching → Cactus G → గుండెలో పట్టేసినట్లు → Cactus G 30 one dose.

14)In cerebral fever, the fellow is in stupor. పూర్తిగా మత్తు స్థితిలో ఉంటాడు. In stupor cries out many times. Howling and crying (Apis). In Apis bird like cry, it has a musical rhythm. Bell prolonged cry - like a dog. కుక్కలాగా. Apis makes miracles in cerebral fever.

15)Head symptoms are > by driving the head back. Beyond the pillow. మెడ క్రింద దిండు ఉంచుతాడు. ఎక్కడ లోతుగా ఉంటే అక్కడికి తోస్తాడు. (In Helleborus – It is only a mechanical action). In prolonged illness eyes are like corpse. కొన్ని క్షణాలు అగుపిస్తాయి కొన్ని క్షణాలు అగుపించవు. Moving one hand one leg moving. Second side in completely paralyzed. Also same condition in Zincum met also. Difference is in Zincum met → case gone like that because of a suppressed eruption. పొంగు జ్వరం అణచడం వల్ల. Measles, chicken pox early stages లో treat చేసి fever control చేస్తే పొంగు రాదు. Giddiness, throat pain. కొంకర్లు పోతాయి. Toes fingers involuntarily. Rubbing his feet up and down. When the fever is controlled fellow goes into vomiting and semi- stuporous condition. In 2-3 days goes into complete stupor. Give Zincum met 1 M.

Case of a child with stupor–grinds teeth. Horrible movements. Child regains consciousness. 3 or 4 hours of waiting, then one motion, big one–if you

treat again then child dies. In thirty hours child was back to normalcy and demanded food.

Helleborus–Drives into pillow. Slides down the bed. Bored into pillow. పూర్తిగా unconscious అయితే 1M, లేకపోతే 200 వేసినా ఫర్వాలేదు. Wait for a long time in case of Helleborus and Zincum Met. There is no medical science demarcates Demarcates life and death. Only after a time we can say that he is dead.

16)< bending head forward.

17)Great < from rising up from bed or chair.

18)< Exposure to cold air without a head cover. A sure aggravation after a haircut. తలనొప్పి వస్తుంది.

19)Exposure of head to flowing water. Tap bath చేస్తే headache. నది లో స్నానం చేస్తే this has a recurrence or exception.

20)Complaints start in the head and creep into neck and shoulders and lower parts of the body. Generally complaints travel from head downwards. In course of time the head troubles disappear and the patient goes into chronic rheumatic pains. క్రోనిక్ బాధలు → Chronic.

21)Strabismus due to congestion especially after high fever. తీవ్ర జ్వరముల తరువాత మెల్ల ఏర్పడుట. (In typhoid many times Acid phos is indicated) Agaricus→ మెల్ల వస్తే dangerous అని అర్థం.

22)Great dryness of the mouth, nose and eyes etc. (Pulsatilla, Thuja). In acute it is Belladonna.

23)In some cases and problematic children often checked high fevers. పిల్లల అనివార్య స్థితులు → Belladonna 1M or 10M. Child with destructive mentality. We have to face a critical situation. We have to take a chance.

24)Severe toothache with throbbing sensation. కడులుచున్నట్లు ఉండును especially after a cold exposure.

25)Parts bleed very easily. పళ్ళ నుండి, ముక్కు చెదిరి చెంబు బోర్లించినట్లు fresh red blood.

26)After effected of checked discharges ప్రావనిరోధనము. Man goes into hysterical and mental symptoms. Re-establishes the discharges and cures.

27)A great craving for lemons and lemon juice (Puls).

28)Pain in stomach extends through the spine, travels into spinal cord (shoots) [Any pain also].

29)After passing urine, the patient sits and strains more (Causticum, Gelsemium, Natrum mur). In Causticum there may be blockage in the beginning and in the middle. Retention of urine in children - Causticum 6 one dose (never Caust. 200 or even 30). Gelsemium లో సగం వరకు urine → stops in the middle, తరువాత ఆగి మొదలౌతుంది. In Bell also last few drops will remain. Sometimes burning pain (also Cantharis, Phosphorus, Ars.alb లో inflammation ఉండి burning ఉంటుంది). Bell partly paralysis, partly inflammation.

30)Among females:- Generally ladies are strong and sturdy. They are also generally blondes. Patients of Bell & Puls appear similar. In Puls it is false appearance of health. In Bell really healthy. Copious flow of bright red blood with clots (sometimes fresh). In haemorrhages it is worse. Ladies have temperature, even high temperature during discharge days. Lady has pain during menses. Unbearable pain exactly like labor pains. పురిటి నొప్పుల

వంటి నొప్పులు. The pain continues as long as flow continues. As the blood is flowing they feel the blood is too hot.

31)Prolapse of uterus: పేగుజారుట. Contents come out. Lady must sit or liedown with legs drawn up. కాళ్లు ఎత్తు భాగమున నుంచి కూర్చొని గాని, పండుకొనిగాని ఉండవలెను. Milk fevers, Glands in the breast swell, red and hot.

32)Cough after the first sleep. నిద్ర పట్టగానే cough వచ్చి మెలుకువ వచ్చుట. Generally at about 11 pm (Bry also at 9 pm).

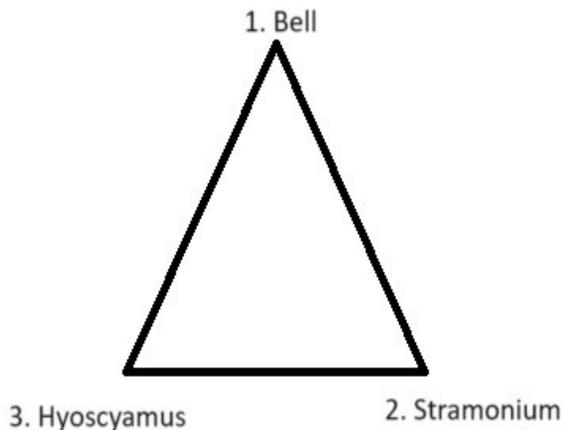
### **Relationship:**

Bell works well before →

1)Calc.carb → Calc.carb establishes the action of Bell. Works with special efficiency.

2)Also Lachesis. Calc.carb is chronic of Bell and Lachesis is half chronic. In many cases these three form a triangle. Bell → Lach → Calc.carb.

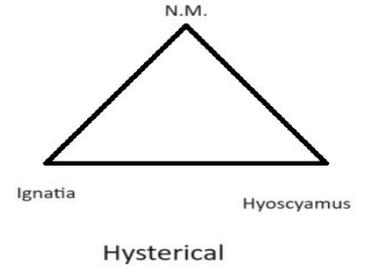
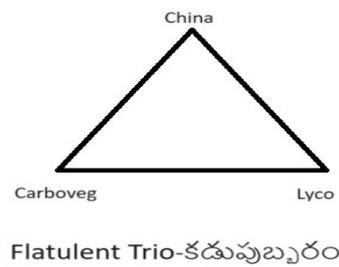
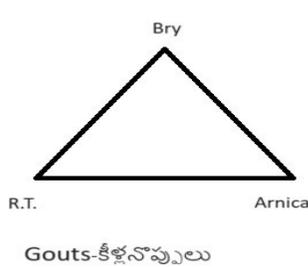
The delirium Trio: సంధి గుణములకు కావల్సినవి.



First Stage Bell → abit late → Stramonium. In Stramonium fear is more. In Bell violence is more. Violent type. అనుభవం ఉంటే మొట్టమొదటనే Stramonium ని చూడవలసి వస్తుంది. If the case is still prolonged you have to give Hyoscyamus. Cases like typhoid. Never Bell may be at times Stramonium (Non-violent mental fevers → Hyoscyamus). Very high fever is Belladonna. Stram. Medium. Lesser fever in Hyoscyamus. Bell 102°-105°. Stram. 101°-103°. Hyos. 100°-102°.

Bell patient sees animals or devils, mostly dogs. Stram- also animals, departed souls, known devils, recently dead friends and relatives. Hyoscy. - little animals rats, moles, more often bed bugs. Fever of Bell is immediately dangerous. Stram. lesser. రోజుల time. Hyoscyamus time is still more weeks.

Hyos → Suspicion about all the people in the house that they are planning to kill him or poison him. **Assure Symptom:** అన్నం నీళ్లు తాగరు. మందు కూడా వేయలేము. He sits or sleeps naked, goes into the street naked. Talks obscene things especially about genitals. Sings obscene songs. Recovery కీ కుడా time పడుతుంది.



Dog bite → Human bite → Bell should be given Bell 6 one dose immediately. 6 hours తరువాత 30. One week తరువాత Bell 30. Two weeks తర్వాత Thuja 30 one dose. But in the beginning Echinacea ∅ applied to the spot of the bite. Echinacea ∅ internal everyday one dose.

Hydrophobia → Choking sensation, cannot take liquids. If he hears the sound of water he grow crazy and walks out, then God cannot save. You can try 1/9999 (possible) immediately by giving Bell 50M one dose. A chance Master had one case to his credit. Hydrophobinum symptoms. Hydrophobia ఉండదు. వాంతి అగును, glittering light, cannot be stared at is a sure symptom. Peculiar case of insanity and by never goes to doctor.

Runs away if any medicine is to be given. Perverted intellect → big ulcers, long standing. Came to Master for sun stroke- gave NM 6X first dose. Then second day Hydrophobinum 200. Patient better in mental level. After 1 month Hydrophobinum 1M given. Now almost alright.

→NM కొంతకాలానికీ a sure drug for Hydrophobia కావొచ్చు. But not now. We are not sure.

<b>Bell</b>	<b>Chamo</b>
భీకరత్వం	Incapable & jealous.
Harms others.	Harms himself.
Fever may be there.	Fever may not be there. Never goes to sleep.

అప్పుడప్పుడు Bell వేస్తే Epilepsy cure అయ్యి fidgety of feet fingers అస్థిమితత్వం.

Sewing machine లాగా కాళ్ళు కొడతారు. Restless jerky movements. (Very near to Agaricus) Zinc. met వేయాలివస్తుంది. Semi-idiosy. Comprehension not normal. Unless they are treated they cannot be educated. Agaricus → అనవసరముగా నవ్వుతారు. Same go into Bufo. Always places his hands on genitals. Idiocy not properly talking. స్కూలు పలకదు.

Baryta Carb → Little minded, cannot understand. Half opened mouth, idiocy. పెద్దవాళ్ళు పిల్లలతో ఆడుతారు. Eats from the plates of children. Baryta carb mother పిల్లలకు పెట్టేది తాము కూడా తింటారు.

Dulcamara and Belladonna cannot be used one after another.

Acid acetic cannot be used before Bell.

Kent- Says no inimicals to Bell(Lesser Writings).

## ARNICA MONT (PLANT)

It is a misunderstood remedy often. దెబ్బలకు, గాయాలకు వాడతారు. It is wrong that it is useful in such a way. It is a very powerful medicine in dangerously acute diseases. It is a moderately deep acting remedy like Bry & R.T. But it is deeper in its effect with either of the drugs. It is specially indicated in septic conditions and blood poisoning.

## **False Symptoms:**

1)Badly treated fevers. వైద్యునిచే పాడు చేయబడిన వ్యాధులు. Hahnemann కింద పడ్డాడు hill లో travel చేసేటప్పుడు, దెబ్బ తగిలింది. కొండా జాతివారు మూలికలతో treat చేసి తగ్గిస్తే, ఈయన తరువాత prove చేసాడు. God showed him.

Typhoids, eruption fevers. Septic condition, blood poisoning conditions - (Arnica & Baptisia, Opium) dreams, anxiety, semi- consciousness.

2)Septic fevers, zymotic fevers. Toxic condition in patient.

3)Smallpox, chicken pox, vaccination (Septic condition may develop).

4)Fevers after an accident (ఎక్కడో దెబ్బ తగిలి తెలియకపోయినా జ్వరం రావచ్చు).

5)Fever after an injury.

Chronic:-

Hair fall, dandruff, skin diseases of head and face. Spots, patches, discolouration of skin. Leucoderma (Psorinum, Ars sulph.flav, Apis, Arnica Hydrocotyle asiatica సరస్వతి ఆకు, బ్రాహ్మి).

## **Mental Symptoms:**

1)He is morose and wants to be alone. Does not like to be called as talked to. ఎవ్వరూ పిలవకుండా మాట్లాడకుండా వున్నచో బాగుండును. Dislike to be approached. బంధుమిత్రులు వచ్చి తన విశ్రాంతిని భంగం చేయ కూడదని

భావించును.No liking to enter into the conversation. కల్పించుకుని సంభాషణ చేయు బుద్ధి ఉండదు. Irritable and timid. చికాకు, పిరికితనము. Easily frightened, anticipated sometimes bad. చెడు జరగబోవుచున్నదని అనిపించును. Dislike being touched by others. తన్ను తాకుట ఇష్టముండదు.

2)Anticipates all sorts of diseases. తనకు అన్నిరకముల వ్యాధులు రాబోవుచున్నట్లు భ్రాంతిపడును especially heart disease. గుండె జబ్బు తనకు వచ్చెను అను నిశ్చయమయినచో always talks of his heart. Whenever he is weak he places his hand on the heart region for security. ఏ అనారోగ్యంగా వున్నను చెయ్యి గుండెకాయపై ఉంచును. Often he feels that his disease cannot be cured. ఎవరన్నా ధైర్యం చెబితే వాళ్ళను గూర్చి bad opinion. Doctor తన వ్యాధిని అర్థం చేసుకోవాలనే తపన. He is proud of his disease. సామాన్యమైంది కాదనే గౌరవం. Doctor has to torture him for at least an hour. Too aristocratic about his disease. You should never encourage him. You should console him. Ars.alb ని encourage చేయాలి. Deep seated disease అని అభిప్రాయం.

3)Often his sleep is disturbed with horrible scenes. పీడకలలు frequently of muddy water ఊబిలో పడ్డట్లు,pond of ink like water, బందిపోటు దొంగలు or police వెంటబడినట్లు. Many times suddenly rouses up from sleep. కలతగా లేచిపోవును. Grasps the heart region.

4)Fear of sudden death. ఇప్పుడే train వుంది అంటే వినడు. కలల శాస్త్రాలు ఆరోగ్యవంతులను 1 1/2 లోపు రాక్షసములు. గాంధర్వములు. మానుషములు

routine matters - ఆరోగ్యం బాగుంటే 3.30 to 4.30 మధ్య వచ్చేవి దైవములు - నిజం అవుతాయి. Miasmatic patients కి పనిచేయవు. Immediately wakes up and calls for doctor, feels heart is not good. Feels irritated at the doctor on arrival. He may say that he is alright. Often there may not be much reality in their sickness. అంతటి వ్యాధి ఉండదు.

5)Self Pity ఉంటుంది. నన్నెవరూ తిన్నగా చూడలేదంటాడు. నేనంటే లక్ష్యం లేదంటాడు. Feels neglected. తనకు తీవ్ర అనారోగ్యం కలిగింది అని చెప్పినచో వైద్యుని దగ్గరకు పోవుదురో పోరో అని అనుమానం. చాలాసార్లు నాన్న- పులి కథ అవుతుంది. They die a miserable death.

### **Modalities:**

1)Some bruised condition of muscles and nerves. పచ్చి పుండుగా వాతపు ముద్దలయినట్లనిపించును. ఒళ్ళు నొప్పులు చేయును as if in a fall of injury or accident. తిమ్మిరెక్కినా, మొద్దుబారినా → Never Arnica (Non-sensation of the part).

2)Fears to be touched. దూరంగా నిలబడు అంటాడు. Rheumatic pains లో కూడా. Never allows his grandson to play near him. నేను చూపిస్తే చాలు అంటాడు. విపరీతంగా అరుస్తాడు.

3)Better in daytime mentally and physically. Horrors at night, finds difficulties in sleep. When sleeps gets horrible dreams. Swelling in the elbow point, dreams that it is cut from the body, even in rheumatic pains. కర్ర తీసుకొని అక్కడ బాదినట్లు. Headache తో తల పోయిందిరా అని కలలో అరుస్తాడు.

4) Toxic condition and septic condition. మగత, మత్తు, రక్త దోషము, తలకు విషం ఎక్కుట. High fever, stupidity. బుర్ర పనిచేయకుండుట. Delirium of dreadful nature. భయంతో కూడిన సంధి goes into stupor. When aroused లేపినను మత్తులోనికి పోవును (Measles లో Metacin వాడితే).

5) High fever with evils, mottled skin. చర్మం పై చుక్కల గుంపులేర్పడును. Generally red or bluish. Hand and feet cold. Head very hot. Eruption fever, fevers after accidents as fever after a fall, as an injury.

6) High fever, stupor and involuntary discharges. తెలియకనే మల మూత్రములు పోవుట (typhoid లో)[Rhustox].

7) Ordinary fevers badly treated go into typhoid. సామాన్యంగా ప్రారంభించి వైద్య దోషంచే typhoid అగుట. Zymotic fevers. విష జ్వరములు. Temperature never higher than 103°F. Decomposition smell near the patient. Breath is very foetid. శ్వాస దుర్వాసన. Lips cracked. Gums cracked and bleed. Salivation sticky like needles. చిక్కనై తీగలు సాగు లాలాజలం. Tongue & mouth too much painful. Involuntary liquid stool. పలుచనివి. Stupor మగత [Arnica, Ars.alb, Crotalus, Naja, Lachesis, Rhustox, Opium, Pyrogenum, Merc bin iod, Phosphorus, Arum triph (దురద కంద)].

Arum Triph ముక్కు, నాలుక, lips పీక్కుంటుంటాడు even when bleeding.

8) Fever with delirium, body pains, fear and jaundice (yellow skin etc.).

9) Patient always turning and moving in the bed very slowly (పక్క కుదరదు). He feels the bed hard.

10)He bleeds easily from any part of the body. చిట్టి రక్తం కారవచ్చును.  
Bleeds while coughing. Blue spots on the skin.

Drops of blood in urine especially while coughing. రక్తపు చుక్కలు.

11)Malaria → Bodily pains as if the bones break. Intense chill. విపరీతమైన చలి. Sick feeling. నిరుత్సాహం. Thirst for cold water even when chilly (peculiarity) and when shivering. Vomitings. Vomited contents are of very bad smell (diarrhoea stool లాగా). Sometimes he vomits a little blood also. He has a mottled appearance. నీలపు చుక్కలు కనిపిస్తాయి. He may have urine suppressed. Retention of urine. He may have a little burning in the urethra also. Urine is dark in colour. Sometimes it is like urine mixed with ink. Brown urine. When tested urine is highly acidic. Sometimes he has piercing pains into kidneys. (No marked periodicity and peculiarity). It may be continuous. You cannot predict. These symptoms only for Ignatia also.

12)In pregnant women dribbling of urine. తెలియక పోవుట. Especially after labor pains. పురిటి నొప్పుల తరువాత, ప్రసవించిన వెనుక కూడా కావచ్చును.

Too sensitive about the movements of the fetus. Goes into cramps. She may cry and weep due to nervousness. అరచుట ఏడ్చుట. A single dose of Arnica is sufficient, nervousness should go away.

13)Indication →whooping cough in children. కోరింత దగ్గు (Ipecac, Mephitis, Antim tart, Apis, Ignatia, Drosera. Cannabis. Sambucus, Arnica, Lachesis, Aurum met (very important). In Arnica blackish mucus. Spits it. Streaks of

blood in vomiting. While the attack of cough is on, the child cries with fear. భయం తో ఏడ్చును. విపరీతమైన కోపం వచ్చును. Tossing of the head. Craves for cold water (Arnica 30 or even Arnica 6). Immediate relief. Wait for next attack. 30 → 30 → then 200 one dose).

14)In real diseases of heart Arnica is useful. Shooting pain into the heart. Instantaneous fear, palpitation with the idea of the disease. Believes that he would die suddenly in same moment. Relief by drinking cold water. It cures like a miracle. A degenerated heart is repaired with Arnica even in false disease. Not to be used in congenital diseases.

**Causation:**

1)An injury దెబ్బతగులుట. Acute condition.

2)History of an injury. పూర్వం దెబ్బ తగిలి ఉండుట.Chronic condition.

Acute	Chronic
Nervous & physicals prominent → Fever, delirium, dreams, sore, bruised condition.	Chronic mental symptoms→fear, pains in a particular area. Kent says give Arnica CM one or two doses in 2 years.

Servant falls from tree – had it cured but repeatedly got lumbago after 8 years, no cure till now. Chronic incurable condition. దెబ్బ భుజాన తగిలితే, Lumbago రావచ్చు.

3)Poisoning, stagnated water. Food. In the case similar to (Baptisia) only in acute. Baptisia has no chronic cure, but only acute cure. Pictures are quite different.

Retention of urine after 6 or 7 years. An unfinished urination every time. Definite sensation of it. Heaviness of the bladder. మూత్రాశయం బరువుగా ఉంటుంది. Also a gradual increase of hydrocoel due to retention (peculiar symptom in Arnica). Another causation of Arnica → Hydrocoel is suppressed gonorrhoea. (Puls and Medorrhinum). It is only orchitis not hydrocoel with even lumbago. If it is of congenital nature and right sided - Rhododendron is the drug. A single dose completely cures (one month time to be given). A small child about 8 months had this in Vijayawada. Doctors could not answer. Rhododendron given- Hydrocoel missing. If it is left sided Spigelia works well if accompanied with pain.

Nationally speaking our's is a powerless country, only acquired condition sycotic not congenital. 50% of antidotes are complementary.

### **Relationship:**

Antidoted by Aconite, Ammonium carb, Arsenic alb., Cicuta virosa, Ferrum met., Ferrum phos, Ignatia, Ipecac, Senega, Camphor. But never Sulphur, cannot antidote (Allen remarks).

Complementaries of Arnica are: Aconite, Apis, Belladonna, Bryonia, all Calcareas, China, Ipecac, Lycopodium, Nux vomica, Phosphorus, Pulsatilla, Rhustox, Sepia, Silicia, Sulphur.

Inimicals to Arnica: Wine should never be taken. It may prove a poison before or after Arnica. (They should be warned). Any animal bite. జంతువు కాటు, cure అయ్యాక వేరు. Kills the patient sometimes. Dog bite, rabbit bite, rat bite (never). కుందేలు కరుస్తుందా? కరిస్తే వెంటనే antidote చేయాలి.

Thuja works only to antidote the aftereffects of an animal bite. But never when immediately after a bite. It is desirable to give Thuja only after the treatment for an animal bite.

## BAPTISIA

### **Introduction:**

An acute short acting remedy. స్వల్ప కాలం మాత్రమే పనిచేయును. తరుణ వ్యాధులలోనే పని చేయును. Useful in acute septic conditions. రక్త విష వ్యాధులలో (తరుణ). Whenever you find the blood is poisoned, think of Baptisia, Arnica, Lachesis, Tarentula (సాలె పురుగు విషం). కుట్టినా, ఆహారం లో విషం కలిసినా చనిపోతారు. అతివేడి ప్రదేశాలలో ఉండచ్చు పల్నాడు మొ||. Crotalus, Ambragrisea, Ailanthus, (Opium), Pyrogenum (Proved by an English Homoeo doctor) → Leather of water is proved. Miraculous drug. Organic poison. It saves Master had lizard poison in University Hostel. 105° fever. Nobody died. But conditions were dangerous.

### **False Symptoms:**

Influenza, శీతల జ్వరములు. Black fever (First of all the person becomes a stupid), dangerous typhoid fevers. It is never a routine prescription.

Threatened abortion. If it is due to some jolt or injury it may be Arnica or RT. If it is due to poisonous → Baptisia (when the blood oozing is poisonous and person is toxic). Brain softening. బుర్ర మెత్తబడటం (old age or ill health). అయోమయం అంటారు. Ignorant type of mental condition. In some cancers, it is indicated. Epithelioma – only saves him from danger.

Diphtheria - కంఠ స్పృ. Swelling of the inner parts. Cough, gasping.

Trachea is to be punctured immediately. If correct remedy is not given he has to be punctured. No other way. Mumps, గవదబిళ్ళలు లోపలికి వాస్తే చంపుతాయి. If it is speedy dangerous. (Baptisia, Belladonna, Lachesis, Phytolacca, Merc sol, Merc cor, Merc iod, Merc bin iod, Iodium). in diphtheria also the same drugs. Also pulsatilla.

Plague → మారీ వ్యాధి. Rats first and then human beings – జ్వరం → కురుపు → చావు (సామాన్యంగా చంకలో కురుపు).

Gas poisoning → Bathrooms లో (Carbolic acid, Carbonium sulph, Calcare carb, Bromium, Lachesis). For first aid 1)Carbolic acid 2)Aconite and 3)Baptisia

No constitutional symptoms.

### **Mental Symptoms:**

1)Mind is gone. బుర్ర పనిచేయదు. He does not know what he is talking.

Muttering, involuntary talking, talking in sleep, సంబంధం లేని విషయాలు.

Talks to himself in low tone. Confusion. ఏమీ తెలియని స్థితి. When aroused

wants to say something. He talks a few words which are not relevant. Again slips into sleep like condition. నిద్రా స్థితి.

2) Appearance as if drunk. తప్ప తాగిన వాని వలె కనిపించును. (Lachesis). Utters the first half of the words and forgets the other half. బాధకు బ బ అంటాడు. Last syllable of the word is missed (Dangerous condition).

3) Cannot keep thoughts together. ఊహలను సమన్వయంగా ఉంచలేడు. If wants to apply for leave and expression is lost. Thought is lost. Cannot frame the sentence. అల్లడం చేత కాదు.

4) Does not want to be disturbed. పలకరించిన ఇష్టపడడు. It is very difficult to receive conversation and to react to it.

5) Dual existence. Whenever he is roused తాను ఇద్దరిగా ప్రవర్తించును. He finds himself. He observes himself trying to talk. He finds his body on the body and feels that it is of some other person. But the idea is himself, but different person. నీళ్లు తాగమంటే తాగరా అంటాడు.

6) A wild wandering feeling. అస్థిరంగా తిరుగుచున్న భ్రాంతి. గాలిలో తేలుతున్నట్లు, ఎదో ఊర్లకు పోయినట్లు. Astro travelling చేస్తున్నట్లు feeling. (Opium also) (Morphia 200). Morphia → feels as if he is a few inches above the ground. He feels a velveting touch of every part of body. స్వర్గానికి ఒక మెట్టు ఇవతల అన్నట్లు ఉంటుంది. Baptisia → చాలా దూరం పోతాడు. Morphia a few inches. Legs kicking.

7)Those who have proved gave the symptoms picking the bed together. మాంత్రికునిలాగ చేతులు ఊపుతాడు. Parts of his body are going like anything. Feels the parts of the body scattered.

**Modalities:**

1)Falls asleep while spoken to. వినుచు నిద్రలోకి పోవును.

2)Dull heavy sensation in the head. మందకొడి, drowsiness and heavy eye lids.

3)Head feels large, expanded. Numbness of head and face. తిమ్మిరి ఎక్కినట్లు.

4)Semi-conscious condition or unconscious condition. తెలివి పోవుట. Settles with short period. చాలా వేగంగా ఏర్పడును. incredibly in short time. Weakness and debility set in within hours. ప్రారంభించిన కొద్ది గంటలలో అతి నీరసించి పోవును. Cannot get up from bed, cannot stand. One of the indications of blood poisoning. Goes to stupor.

5)Sudden violent break down and it continues. జాప్యం జరుగును. (వారం రోజులు జరిగిందని డాక్టర్ భ్రమపడును). Only killing weakness.

6)Sudden fever, stupor, prostration. కదలలేని నిస్సత్తువ. Face mottled (Blue or red చుక్కలు – parallel to Arnica). Bloated face. Purple sordes on teeth. పళ్ళపై చారికలు, మచ్చలు ఏర్పడును. Ropy saliva. లాలాజలం పెదవులపై తీగలు సాగును. తడి ఉండదు. పనస కాయ కోసినట్లు (Zymosis).

7)Abdomen distended. కడుపు గట్టిపడును. బిగదీయును రాయిలాగా. Gums may bleed. Lips may bleed. Tongue may bleed. Putrid odours. శవ గంధము. కోడిగ్రుడ్లు మురిగిన వాసన. నీచు వాసన. Cadaverous smell. కళేబరం (సంస్కృతం).

8)All discharges putrid. దేహ స్రావాలన్నీ దుర్వాసన urine or stool, sweat.

9)Lies upon one side, curled like a dog. ఒక పక్క ఒత్తిగిలి ముడుచుకుని చుట్టుకుని పండుకొనును. (కామా పెట్టినట్లు).

10)Any bleeding is black and offensive. రక్తం దుర్వాసన, నలుపు.

11)The neck too tired. నిస్సత్తువ అగును. Cannot carry his neck in any position. తల నిలపలేడు.

12)Yellow discharges. విరేచనం గాని, urine గాని, ఇతర స్రావములు గాని are may be black and dark.

13)The lips, tongue ulcerated. Tongue has a dirty coating. నాలుక పై కప్పు వేయును. Most probably yellowish. Streaks of blood on lips. Throat very painful, swollen, ulcerated. Saliva flows over the pillow.

14)Sometimes the skin of the urethra is ulcerated. (All the conditions are of zymotic fever) విషంతో చనిపోవును. ప్రాణ ప్రమాదకరములు with wonderful speed. Baptisia cures. No time should be given. Normal touch కాకుండా ఒకటి రెండు రోజులు temperature run ఐతే Baptisia or Arnica గుర్తు రావాలి. వెంటనే Baptisia వెయ్యాలో లేదో అని. In early stage give Baptisia 30.

Observe speed of the recovery. If not responding give another dose. Safely

the patient recovers in cases not yet gone to danger. If in critical situation 200 or 1M also. If the stupor is controlled you are sure of recovery.

Tongue of Baptisia → sometimes it is swollen with salivation. (All mercury medicines). Carefully to be chosen. Sometimes it is other way sound.

15) Tongue leather-like cannot move it. No control over his physical tongue. (Acid mur). Paralysed condition of the tongue just like a wooden tongue or leather. No capacity to swallow anything at all.

16) Fever does not run very high. (103° maximum generally). Having involuntary talking and muttering type of delirium. (Non-violent). Passive type. It is highly dangerous. Violent is less dangerous.

Symptoms are violent → case is less dangerous. Symptoms are passive and do not appear and disappear → Case very dangerous. The more violent the vital force is the more forceful is the fight and more violent are the symptoms. That is the reason why Homoeo is against treating symptoms. తీవ్రముగా నిషేధింపబడినది. వ్యాధి తగ్గుటకు అవకాశం లేని వారికి మాత్రం అది వాడబడును. Never pain killers—except in incurability. Hahnemann గాలి దూరేంత సందు కూడా తన writings లో ఇవ్వలేదు. Symptoms are only messengers according to him. వానిలో దోషం లేదు. You have no guidance when the symptoms are suppressed.

Symptoms are used to select the remedy.

## **Causation:**

- 1) Drinking poisonous water, food poisoning, bath in muddy waters, drainage poisoning. Cities లో ఎక్కువ.
- 2) Inhaling poisonous gases.

## **Drug Relationship:**

Complementaries: 1. Arnica mont, 2. Arsenic alb. 3. Bryonia 4. Gelsemium 5. Hyoscyamus 6. Lachesis, 7. Acid nit 8. Muriatic acid 9. Nux vomica 10. Opium 11. Rhustox 12. Silicia.

No Inimicals.

## **LACHESIS**

Keynote is evil nature. దుష్టత్వం. Evil fellows are very rare. దుష్టుడు - దుర్బలులు వేరు. Who sponsor evil. Copying is only weakness. If a student cuts the pages in a library is an evil. They instigate to do bad things. Many are vulnerable to bad advices. Who instigate to throw stones are evil fellows. Who actually tuned are weak fellows.

Crime advises - crime commuters. Always evil fellow escapes, weak fellow have no back bones. Good people have least no back bones. But evil fellows have more backbones. Outright criminals. Kent calls Lachesis "The snake in man". The one who tempts are to evil story of Bible Serpent – Satan instigates the fall of man. You can convert criminals into good i.e.

your crime nature → Opium, Tuberculinum, Stramonium, Agaricus, Caladium, Bufo, Anacardium, Lachesis. Cannabis ind, Cannabis sativa (గంజాయిలు). Police officers in Germany joined hands with homoeo doctors and converted many criminals.

Magic of the minimum dose – Shepherd writes about Drosera. Drosera is not a criminal drug. Only devil inspiring events led to Hitler. In a fit a lot, impulse has done harm to him. Conscious criminals.

Cannabis → Ruthless killing. Physical blood suckers. Man eaters.

Lachesis patients are different from Lachesis chronic or constitutional patients. Long acting and deep acting remedy. అపరాధ బుద్ధిని క్రమపరచును. When treated continuously or sufficiently in high potencies bring a total change in personality.

### **False Symptoms:**

1) Inflammation of various parts. పుండ్లు, ఒరుపులు, కురుపులు. Most probably throat repeatedly. Ulcers are very deep, can't be cured. Bluish or blackish. Oozes blackish liquid. Ulcer lives for years. Leprosy and allied diseases, carbuncle, gangrene. Sugar in urine. Blood sugar, cancer in various parts. Ulcers that are obstinate to heal (Aur.met, Aur.mur, Aur.ars, Kali bich, Acid nit, Tarantula, Ambragriesia, Syphillinum, Merc.sol). They may be caused due to injury. Glands are effected. Painful glands and becoming ulcers.

2)Heart diseases that are not congenital. Chief condition is great palpitation. Least movement causes great palpitation.

3Throat troubles. Throat cancer, diphtheria cures in minutes and saves life (Apis and Lachesis), Ovary troubles. Headaches of a very severe type.

పార్శ్వపు నొప్పులు, hypertension, తలనొప్పులు, headaches lead to facial paralysis or brain paralysis. (intellectual centers దెబ్బతింటాయి). Insanity of a criminal type, melancholy type, ideas to murder, homicide murderous instincts. Go on suspecting people that they are contrives to murder him.

4)Typhoid, zymotic type of fever. Dangerous disease రోగిని చంపి తీరుతాయి. Paralysis more often due to hypertension of throat, face, hand or leg. Also in pneumonia, poisonous fevers after delivery. Fistula of the anus. Piles, menstrual diseases, eye troubles, cataracts, deafness caused by hypertension. Jaundice, diabetes.

### **Constitutional Symptoms:**

Feeble heart is the key note but not any deformity. He may develop into a feeble heart. A fainting type of mentality after exertion, weakness. శోష వచ్చినట్లు, దిమ్మ తిరిగినట్లు, సొమ్మసిల్లినట్లు. Patient is generally cold, lacking in the normal heat. Cold palms and soles especially in cold seasons and cold countries. Has to protect his extremities. Goes to cold and heat generating capacity is less. Chilly cannot endure the chill. Likes to be covered always. Old Lachesis people go into the street covered. He is always anxious that someone may do some harm. Face is anxious. ఆదుర్దా.

He is continuously remarking about somebody in his absence. He goes on talking about others. Narrating his complaints continuously, never stops. Loquacity, incessant talking. Idiots who talk in telephones for hours. Patients who talk too much about symptoms. Goes on complaining about himself. More selfish about talking about himself. తన ఆయుష్యం, ఆరోగ్యం అనుభవం. Always he is in distress. దుర్భ్రమ ఆపదలో ఉన్నట్లు. Face is coloured blue or blackish or purple. Discolouration or the saddle of discoloration (గుర్భ్ర జీనులు). Poisonous deposits in the blood. Eyes engorged. కళ్ళు పొడుచుకుని వస్తాయి in old people with hypertension. In Thyroidine, Iodine → eyes protrude. Many times he suffers from vertigo. Any illness makes the skin yellowish (liver diseases), yellowish eyes for many years. Sore eruption on the face (Natrum mur, Apis mel), face pale తెల్లబారినట్లు, face cold especially the nose and ears, circulation of blood is not even. Cannot walk briskly. If walks gets palpitation, breathlessness, short breath. No continuity of purpose in life.

### **Mental Symptoms:**

1) Cloudy mind మసకబారిన మానసిక శక్తి. Perception is not easy. No bright side in life. Loses the capacity to appreciate anything in life. Becomes more conscious of the darker side of life. No capacity to enjoy good things in the world. సంతోషపడు శక్తి కోల్పోవును.

2) Strange notions: Take everyone that he is a rogue unless he is proved. If at all it may not be connected → his logic. He wants to store the medicine when the patient is too dangerous with disease.

3) In some notions:- పిచ్చి భావ పరంపరలు. Feels wife is misbehaving in his absence. Develops an idea to lock his house when he is out. A lecturer in Guntur, horrible experience – talks very ill of his wife, manhandles, dual thoughts, develops sadism, persuades her to accept that she is misbehaving.

Feels it is whims and fancies – suspects his son and rejects him to send out for education. If son is successful, he is sad, wants to prove that he is not eligible.

4) Jealousy – Peculiar jealousy of his own son, wife. If they are happy he is too unhappy. Creates some situations that are unhappy. Mother sleeps between son and daughter-in-law.

Suspicious → everyone in the world, లోకువ భార్యా బిడ్డలు (Hyoscyamus). He tries to prove that everyone is a sex criminal. Goes on commenting about the wives of others in clubs. Takes pleasure in feeling that others are sex criminals. Passes horrible and dangerous comments on others.

రామాయణ విషవృక్షం. Takes a cruel and crafty and cunning. in framing the stories and makes others believe. Officer feels that his servants are talking about himself. నా గురించి కళ్ళల్లో నిప్పులు పోసుకుంటారు అంటాడు. Books borrowed and never returned. Sure that everybody is plotting against him.

Physically damage చెయ్యాలంటున్నారని రోగి feel అవుతాడు. Suspects police. కొందరు మారువేషాల్లో తన్ను గమనిస్తున్నారని అనుమానం. Why should others know my name?

5)Self conscious – ఆత్మజ్ఞానం కాదు. His interests. మీకేం కావాలో వినిపించుకోడు. His own requests, needs. Kent says → he is always after himself. If you say that somebody is ill, he says that he is too ill. ఓ అని ఏడుస్తాడు. Lives in his own world. ఇంక ఆపటం ఉండదు. చెబుతూనే ఉంటాడు.

6)Hatred – Gradually the number of people increases. వాడు ఇంటికి పోవాలి. Vindictive. కసి తీర్చుకునే బుద్ధి. Tries to do it and sees that it is done. Takes pleasure in taking revenge.

7)Cruelty – Poisons a fellow with food poison. Takes pride in it. Improper love of self. Continuous confusion of mind. చిందరవందరగా ఉండురు. Wrongly remembers. Telephone numbers, house addresses మర్చిపోతాడు. Thoughts come and go and disappear. ఊహించలేడు. Cannot think a thought completely. Mishandles files.

8)Impulsive insanity – Person may do anything in a split second. May throw something upon others.

9)Another aspect is – tired mind (especially in acute diseases) cannot pursue his thoughts. ఊహించలేడు high fevers లో. Thick lips and heavy tongue. Very difficult to speak. Commits blunders in speech, misplaces words and mis-spells. ఎవరో విషమిచ్చారంటాడు. He cannot pronounce

words correctly. He has a besotted face. Swollen eyes, eyelids. He seems as if drunk. త్రాగినట్లుండును. Speaks as if drunk. Broken sentences. Intoxicated mind. Spells first half of the word and drops last syllable (Chronic లో గూడ ఉండవచ్చు). Give Lachesis 1M one dose everything normal.

10)He cannot tolerate people talking especially in fevers. Feels like being hammered on head, goes into a muttering type of delirium. He talks of being haunted by police. He talks of her friends or relatives trying to kill her. She talks of heart diseases.

11)Advancing → Patient thinks that he was in a dream. He believes it was dream on life (Alumina, Anacardium). He could not conclude. He lives in a dazed mind.

12)Insanity → that the life hitherto was a dream. ఇదంతా కల అనిపిస్తుంది.

→that she is dead last stages లో end.

→that he is not himself, but some others.

→that he is under the control of a superhuman power. Refers everything to his higher power. He wants to consult his Guru or Master.

→They hear some inner voice.

→No peace of mind at all to the patient semi-insane → that she has done an offence and being chased. Believes that she has stolen others property. Fears police.

→ Religious insanity and self torture. Feels to be purged of all evils.  
ఉపవాసములు. Keeps awake to punish herself against sleep. Always she believes that a hell is prepared for her after death and expects great suffering in future.

13) Loquacity – Involuntary talking. Grow sleepless.

**NOTE:** Ranked symptoms of approaching insanity is sleeplessness or even sleep during the day and night.

14) Over-sensitive to surroundings. తాపత్రయం, అనుమానం, తలుపు గడియ వేయడం తీయడం. (Coffea). Insomnia before insanity (over-sensitivity of sounds). Hears click of the pendulum of the clock, tries to stop it. Very distant sounds are also heard. Sometimes no wink of sleep at all. (Coffee & Lachesis).

Opium లో different → always sleepy but no sleep at all. (fresh all through the night over alert → Coffea).

Coffea → Enthusiastic all through the night.

Lachesis → morose, weak, miserable.

Opium → Sleepy.

15) One word leads to one story → Herring.

**Modalities:** Distinguishing Symptoms:

1)< All symptoms in spring season from Feb 20 or March 21st. Miserable of their head (Aries). Go into prolonged fevers. Summer boils in diabetes.

2)< From cold to warm weather especially in summer.

Cannot put on with the constitution.

Also < from cold to mild rainy weather.

3)< From going into sleep. Entering into sleep. Suddenly wakes up with suffocation. As soon as he gets up he is cured (unmistakable symptom).

Every symptom aggravates and > soon after he is conscious.

Feel miserable in sleep. Sleep is always uncomfortable. నిద్రలో చూస్తే జాకీ పోయినట్లుంటుంది.

< After a sleep. నిద్ర లేచేటప్పటికీ hammering headache.

నిద్రపోయేటప్పుడు mild. One should spend one hour after sleep.

4)Sight is blurred sometimes after a sleep. Temperature goes high. As a rule sleep is disturbed. బాధాకరంగా ఉంటుంది. Snoring during sleep. Some talk continuously.

Some go walking in sleep (somnambulism).

Somnambulism – (Stramonium, Cannabis indi.).

In some cases they wake up into a melancholic mood everyday అకారణంగా.

A bursting headache also.

**Imp:** After a sleep or during sleep they experience too much of palpitation. He cannot resist the palpitation if he is woken up in sleep.

5)Mental symptoms < bath especially a warm bath.

Palpitation < warm bath.

6)Feet, palms are cold and head hot; head heavy as if the head would burst. Pulsation in the head. తలలో స్పందనలు తలలో చిట్లుతున్నట్లు sensation, puffy, suffocate ఉక్కిరిబిక్కిరిగా ఉండును As if after a heavy dinner.

Heaviness, puffy and pulsation may be left in the heart also. This modality is in acute condition. Pain in chest and throat, choking sensation in throat, swollen feeling in throat. In fevers with throat congestion and diphtheria. face purple, bluish or blackish (in gas poisoning also). జ్వరం లేకపోతే cold sweats is dangerous leads to death. When a spoiled case of typhoid leading to death → A case of fever neglected in the beginning which turns violent goes to Lachesis symptoms.

Hypertension. Also humming sounds in ears. An acute complaint may be there in chronic condition (after a dinner due to loss of sleep, strain etc.). In acute if you give Lachesis 200 it is enough. If he is not cured you can repeat another dose or another drug if necessary. In chronic you should not repeat unless it is necessary and never change the drug if symptoms also change. You have to wait patiently. Lachesis never needs repetition (Saturn లాగా పనిచేస్తుంది) and it is harmful.

7) Warmth can never relieve cold feet. పాదాలు చల్లగా ఉంటే వెచ్చ చేసినా సదుపాయంగా ఉండదు. They continue to be cold. The circulation is awfully disturbed. This symptom is relevant for all snake poison drugs. Lachesis more prominent. For all carbon drugs craving for air, fan air, cool air is definite. People suffer from lack of capacity for oxidation in lungs. Suffocation and hence craving.

All acids & acid drugs have a peculiar nerve trembling with terrible weakness. (Acid phos, Acid oxalic, Acid acetic, Acid carbolic, Acid nitric).

Acid phos → Reluctant to talk with others. Some symptoms are common in same group of drugs - Farrington's Materia Medica doubt వస్తే refer చేయాల్సిన book. Special understanding: you have to master Kent. Then only you can understand it. Kent లో sentences గుర్తుంటే Farrington useful.

8) A paradoxical modality. A patient is cold and chilly. చల్లగా ఉంటుంది. చలి భరించలేడు. In Carbo veg. patient is too cold and craves for cool air. In Laurocerasus శవంలాగా చల్లగా ఉంటాడు. Wants to expose to very cool air. Sleeps in open air even on a bare floor which is cold. This is fatal symptom. All sufferings < warm changes. If the weather is warm fellow goes sick. Cannot take warm water baths. Harmed by warmth – keynote. A complicated drug should be remembered specially.

9) Too much bleeding from little wounds. (Aconite) Death of Jayasurya a famous Homoeopath could not get Aconite that day and died - Fateful day.

There are cases where a shoe made rupture and caused death due to over bleeding.

Uterine hemorrhage. Blood cancer → mass destruction of red corpuscles and increase in white corpuscles is leukemia. A/o capacity to coagulate for blood wherever blood coagulates it turns black. It gives offensive smell.

దుర్వాసన.

10)Parts turn black. Dangerous. Also turns offensive and some ulcers turns black. Boot turns black. Contact points turn black. Black scar where ring is worn, earrings, spectacles (pressure points ఉన్న చోట్ల) ankle points and little toe. [Thuja, Rhustox, Merc sol, Vipera, Aurum met, Arum ars Apis mel].

May develop cancer, gangrene or so after a time a dangerous condition may develop. When the nerve damage – Bellis per. If the patient has no disease except black → Give Sulphur 200. You get all his symptoms. వ్యాధి కారణములైనచో → బాహ్య కారణములకు Bellis per.

11)Ulcers eat away. Parts eat away. Eats deeper or wider and becomes black [Aurum met, Aurum mur, Syphillinum, Kali bich, Tarantula, all Mercury drugs].

If turns black → Lachesis.

Completely circular → Kali bich.

Leprosy:-

A stage of incurability → continues with physicals, but he is perfectly healthy in all respects. Should not be given deeper drugs. If physicals better and patient worse, it is of no use.

12) For ladies → varicose condition, veins enlarge తాళ్ళలాగా. In cooler countries it is more. About 4th or 5th lady suffer from this. Air touching the skin is no possibility. Surgeons remove the veins. For ladies after gestation or pregnancy (2nd or 3rd month) very sure symptoms – Herrings & Allen. Lachesis is more often indicated remedies in pregnancy. Neuralgic or muscular pain in leg left or right and pain appears only in pregnancies until delivery – Lachesis.

13) a) Symptoms predominantly left sided. Heaviness of left hand and left leg (Spigelia, Helleborus). A special list of drugs which are left sided. Numbness left sided, crawling sensation in the left hand, formication, pains, burnings.

If right sided Lycopodium, Sanguinaria. If it is tonsillitis left tonsil swells → Lachesis.

b) Symptoms start on left side and travel to right side (Lachesis). Cataract first in left eye and then right eye (Lachesis).

Joint pains rheumatic pains.

Left → Right – Lachesis and others.

Right → Left – Lyco and others.

ఎడం పక్క వచ్చి తగ్గి మరల కుడి పక్కకు వస్తుంది. Again disappear.

Symptoms alternates on sides or the body [Lac caninum – snakes in sleep].

14) Suffocation when wrapped. Never allows his head covered. Never bear any cover on his chest. Herring → collar cannot expose the beak portion of the head to open air or cool air.

15) Cannot have tight band around the waist. You have to loosen his garments when he is seriously ill and unconscious. He wants the windows open.

In all snake poisons cannot have tight clothes at the waist. You have to remove all tobaccos from his body. Tobacco never used. To loose his garments, to take off all tobaccos when snake is bite. Nobody should smoke in the vicinity.

16) He cannot breathe. శ్వాస కష్టంగా ఉండును. Heavy breath (A situation after a dinner). Air not sufficient to breath (Bromium). Bromium → feels suffocation when breaths in & when breaths out coughs.

17) Audible heartbeat. ఇతరులకు, తనకు కూడా వినిపించును. We can see the pulsation at the neck.

18) Heart symptoms < morning upto 8.30 or 9.00 A.M. A crisis precipitates in the morning.

19) Mental symptoms ↔ Heart symptoms.

Whenever the heart disease is better, worse mentally and whenever the heart is worse, mentally better. This is in sufficiently advanced cases of heart diseases. Incurability. గుండె జబ్బు శాశ్వతంగా నివారణ అయి, patient

becomes insane. పిచ్చిని నయం చేసినచో గుండె జబ్బు వచ్చి మరణించును. Palliation is → treat the heart disease and leave him insane. If he is lucky with Lachesis, remain insane with some heart trouble. Many mental patients are stronger in beginning.

Note:- Mentals ↔ Tuberculosis of lungs.

Rapid cure పనికిరాదు. Slow గా treat చేయాలి, lower potencies లో try చేయాలి.

[Bufo, Zincum met, Agaricus, Baryta carb].

Conversely, we understand one principle. Disease is transferred to mental plane if any danger is to the physical body. Wants to postpone the things. Chronic cases of insanity ని treat చేసేటప్పుడు చాలా careful గా ఉండాలి. Too careful. Children with congenital idiocy or half idiocy. They don't go to school. Instinctive disobedience. Start with Agaricus, Bufo. Never Sulphur or Natrum mur in high potencies. Very dangerous. Physicals aggravate. Intercurrent drugs are necessary. [Tuberculinum now & then] may be Opium. Sings, dances, talks of genitals, exposes parts private, suspicious → give him Hyos. 1M. If he gets again never he can be cured. If Hyoscyamus cures no danger. He will not get T.B. Because Hyos. is not a deeper anti-miasmatic drug.

Read Organon carefully about this.

Select one of the anti miasmatic, anti-tubercular drug – Select from group.

Palpitation.

Weakness.

Sinking sensation.

Cold sweat.

< Change of climate.

< Warm applications.

Mental symptoms

a)go on narrating unnecessary too many more troubles.

శిరస్సు నుండి పాదం దాకా.

b)Talking ill of others.

c)Devils in the house.

With a single dose complete cure is possible Lachesis 200 one dose.

Mentals get better & physicals also better next. Don't change the drug or repeat.

Unless there is a marked difference and needs repetition – give Lachesis 1M. Because snake poisons work in increasing dilutions. The symptoms of the drugs may settle in the constitution if repeated more times. These drugs should not be repeated often → Lachesis, Drosera, Arsenic alb (Drosera is one of the deep, long acting drugs. Be careful. May spit blood).

The patient is very much irritated on the talk of others. Goes into an emotion of. శ్వాస లేకుండా తిడతారు. Talk in a very high tone & speed. Get exhausted and stop → Drug of Hitler. Also a frequent irritations of throat.

Dorothy Shefard says

– Physician's Posy → Drosera materia medica.

Magic of a minimum dose → Magic of the more minimum dose.

Drosera:

Drugs like China 30,200 you can repeat freely. Sulphur 6 or 30, Puls 6, 30 (Important – clearance of old symptoms). The symptoms come to an order. You can freely use it. How not to do → She gave the list of mistakes she has committed in her early days of practice. She described Ars alb – heart patient – Jaundice. He was improved with Ars alb, repeated weekly placebo. But gave another dose and patient died.

Phosphorus is also another drug. In lungs haemorrhage Lachesis ranked high.

20) Headache ↔ Heart disease.

Into awful headaches. Left sided most probably. They may develop other sides also. Cannot see, cannot speak. He cannot bear any chill, cannot bear any warm applications. Analgin, Aspro → develops heart symptoms. One disease transforms into another form of disease.

It is called Metastasis - In a narrow sense it is termed as cancer by modern allopaths. When treated headaches may reappear. Don't bother. Headache symptoms also go off in future.

Loose motions ↔ blonde.

Bony.  
Emaciated (చిక్కీపోవు).  
Eyes hollow.

Breath  
Speedy abnormal growth. రథం లాగా, since puberty.  
Constipation.  
Eye troubles, headache.

Phosphorus అనుకుంటారు. (బంగారంలా పనిచేస్తుంది, చంపుతుంది).

So take history of case → Abrotanum is the correct drug. You should not give any other medicine. పొరపాటున Phosphorus వేసినా Abrotanum తరువాత వేయవచ్చు. Metastasis అయితే తప్పకుండా Abrotanum. Even Kent may do like that. Information of past history is important. Then it is checked. Can be repeated freely. Never harms a patient. Drugs nature లో తేడా తెలుసుకోవాలి.

21)Aversion to work. Cannot do anything and cannot think also. Mental weakness వస్తుంది.

22) < all complaints from lying down. పండుకొంటే సుత్తులు వాయిస్తుంది. Suffocation వస్తుంది.

23)Surging sensation – రక్తం అంతా ఒకచోటికి కూడుకుంటున్నట్లు sensation. Especially head. Head heavy or sometimes heart also. రక్తాన్ని సర్దుతాడు.

24)Waves of pain అలల లాంటి headache. This agrees with his pulse. Synchronizes with pulse.

25) < any pain from changing position or moving exactly like Bryonia or Belladonna.

26)Headaches of Lachesis –

a)Begins in the morning and may continue for any length of time. It starts with end of sleep. When he wakes up he is still worse with it.

b)Vertigo, nausea & vomitings.

c)Thoughts vanish. Cannot think.

d)Inclined to turn to the left. (The same thing in epilepsy of Lachesis).

Epilepsy patient more often gets in sleep.

e)The extremities are cold (Same thing in epilepsy also).

f)All blood vessels pulsate. సంకోచ వ్యాకోచములు పొందును. May get a socking sensation also [Kreosote].

g)Weight and pressure are more mentally. శరీరం బరువుగా ఉండును. నొక్కబడుచున్నట్లు పీడనం ఉండును. Sometimes it is a symptom which precedes paralysis.

27)> Hard pressure (Bry).

28)< Mild touch.

< Touch of cloth especially at the waist and throat. Garments never liked.

< from noise - also conversation.

29)Hoot sensation (గుర్రపునాడా).  Pain ఈ ఆకారంలో ఉంటుంది. పిక్కల్లో నొప్పి, headache (Bacillinum).

30)Any touch on the throat results in pain in the eyeball. Anything introduced into ears which results in severe cough.

31)Tickling cough

## **Causations:**

1)Sever disappointment.

2)Failure in examination. (Lachesis, Lyco, Natrum mur, Aurum met, Argentinum nit, Cal carb, Silicia, Staphisagria (Practical joke → Nausea, vomitings, stomachache, loose motions → Colocynth).

3)Love disappointments → Permanent insanities.

4)Shattered hopes (Lachesis, Lyco or NM). Becomes morose. No liking to meet friends. No liking to conversation. Feels head heavy. Severe headaches developed. Cannot think or read. Becomes suspicious of everyone. Very much pain of left shoulder. > pressure goes to extremities → Paralytic.

5)Severe grief. [Lachesis, Lycopodium, Ignatia, Natrum mur, Hyoscyamus, Acid phos, Arum met].

6)History of snake bite.

## **Relationship:**

Antidotes → 1. Radiating heat (పొయ్యి దగ్గరగానీ, వేడి దగ్గర గాని) Even hot sun and hot water bath. 2. Alcohol is a sure antidote (బుడ్డి కొట్టడం), crude salt – Brine water.

Allumina, Ars alb, Belladonna, Cocc indicus, Coffea, Hepar sulph, Merc sol, Nitric acid, Nux vomica, Phosphoric acid. Crotalus, Rhustox — All are complementaries.

Inimicals → Dulcamara (before or after), Acetic acid.

## LYCOPODIUM

It is closely related with Lachesis. Very strong complementaries. It should be read after Lachesis. Goes deep which constitution and causes deeper.

Remember that misuse of Lycopodium results in diseases which are never can be cured by any system on earth. (Acid phos, Sulphur, Calc carb, Bufo, Conium, Baryta carb, All anti-miasmatic medicines). It cures a person permanently.

Deep and long-acting remedy. 10M 5 years పనిచేయచ్చు. Anti miasmatic దీర్ఘవ్యాధి నివారణ ఔషధములలో ఒకటి. Cures Psora & sycosis, Syphilis.

Deeper in all three miasms. సంపూర్ణ నివారణ. Compared with Sulphur in depth. It effects all the tissues of body. Blood, muscles and nerves. First column.

### **False diseases:**

1)All liver diseases, disfunctioning of liver cirrhosis, jaundice all types, hydrothorax, ascites.

2)All types of heart diseases, fatty degeneration of heart, దుర్బలత్వం, dropsy of heart, dilatation of heart, హృదయ వైశాల్యం.

3)All diseases of blood, deficiency of red corpuscles, పాండు క్షయ. Chemical,rapid fall of RBC. Leukaemia or blood cancer.

4)Pains in joints, swelling (RT లాగా). Ankles effected. Abscesses, కురుపులు. Very deep. లోతైనవి (మంగళగిరి బావులల్లే). Very deep, syphilitic, in their nature.

5)Unaccountable weakness. No inclination to attend his duties. Lack of self-confidence.

6) Urine troubles. Coloured urine. Albumin urea. Diabetis mellitus (మధువు). Pus cells. Blood cells. మొదలగు వ్యాధులు. Sedimentation urine, painful feet. Gradually cannot walk, awkward walking, gangrene and cancers (miracles with Lyco). Lady of 55 years. Cancer of calf bone. She was sent home. Luckily not given radiotherapy (Typical Lyco) Lyco 30. Ulcer healed in weeks. Postponement అని డాక్టర్ ఒప్పుకోడు.

Acute diseases → Typhoid. పొట్ట ఉబ్బరం. Gas formation. Urine sedimented. Joint pains. 2nd or 3rd week crucial. Face covered with cold sweat. Face a bit bluish. Blue rings round the eyes. Wings of the nose flap (హంస లేస్తుంది).

Lack of oxygen assimilation. Drops his jaw. Lyco 200 may cure the whole ears. Severe headaches. Especially పార్శ్వపు నొప్పులు.

Loss of memory. Cannot recognize his friends in old age. Weeps when sees friends or relatives. Going to get paralytic attack.

Impotency in males. If he requires, he is cured. If not he will definitely become impotent. Many homeopaths have spoiled the cases of impotency with Lyco. permanently. Old husband of a second wife. Lyco is useful more in children and old people. Hering says – useful in two ends of life.

### **Constitutional Symptoms:**

Fellow is puffy. As if bloated from within. Feels puffy. He has no place inside enough to breath – Hering (very Important). Full and stuffy. Feels bloated.

శనగగింజ నానేసినట్లు. Feels suffocated. ఉక్కిరిబిక్కిరి గా. Smothered with smoke. Smoked-Hering. He cannot walk fast. Cannot walk a distance.

Cannot climb a gradient. Lyco. వాడికి Vizag punishment because of ups and downs. Cannot climb upstairs. Loses his breath. He sweats. He has only cold sweats (శవంలాగా). Skin lacks in heat. Colder than normal. Circulation is sluggish (Carbo veg). No rapid repair of the skin when injured. Goes to suppuration. Capillary haemorrhage. Clotting of blood. Many such clots. He may be with spots. **Imp.** Lyco. It may be a crust. Nervous, కంగారు, anxious, timid(పిరికి). No self-confidence. Often disturbed in emotions.

కల్లోలమగును. Easily weeps. Uncontrollable. Sometimes begins to talk emotionally. ఆవేశాత్మకంగా తన సంభాషణను ఆపలేడు. (Restless in mind and body – Hering). He cannot take rest. Cannot relax. Mind in high tension. Flatulency. కడుపులో బిగుతు, ఉబ్బరం. Gas formation. Belching,

eructations. ఎప్పుడూ భోంచేసినట్లు (Carbo Veg, China). Much gas escapes as flatus. Traffic on both the sides. Palpitation of the heart. Physically he may be fatty and obese. Put up weight, but weak, palpitation, heart heavy. fainting sensation. Short breath. Voice enfeebled. స్వరం తగ్గుతుంది. Skin diseases appear like Natrum mur. Skin diseases in folds. మడతలలో. Line between hair and face. Ulceration. Skin becomes thick on the body in the thighs, on back, in the chest and throat. శగ్గడ్డలు summer లో. The boils that are cured will reopen sometime. Scar develops into a refill (peculiarity). Ulcers open up after some years. Walk becomes limping and awkward. Loses his hair.

### **Mental Symptoms:**

1) Lack of self confidence. విశ్వాసము తనపై కోల్పోవుట. Cannot face exams. He cannot pass through exams. He believes like that. Lawyer is afraid of arguing the cases. Tries to avoid. Lecturer cannot face people. If he just starts it is ok. ఎవరో ఒకరు తోస్తూ ఉండాలి. "Lost his mental power" feels like that.

2) Same fixed ideas. Everything he eats turns into gas. (Because of much gas in stomach).

3) Irregular hunger. ఆకలి పరిస్థితి తారుమారుగా ఉండును. At times not hungry at all. All times too hungry, but feels full of the first morsel of food. Sometimes when he sees food feels the stomach full. ఎంతైనా తినగలను అనుకుంటాడు. But loses the idea as soon as he sees food.

4)Cannot bear any noises at all (Ars. alb. Ignatia, Coffea, Borax, Arnica, Theridion, Natrum mur, Opium, Antim crude) and noise makes him more suffocated. It appears that noise goes through him.

5)Everything disturbs him. Excitement. ఎవరేమి చేసినను అతనిని కల్లోల పరచును. "పలకడు ఉలకడు, ఏమిటి వీడి ఉద్దేశం, ఏంటి అలా మాట్లాడుతాడు" అంటాడు. ఎవరైనా వదిలి పోతే వదిలిపోయాడు అంటాడు. ఉంటే పంది, శని లాగా పట్టుకుంటాడు అంటాడు. Little things annoy him. పిచ్చివానిని గా చేయును. Goes on tantalizing the other fellow.

6)Always fatigued in the mind. నీరసంగా ఉంది అంటాడు. A degree of self pity(Arnica లాగా). Idea gives him much fatigue. Most forgetful always. Forgets keys. Attributes this to others. A sign of excited nature of the fellow. Cannot remember the numbers of telephone etc., figures and addresses.

7)No inclination to undertake things. బాధ్యత స్వీకరించడు. Students ahead of exams (Lyco, Silicia). Generally the health is spoiled before exams. Gets temperature. He wants such things. He wants to seek a cause for his escaping. Same thing in profession also. Go crazy before exams (Psora). He can stand for the exams.

8)Weeps easily at any situation చాలా కాలం తర్వాత చూస్తే. When thanked, while receiving friends weeps easily, when consoled or encouraged.

Keynote of Lyco. is lack of self- confidence. Keynote mental symptom gains prominence more and more when the patient approaches insanity. All physical symptoms disappear when insanity is prominent. When physicals

cured and mentals prominent, case goes into insanity. Lyco. insanity is different from NM patient. Insanity of very deep drugs should be studied separately. Own caricatures of insanity for each drug. అనుభవజ్ఞుడైన వైద్యుడు ఆ ఔషధమును గుర్తించక రోగిని గుర్తించును. కనుక కొందరు ఉన్నాద రోగులను చూచినపుడు అందు ప్రత్యేకముగా ఒక్కొక్కరే ఏ ఉన్నాద ఔషధమునకు సంబంధించిన రోగియో సులభముగా గుర్తించగల్గును.

Instead of searching for a remedy insane patient doctor searches for a drug which is necessary in his future insanity. ఈ రోగికి ఏ ఔషధం ఇవ్వవలెను అని ప్రయత్నించడు.

### **ఔషధ లక్షణములు:**

1)Lack of self confidence.

2)Fixed ideas and notions about certain things. All that he eats is converted into gas. Never hungry and never feels eating. Sharply hungry and wants to eat. When he eats the first morsel of food feels satiated. Feels flatulent. Some feel satiated when see the food. నైవేద్యం పెడితే సరిపోతుంది. He could not bear any noise at all. Sounds pierce through him.

### **Peculiar action of Opium**

Fellow suffering from utter insomnia. Give him one dose of crude opium. He sleeps well. But insomnia becomes worse after 3 days. Same case with sedatives. After a few days cannot sleep without it. Doctor addicted or drug addicted. Insomnia is only a symptom which should not be cured. When

Opium given it brings dullness to the brain. Action of Opium. Then vital force becomes furious about the matter and reacts well and tries to oppose Opium and result of Opium is thrown out and the symptom of insomnia is more prominent. Even then it should not be suppressed. Opium వేసుకున్నా tablets వేసుకున్నా ఒకటే. University లో చదివినా private గా చదివినా syllabus ఒకటేలాగా.

Primary action of Opium → sleeping well and dizziness. Dullness. Secondary action of Opium → Insomnia, sleeplessness. As a rule all narcotics they have two types of actions opposite to one another. All the drugs (Tabaccum, Cinnamon). Therefore there are two sets of people who need Opium, who are ready with symptoms of opium. Those ready with primary action symptoms and those having secondary action symptoms. ప్రాథమిక వేదనలు ద్వితీయ కక్ష్య లోని వేదనలతో సామ్యం చెందియుండును.

Narcotic drugs two sets of peopleకి వాడగలవాడు మొనగాడు.

Dullness	Fear – భయం
Sleep	Irritability, nervous
Stupor	Fear as if they have done something wrong.
Sleepy but no sleep.	Feel criminals.
Heaviness and dullness of eye lids.	Insomnia
Dull headache on the forehead. లారీ సరుకు దింపినట్లు ఉంటుంది.	Feel body very light.

Senses become dull.	Thrown when they are walking.
He has no reports of any troubles anywhere in the constitution because telephone wires are cut. "A false sense of wellbeing". A gradual slackening of organs. Urinary tract is paralyzed. మండలావర్తంగా. Loses its capacity to be expelled.	Too sensitive to all senses (sound also).

Paralyzation of rectum:-

We should sparingly use the drugs. Narcotics very dangerous. వెర్రి వేయి విధాలు. Psychologists phone ద్వారా నిద్రపుచ్చుతారు. In USA \$2000 for sleep. Plundering money. Dr. Joseph addicts. In 1975, he telephoned me asked about his programs. Are you sleeping? We Indians suffer from too much sleeping. White race people have no sleep.

A wolf about individuality in whites. Browns and blacks are best intelligent and dependent. We taste the hell of it. Fate of many Western families.

Lycopodium is the drug which neutralizes the narcotics. Many times addicts of narcotics require Lyco. మాదక ద్రవ్యములచే ఏర్పడిన నిద్రాహీన స్థితి ని అవలీలగా నిర్మూలనము చేయును.

### **Mental Symptoms:**

Little things annoy him. He is mentally fatigued.

Hering says "He is not enough for the situation". For any thing అదైర్యం. This is the basic cause of self-confidence. An instinctive dislike to accept responsibility. స్వాభావికమైన విముఖత. Many bury their papers in almyrahs. This is because they feel it a nuisance. The more he draws, the more he shirks from responsibility. Since 3000 years we are ruled by foreigners better. But we are still unhappy when we are independent. A constitutional remedy for India. An invited impotency. Never impotent. A psychological one transformed into physical. Environmentally he feels. He succumbs to his mental. Never Lyco should be given when there is physical impotency. Many are married with impotency(misused).

9)Utter forgetfulness. ఏ క్షణమునకు ఆ క్షణమే మరుపు. Keys are forgotten.

10)Always worried, pre-occupied పర ధ్యానం. Allen says → Always ahead of what is going on. Quite useless from the present situation because it is worried of the future. When meditates mind is not on God but on officer. When goes to office feels about the enjoyment of mind – Meditation is only happiness at present. Past incidents boasting or fear of future plans. Never destined not to live in the present. Everything lives in present, but the mind will not live (Anticipation & Apprehension). Cannot hear the radio programs when it is actually broadcasted. కురుపు సలిపినట్లు సలుపుతాడు. Never hears music, but talks of it. No growth in the human beings after infancy. Filarial growth. మనిషి grow అవడం ఉండదు grow in knowledge. Information వుండదు. We don't go, we cannot plan with our environment.

When we cannot play we lost, we cannot grow them. Growth of personality, growth of soul, growth of awareness is not then unless it is there it is never a growth. (Lyco, NM, Sulphur, Thuja, Nux and Medorrhinum). Idiotic type of intellectual growth. It is only an outer growth of ourselves. We should not depend on it. This complex is prominent in Lyco. You should spare a few minutes on the Allen &Herring., enjoy the sentences. Greedy recording is gathering water in bottomless pot. It is 20th Century student type of reading. Vet type of memory tests. Stunning way of uneducating a mind.

The alignment of human awareness → Education.

11)Always apprehensive. భవిషత్తును గూర్చి కీడు శంకించును. Suddenly in office he feels my wife is in danger. Fire engine sound వినిపిస్తే మన ఇళ్ళు తగలబడుతున్నాయంటాడు. Common sense ఉండదు. Somebody may die when dinner is served.He weeps suddenly. He sinks down.

12)Highly elated and he speaks about all fine things. చాలా సరదాగా ఉంటాడు. Laughs too much then, because he is diffident that he cannot laugh in the next moment.

Apprehensive (Acid phos, NM, Arg.nit, Hyoscyamus (more) Aurum Met someones) వారానికి మందిస్తే ఏమండీ మధ్యలో ఏమన్నా అయితే అంటాడు. Please stay at Visakhapatnam. Then he says he cannot stay. Chain logic of Hyosc. Until the first dose of Hyos. works he is not well.

Kent says – Kill one's joy. ఉసూరుగాళ్ళు.

You have to kill your joy also if you with them. Nothing is impossible in their view.

13) Dread to appear before public for those lawyers, doctors, professors, journalists and actors, dancers opera men, circus artists. Many go into Lyco. for causation (Undue strain to nerves & brain).

14)Fears loneliness. But he cannot bear company of others.

ఒంటరితనమన్న భయం, జనాలంటే భరించలేడు. Feels others presence as strain to him. Feels lonely. Essentially never travels alone. Very much believes in insurance logic. If we die what happens [Lyco, Silicea never prefer to travel alone –Arg nit, Aurum met → ఒకరికొకరు ధైర్యం చెబుతారు. Each expects other to save him ఎవ్వరికీ వంకాయంత గుండె కాయ ఉండదు అంటాడు. Cannot bear crowd at all. His family should live downstairs. He should be in the upstairs lonely → A paradox in life.

15)Dislikes the company of strangers. He should be alert in mind for which he is not prepared. తన Yesmen అంటే గౌరవం (భార్య, బిళ్ళ బండ్రోతు) familiar people లోకువ అయిన వారు. Never likes prolonged company of vip's and superiors.

16)All the things make him feel he is prematurely old 3 types of people.

One set feel → they are ok.

Second set feel → I am already forty.

Third set feel → I am only forty (conscious of time from two ends of life. Birth and death. Before I die అంటుంటారు. Weeping after time. An imaginary entity in a deserved mind → Time). Time never exists. Our own idiocy change is law and feeling of change is time. In animals fear is there. An instinct as protection as fear in animals. So it is meaningful. In humans it is intellectualization. Defects of fear being intellectualization. Misuse of our intellect. Miserable conditions.

Time condition-----death condition.

17)Dread of misfortune: That he loses his job. ఉద్యోగం పోతుందని, ఉన్నది చేసుకోడు. We may lose our business, we may be asked to vacate the house, one by one in the family may die.

18)Dread of mistakes. Fears commits mistakes. Never accepts a challenge in his field.

19)No taste for life. జీవితం అన్నచో ఉత్సాహం లేదు. That never means that he has suicidal mania. Loses interest gradually. ఉత్సాహం ఉండదు. Loses. Goes into a type of religious insanity. తాత్వికమైన ఉన్మాదము. He believes that nothing in the world is real and permanent. If real philosopher feels like that it is alright. He becomes more stronger. But a patient goes into weakness. A dislike for mankind, misanthropy. ఇతరులన్నచో ఆదరం విశ్వాసం నశించును. Disease. Feels life empty. శూన్యం అంటాడు. Previously everything was fine. But now everything is useless and truthless.

నిస్సారములనిపించును, i.e. how he feels. Gradually he begins to sit and

brood over things. As disease increases the no. of hours he sits increases. వ్యాధి ముదిరిన కొలది అతను ఒంటరిగా చింతనచేయు కాలవ్యవధి పెరుగును. He thinks and thinks about his environment and people. ఏం లాభం లేదు అనుకొంటాడు. At times he weeps lonely (Pulsatilla). Pulsatilla & Lyco. are very similar in mentals. Pulsatilla → When narrating things about wealth and health (కుండపోతగా) weeps in silence when he is alone (Lyco). He is conscious of his capabilities are gone. Everything is vacuum of enthusiasm. Weeps when thanked to express his gratitude. సన్నానిస్తే ఎవడిక్కావాలి ఈ రోజుల్లో అని ఏడుస్తాడు. ఉద్రేకపడి కవిత్యం రాస్తాడు. Mike దగ్గర ఏడుస్తాడు. Weeps when sees persons after a long time. Some people when it is too late go into paralysis. Involuntary weeping. మంగళహారతి పాడినట్లు పాడతాడు పక్షవాతంలో ఏడుపు (Aurum met, Ignatia, Lyco, Acid phos).

Herring says → emotions disturbed.

20) Gradually he withdraws from his routine work. క్రమంగా తన వృత్తిధర్మముల నుండి విముఖత చెందును (Lyco, Tuberculinum). Closes his business and sits at home. Go into darkness and sit in house – Poor wife suffers a lot. Strains too much. Work and feed their children. It is more in western countries. A lady of 65 years – horrible headaches – Insomnia – A drunkard son – she has to earn for his drink also – Hits head also – lady → (Staphysagria, Colocynth, Phosphorous, Opium).

21)Another mental symptom: when he begins to laugh he laughs horribly. A hallow laugh. About 30% professional doctors now a days are like that. అరగంటలో ఒక్క మనిషిలో 4-5గురు కావాలి. Tranquilizers వల్ల వస్తుంది. Drug addicts.

22)Gradually the fellow becomes selfish and unilateral for his considerations. ముందు నాకు అన్నం పెట్టమంటాడు. రోగులకు కూడా ముందు పెట్టనీయడు.

### **Modalities:**

1)Right sided headaches. Pain in the right shoulder, right hip. Neuralgic pain over right hand & right leg. నరాల నొప్పులు, Paralysis right sided, right ear troubles, right facial paralysis. Heaviness on the right side. Dim vision of right eye, cataract to the right eye.

2)Also travel from right to left. Right eye cataract first and then left eye. Complimentary to Lachesis.

Opposite in the nature.

Lac caninum → alternates symptoms on sides.

(Pulsatilla also some times).

Headache right-sided గుడ్డులోనుండి పొడిచినట్లుండును → Sanguinaria.

Neck through the nerve → Sanguinaria.

Boring pain in eyes, same thing → Spigelia.

Neck pain through nerve → Same.

Pin pricking sensation into the nerve → wonderful speed, but never cures permanently. Needs deeper drugs like Lycopodium & Tuberculinum. If with such a headache if the fellow has adenoids and tonsils they will disappear permanently → Sanguinaria (కాయలు మాయమగును) with a single dose, adenoids broke down and came out of throat. But Spigelia is not a surface drug. It cures permanently. When headaches are cured by Sang. People may get T.B. Be careful. Since their birth T.B is there and headache is expressed to conceal it. When headache is suppressed T.B come front. If he emaciates when drug given be careful (Lyco,Tuberc, Bacillinum).

In spigelia about 60% go to heart disease. If you are confused he dies of it. Be prepared to face the situation. చాలా deep గా study చేయాల్సిన drug. Many cases of heart లో Spigelia next వేయాల్సి వస్తుంది. He has come to a risky ground. Study the case. Spigelia and Lachesis should be given again or Natrum mur.

Gastric ulcers cure చేసే drugs → partly proved drug → Ornithogolon Ø. It works miraculously within a few months. The patient may suffer from stomach cancer. Never give this drug unless you are sure. ఉట్టి acute లో ఇవ్వొచ్చు. ఏమాత్రం miasmatic గా ఉన్నా ఇవ్వరాదు.

Helleborous → Left sided symptoms. Paralysis of one side left head & rt. hand more active.

Spoilt cases of epilepsy, typhoid, eruption fevers.

3)Symptoms extend from above downwards. తల నుండి కిందకు వ్యాపించును. If some burning sensation is there in them gets downwards.

Especially emaciation → from head to foot gradually. తల, మెడ. Then body, then next parts cony shape. Opposite in the case of Calcarea carb.

Cars లో నుంచి దిగే వాళ్ళలో Calcarea carb, Lycopodium డ్రమ్ము పొట్టలు.

4)It is very very complicated in reactions to cool &hot.

> from cold weather.

< from warm weather. True only with head and spinal troubles.

Neck pain, lumbago, back pain. Headache.

Spinal and Head symptoms < warm weather & warm applications & drinks;

> Feel happy cool weather, cold applications & moderately cool drink.

He is vey bad whenever he takes icy cool drinks. This is applicable to this particular symptom.

వెచ్చని ఉపచారములతో, వెచ్చని పానీయములతో బాధ ఎక్కువ అగును.శీతలోపచారములు, కొంచెం చల్లని పానీయములతో ఉపశమనం కలుగును.

In generals < cool weather &cool applications, చల్లదనము and cool drinks;

> warm weather, warm applications and warm drinks. Whether hot or cool

if it is extreme he suffers a lot. < from extremes of cold and warmth.

5) < exertion దేహం అలసినప్పుడెల్ల సర్వ బాధలు అధికమగును. Mental exertion, cannot think for a long time., Mental confusion. మనస్సు సుస్పృష్టముగా ఉండదు. Fellow is puffy as if living in smoke. If strains goes into more confusion and danger. [Similar to Apis.mel] సుఖించును in cool weather, cannot bear any warmth.

Agaricus → wants to be in warm weather. Definite burnings in Apis mel. No definite burnings in Lyco.

6) Patients of respiratory troubles in Lyco. శ్వాస, ఉబ్బసం, ఆయాసం. More suffocated and more puffy than others. నరకం అనుభవించుతురు. When they do physical exertion they go out of breath. ఉక్కిరి బిక్కిరి అవుతారు. Cannot climb a gradient. It is hell to a Lyco. patient to ask him to go up a gradient. Cannot climb stairs. Heart patients very dangerous. ఆయాసాన్ని తోసేసుకుని పైకి ఎక్కరాదు. They should not walk. Lyco 6 one dose, if better no repletion. 5-6 weekly doses → Lyco 30 one dose. Goes on becoming better and 2-3 doses of Lyco 30 and then he requires Lyco 200 potency. Radically cured with 200 potency.

### **Cardiac Symptoms:**

1) Cold sweat.

2) Nose colder than face.

3) Flapping of wings of nose (Carbo veg also indicated. It follows up or followed by Lyco. very frequently).

4)Goes on putting up weight and obesity. Lacking in the required amount of heat.

So when Lyco is working then become thin and alert. Miraculously healthy (same in Apis mel also). He loses his bulk immediately, flabbiness of the body.

### **Circulatory System:**

జబ్బు ప్రవేశించిన నాటి నుండి Apis వానికి & Lyco వానికి ఒళ్ళు చేసి దొండు శరీరము ఏర్పడును. Near is the grave to him. మందు పనిచేయుట మొదలు పెట్టినప్పటి దగ్గర నుండి లావు తగ్గుట ఆరంభించును. Calc. carb లో లావు అవుతాడని expect చేయరాదు. Calc. carb heart diseases లో definite గా either emaciation or puffiness ఉంటాయి.

1)Cold and copious sweat as if bathed. స్నానం చేసినట్లు.

2)Out of breath when he walks up gradient. Climbing the steps.

3)Sweat more on the head.

4)If a thought enters his mind the thought lingers for two days. వేధించి సాధిస్తుంది.

Lyco లో thoughts are changing. Calc carb లో తన మనస్సును వేధించు అభిప్రాయాన్ని వదిలించుకొన సాద్యం కాదు. Lyco వాడికి 2 నిమిషాలు ఆలోచన ఉండదు.

Heart diseases:

False common symptoms	General symptoms
1.Short breath.	1.Puffy.
2.Weakness.	2.Suffocated.
3.Head.	3.Discouraged.

Unless you find a subjective simillimum in the subjective symptoms of the patient and select the medicine you will not have a correct prescription – Kent and Herring.

Heart disease patient who has to be given never accepts that. If he is callous, cold and indifferent in heart diseases → Opium, Digitalis.

If you want to have a real cure of a chronic disease of a patient, you have to select on subjective symptoms of them, but never on objective symptoms.

Any betterment of common symptoms is not cure at all → only surface cure. You should be alert. Disease ignores the drug.

China safest drugs లో ఒకటి. It pulls up the patient. You have to select the drugs afterwards.

6)Rheumatic pains > by gentle movement. నిదానంగా కదులుచున్నప్పుడు>; < by rest. Feels miserable. < from exertion (Rhustox, Pulsatilla).

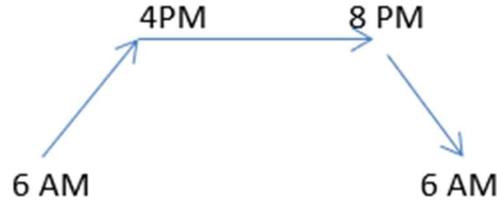
He will be tossing in the bed. పక్కపై కొట్టుమిట్టాడుచుండును. ఆసనాలు వేస్తాడు. Creates movements on the bed. Walks on the bed.

7)Headaches < by lying (Lachesis), < by warm room, > by movement, > by cold weather, open air, > when walks in the room, < by exertion.

8)< all symptoms 4 PM to 8 PM. అజీర్ణ వ్యాధి కడుపు ఉబ్బరం. Will have two or 3 bad big and loose motions with sound of flatus.

Typhoid patient will have more temperature during 4 PM and 8 PM.

Many people feel worse from 6 AM to 4 PM; aggravation from 4 PM to 8 PM; and amelioration from 8 PM to 6 AM.



Maintaining temperature chart is very important. Normal (temperature) touch కాలేదంటే typhoid. You have to ask him to maintain chart. If not ask him to go to hospital or turn to east. Lyco should be given at 9 or 10 PM. To wait for 2 days. 48 hours for result of the drug. Maintain status quo. Don't worry.

Lecithin 3X or 6 (two or 3 doses) (Helleborus also same time. (right sided, left sided).

ప్రారంభ దశలో గాని ముదిరిన గాని Lyco కావలసి వచ్చును. Helleborus మాత్రం only in spoilt cases of typhoid.

Lyco→1) colic before diarrhoea, 2)menstrual colic or 3)of flatulence.

9) Cannot eat oysters. (western symptom). నత్త గుల్లలు.

Cannot digest peanuts – వేరుశనగలు. భారతీయ oysters. Many of the cereals (శనగ పప్పు, పెసర పప్పు), cannot digest potatoes (బంగాళా దుంపలు), dislikes bread. Cannot digest butter or ghee. గోకులానికి పనికిరాడు. Dislikes sweets and cannot digest sweets.

10)Ulcers are very deep seated. లోతుగా ఉంటాయి. పైకి పక్క కట్టి ఉంటుంది. But incredibly deep seated. Smarting sensation. చిమ చిమ లాడును. Pin pricking sensation. ఈ కురుపులకు > by cool bath, cool application. Many filter here (very Important).

11)Patient better – skin symptoms are worse. రోగికి పరిస్థితి బాగున్న కొలది చర్మ వ్యాధులు ఉద్రేకించును. Particularly Lyco. and also Hepar sulph (more prominent in these drugs). In warm weather automatically skin symptoms are worse and patient better. In cool weather it is opposite. రోగి నీరసించి చర్మ వ్యాధి లక్షణములు ఉపశమించును.

In chronic whenever there is betterment of skin symptoms patient is sinking. రోగి పరిస్థితి దెబ్బ తినును. Patient of heart weakness too much when skin symptoms are better. Skin symptoms go down and patient goes down. Suddenly the patient is worse. Never skin disease is contagious.

12)Single parts go to sleep. కాలో చెయ్యో మన వశం లేకుండా ఉండును. Numb. One or two hours కూర్చుంటే తిమ్మిరి ఎక్కును. Cannot move the hand for some time. Numbness of single parts. Tingling of single parts and limbs go to sleep. స్వాధీనము తప్పును. మన మాట వినవు. After some time

it shows the signs of gradual paralysis. Trembling of single parts → Lyco is indicated. (Causticum, Kali phos, Cuprum met, Agaricus, Zincum met, Gelsemium). Cannot sign, cannot type. Acid phos → purely temporary or acutely serious condition. In other drugs leads to paralysis. Nervous breakdown condition slowly develops. (Strabismus, మెల్ల Typhoid లో patient బ్రతికినా అలా ఉంటాయి – Acid phos). The trembling of Gelsemium is occasional, but not regular. మామూలుగా బాగానే ఉంటుంది. It is like shivering in chill. చలి వేసినట్లు చలి లేకున్నా.

13)Headaches-chronic-with gastric troubles-simultaneous.

Verification → gets a headache whenever there is a delay in dinner (Sulphur and Psorinum). When he neglects eating and plays cards gets headache and acidity.

If he eats sumptuously also, he gets headache. Should eat less than what he wants.

Delay in eating causes headache (Anacardium also).

Peculiarity → Headache with great hunger.

14)Headaches with progressive emaciation. శుష్కించుచు తలనొప్పులు.

Often complains of headaches runs down. Marked emaciation (Tuberculinum, Calcarea carb) loses weight.

15)Patient talks in sleep when he goes into headache.

మాట్లాడనారంభించును. If it is a little boy, screams and wakes up with

headache. Child does not recognize people for some time after headache. వ్యక్తులను గుర్తించలేరు. Condition repeats many times in one night. Generally it happens after a recovery of typhoid or pneumonia.

16) Sedimentation in urine. పిండి పదార్థములు పోవుచుండుట. Sometimes red sand in urine. All other symptoms are better when this condition is present and persisting. ఇతర బాధలు ఉండవు. If you cure this, all other symptoms reappear with greater intensity. హెచ్చిపోవును.

Urine symptoms  $\leftrightarrow$  other troubles.

17) Frequent belching. Eructations. బ్రేవులు

↓ ↑

Flatus – అపానవాయువులు

Whenever he belches there is a momentary relief. Betterment of suffocated and puffed condition.

In Carbo veg → Lot of relief and చక్రవర్తి లా వదులుతూంటాడు.

China → same condition no relief. No remuneration. Labour is lost. Teased with belching and flatus. On the other hand feels worse with burning.

China → passes foamy loose stool with burning with flatus. Flatulent trio లో తేడాలు.

18) Pain after eating and then vomiting. కడుపునొప్పి > by it. Worse by using cool drinks. Often have a bad liver. Liver swollen లక్షణం.

19)General – Very important → feeble reactions and feeble functioning and running down. ఔషధములు మందకొడిగా పనిచేయును. శరీర భాగములు మందముగా పని చేయును. రోగి క్రమంగా ఎన్ని మందులు వాడినను నీరసించును (Tuberculinum – Indicated remedies fail to sustain action. No recovery of patient. Betterment of every condition. But runs down. Lyco కు Tuberculinum కు చాలా సామ్యం. మైత్రీ ఉన్నవి. ఒక దాని తరువాత ఒకటి అవసరమగును.

20)Waits a long time to urinate. Slow flow. కొద్ది ప్రవాహం. ఆర్భాటం ఎక్కువ. తెలుగు గంగ వలే only in adults.

Burning while urinating. మూత్రం పోయుచుండిన మండును. Opposite to Bryonia. Especially in children. Leaves a scar on the floor. Scar of calcification. Valuable tissues are going in urine. Generally white colour. Sometimes it is yellowish (Cina).

Fellow is having digestive trouble. → Lyco.

Mentally worse. నస, కొడతాడు, కోరుకుతాడు. Problematic children, weeps, irritated – Passes urine in bed quite long time. శృంగార రసం పుట్టిన తర్వాత కూడా – Cina.

Cinema లా exact గా అదే time కి పోస్తాడు – Cina (worms situation). Always scratches in the anus irrespective of age. Bores the nose. ముక్కు దురద. (Taurus and Scorpio) దురద (ఆసనంలో, ముక్కులో).

ENT and Genitals (Taurus and Scorpio) – Sycosis. In medical astrology you find miracles. Delay in urine (Pulsatilla, Natrum mur, Causticum, Gelsemium, Plumbum met, Conium, Sarsaparilla, Clematis). In Lyco for adults quantity is more during nights. Diabetes లో వాడచ్చు.

21) Gradually walking becomes awkward. కొక్కిరి బిక్కిరి గా నడచును. His feet are more sensitive day by day. Ankles are painful. చీలమండలు దుర్బలములగును. Soles never permit a little stone to press. Too sensitive. Progressive condition.

### **Modalities:**

1)a) Fever: Passive delirium తీవ్రత లేని సంధి గుణము. dazed దిమ్మెరపోయినట్లుంటుంది. Confused బుర్ర పనిచేయదు. (Bryonia, Baptisia, Opium, Gelsemium, Rhustox, Lycopodium). Little things flying.

b) Picks up at imaginary things. ఈగలు, దోమలు వున్నాయి అనుకుంటాడు. Imagines a tumbler and wants to pick up.

Another group (Hyoscyamus, Stramonium, and Agaricus)

Agaricus → Sense of distance and sense of direction distorted. కుడి ఎడమ అయితే పొరపాటు లేదంటాడు. చేయి దురద పెడితే గాలిలో గోకుతుంటాడు.

c) Smiles - మందస్మితం - merriment talks smiling, jolly and merry. Feels hilarious for a few moments. "Great elation of mind"—Herring. Then he goes to sorrow, Depression. Feels hopeless in the mind and sometimes weeps and sobs.

2)Discomfort in the stomach especially lower stomach. Distention, gas నిలబడినట్లు ఉంటుంది.తడితే శబ్దం వస్తుంది. Constipation, especially in fevers, like typhoid on loose motions in the morning between 7 and 8 AM. and again between 4.00 PM and 8 P.M.

3)Mouth Open క్రింద దవడ ఎముక కొంచెం బిగుతెక్కును. Short breath. Quick breathing less talking. ఏదన్నా అడిగితే సమాధానం చెబుతాడు లేకపోతే ఊరుకుంటాడు. Wings of nose flap. ముక్కుపుటాలెగురుతూ ఉంటాయి. Numbness of parts of body (Breaths deep and long breath is health. Speed and short breath are dangerous. Chain breath is more dangerous.

4)a)Heart b) Lungs c) Mind d) Voluntary system order of priority order of priority is foolish with the person. So first these will not belong to the human kingdom. 4 planes of consciousness; first three are autonomous and automatic. There is no heed or need to consult you in the matter. మనల్ని అడిగి పనులన్నీ చేయాలంటే కుదరదు. ప్రభుత్వాన్ని అడిగి పనులు చేసినట్లుంటుంది ప్రాణ రక్షణ కొరకు.

Ancient scientists called them angels, our people called Devas. Many Europeans are very much conversant with the idea of the beings of Deva kingdom.

Still more lower we have got individual quotient లౌక్య వ్యవహారాలకు మాత్రం పనికివస్తుంది. When something is pain then this fellow has no answer.

The first three things work according to law of nature. All the things are still to be explored only in 21<sup>st</sup> century. we can realize whole psychology of present time is to be burnt in 21st century why so and so cannot sleep? why despondent? But what to do is not explained. It is still in the d & e kingdom.

Voluntary system wakes with our mind. Purpose with each disturbed. Lower two kingdoms లో ఎక్కువ బతుకుతాము. పై వాళ్ళు ఈ శరీరం బాగులేకపోతే వదిలేసి పైకిపోతారు. క్రిందవాళ్ళు మాత్రం శరీరం వదలడానికి ఇష్టపడరు. Concept of death is idiotic and it is in the lower state of mind.

Respiration 18 - Pulse - 72 1:4

Uniformity & Respiration pulse, Temperature.

When sleeps he will have a deeper respiration. The foolish mind of d & e are not present in sleep only a,b,c are there. So there are no chain strokes.

5)Reduction in quantity of urine or sometimes there is involuntary urination. అప్రయత్నంగా పోవును.

These are the symptoms in acute condition of prolonged fevers.

6)Peak of temperature in between 4.00 P.M. to 8 P.M.

7)No relish for any diet. Give him Lyco 200, wait observe him after 6 or 7 hours. There will be change in mental condition. కొంచెం జాగరూకత హెచ్చును. A communication is established between our consciousness and in his consciousness. Rise in temperature should not be considered.

Lyco is a profound drug. Never misused. It definitely controls. Lyco higher potencies లో in chronic diseases లో చాలా dangerous. It can mar the patient lifelong. If it is wrongly given in acute condition in lower it definitely cures to the extent possible. It goes an waking for the patient till he is better to the extent possible. రోజుల తరబడి నివారణ చేయుచు సంపూర్ణారోగ్యము కల్పించును.

During the period of convalescence it removes the weakness and establishes strength. It serves two purposes of very good tonic.

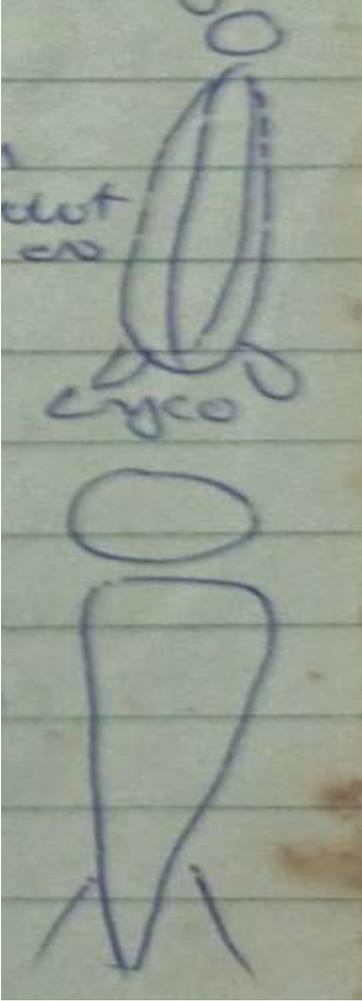
If the patient was over-drugged previously he may have to be repeated. We should be on guard at repetition.

Professional doctors are helpless.

Two things are prominent → Relish of food, digestion in very good then selection is damn correct.

### **Lycopodium Child:**

(a) Emaciation శుష్కించి ఎండిపోవుచుండును. From above downwards. ఎముకల పుట్టలా ఉంటాడు. Legs bigger than hands. Fellow cannot hold.



[Calc Carb → lowers emaciate. పిర్రలు పూర్తిగా తగ్గుతాయి. దొడ్డికాళ్ళు Bow legged, late walking, late teething, open fontanelle, మాడు కలవదు].

Bones without develop. Coldness of the body and sweat.

Because liver & spleen are not in good terms. Continuous indigestion. నిరంతరమైన అజీర్ణ వ్యాధి. Loose motions, constipation as white stool.

Assimilation ఉండదు. శక్తి చేకూరదు. Give him eggs. Then he lays eggs. Lack of assimilation. గుడ్లు అయినా Not good.

(b)Frequent indigestion loose motions constipation (brown coloured motion).

(c)Body cold with sweating. Frequent fevers. జ్వరమొస్తే కొంచెం వేధిస్తుంది.

(d)Frequent urination. అదే వృత్తి అన్నట్లుగా వుంటుంది. As less urination than normal.

ఈరోజు climate Lycopodium too much wind, less of rain.

Urine cloudy and sediment in urine. Urine leaves a scar on floor or cloth. (సామాన్యంగా ఎర్రగాగాని, బూడిదరంగుగా గాని). Red sand in urine.

(e)Eczema చర్మవ్యాధి with oozing and bleeding. Hair fall (ముసలాడిలా). Emaciation. Bloating.

(Esoteric healing → Alice A Bailey. Ductless glands).

Wrinkled face in children. Hungry పెట్టమని ఏడుస్తాడు తినడు. Tearing and dry cough.

(f)(**VVIMP**) Left foot colder than the right. పెద్దవాళ్లలో కొద్దిమందికి అలా ఉంటుంది. ఎందుకు అలా ఉంటుంది అంటే No answer at all. It is all medicals of nature. We have no knowledge of it. Language of diseases → only to be understood. Discharges from ears, otorrhoea greenish or brown. చెక్కరంగు గాని. Stinking and offensive, growing deaf with troubles in ears. Nose stopped, breaths through mouth. Cries with a shrill tone కయ్యమంటాడు.

Gripe water ఇవ్వరాదు. Aluminum salts are over given.

Castor oil is only biochemic substance which can never be assimilated. Goes out as it is.

Regular motion అవుతుంటే ఇవ్వరాదు. తేనె ఇవ్వొచ్చు. తేనె తినే habit కూడా అవుతుంది.

అభ్యంగన స్నానం నూనె రాసుకుని అరగంట శ్రమ చేసి మర్దన చేసుకుని స్నానం చేయాలి.

2nd – స్నాతో వైద్యం నపశ్యతి నచోద్ధవ్యం నచభేదవ్యం లాభంతౌ ధనవద్ధు.

కలివిడంబర శతకం -- నీలకంఠ కవి

A sharp pointed suffering in the body either in digestion system or urinary system.

### **Children:**

Sulphur, Natrum mur, Lyco, Iodium, Tuberculinum, Baryta carb, Bufo [Chronic miasmatic unfortunate children] congenitally weak. All have unclean skin, indigestion constipation & loose motions.

Sulphur:- Aversion to get washed. పళ్ళు తోమడు, ముఖ ప్రక్షాళనంబు సేయడు - కావ్యంలో లాగా. Sulphur smell with the boy. Sweat also smells sulphur vapour like, Happy in cool weather. Cannot go near fire as in kitchen, frequently drinks water.

Natrum mur:- Cannot withstand extremities of cold and warmth. Often skin eruptions are grey coloured in folds of the skin. Cracking in the corners of lips. Corners of eyelids excoriated. Salt crystals లాంటి పదార్థం రాలుతుంది. Excretions are gruel like చొంగ, motion, ear, nose, urine etc. గంజిలా ఉంటాయి. Steals salt, burning while urinates very bad in cold weather.

Iodium:- All the symptoms – Beats other children cruelly. So not even like dog and bites. He does not know whether does. Eats objectionable thing, eats pencils and blades, slates and earth, clay strings and ropes. Eats his shirt, wants to eat something day and night continuously, between two meals eats many times numerous qualities, export is also that much.

At the same time emaciated too much – also Tuberculinum.

Iodium – Fond of cold water స్నానాలు చేస్తాడు. Goes and sits in a cold water bucket, lies down on watery floor. If we give him bed he sleeps on cold surface.

Tuberculinum – quite opposite to Iodine in the matter same in all other respects wants warm water covering, warm bed.

A child says that he will kill his mother with a blade → Tuberculinum (Lesser writing of Kent).

History of low temperatures since childhood. Family history of tuberculosis or asthmatic tendencies or premature deaths of family members.

Baryta Carb:- Gland on the neck, tonsils swollen often and adenoids in the nose. He has horrible stinking otorrhoea from ear. Deep brown or blackish, frequent copious discharges from eyes. Has to breathe from his mouth. The fellow has an idiotic look, opened mouth [మొద్దబ్బాయి]. An instinctive idiot in answering questions. Instinctively disobedient. He weeps and cries. Delayed talking & understanding, delayed walking, everything delayed.

Bufo:- Baryta carb, Tuberculinum & Iodine are there. All the symptoms except → eating too much that is all. Disobedient, congenital idiot, holds his hands as high genitalia irrespective of age (abnormalities of sex) (masturbates) (Homosexuals). Glands behind the neck along the nerve and in axilla. Delayed talking everything delayed.

### **Women of Lycopodium:**

1) Sex instincts decreased prematurely. అకాలంగా తగ్గిపోవును. In Puls. it is from very beginning. In Lyco 30 or 35 years age తరువాత. A great trouble for husband.

2) Emaciation:- శుష్కించును. Gradually or increase in weight and bulk. Goes into suffocation and puffiness.

3) Dryness of sex organs. No moisture even during the hours of coition. The parts wither away ఒడలి ముడతలు పడిపోవును. Coition becomes most painful, burning during and after coition. She tries to avoid the situation. Sterility. Lyco cures.

4) Gradually delayed menses. ఆలస్యమగును. After some time menstruation once in 2 or 3 months. Then totally suppressed menses. Meanwhile person grows anaemic and bloodless. Short breath, palpitation weakness [grown up ladies].

This may happen after a psychological shock.

Lady from Bhubaneswar received shocking news of the death of the brother. She developed all the symptoms.

Given Lyco 200 - Alfalfa  $\Phi$  - 30 doses – Improved.

Lyco 200 - miserable. Lyco 1 M she improved and is alright.

5) Girls after puberty. No follow up of menses properly. సరిగ్గా రాదు, once in 2 or 3 months. The flow and cleaning are not good. No development of the body at all. She remains as a girl. Atropy in the personality [Lyco, Manganum met, Pulsatilla, Calcarea carb, Plumbum met, Phosphorus, Silicea].

Except Lyco other drugs may not respond properly, but Lyco if indicated fully cures. If other medicine do not work give Medorrhinum 200 [Indicates in gonorrhoeal poison]. If poison is after marriage give medicines to both husband and wife advising them celibacy.

### **Causation:**

1) Mentally over worked. Too many irons in the file. Strain in intellectual pursuits i.e. a lawyer who is popular may get. Lawyers, doctors and professors, teachers, actors, opera artists, (who have to face public too much in the day).

2) History of sorrow. A shock.

3) Over indulgence in sex. Sex abnormalities. In sex thoughts also intellectual eunuchs reads sex literature and wall posters. Remember more mentally sexy, he is less physically, happy impotent – Against the law of nature.

Acid Phos → Never lacks in self-confidence. Becomes sorrowful gradually.

Lyco escapes sorrow by being hilarious sometimes. Alternates in Lyco joy & sorrow.

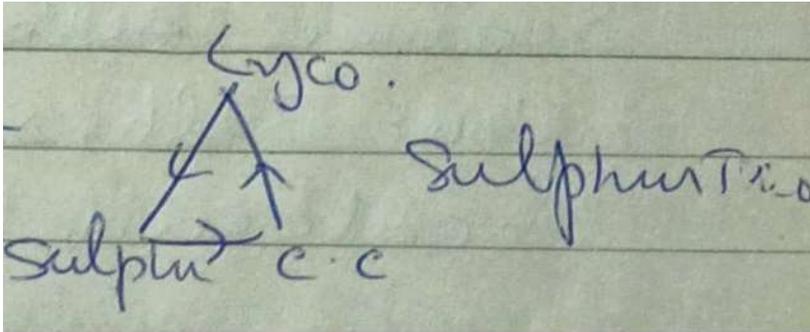
Acid Phos → No flatulence, digestion not effected.

Lyco → Flatulence, digestion effected.

Acid phos → Fresh and better after loose motion.

Lyco → Very weak and శుష్కించును.

### Relationship:

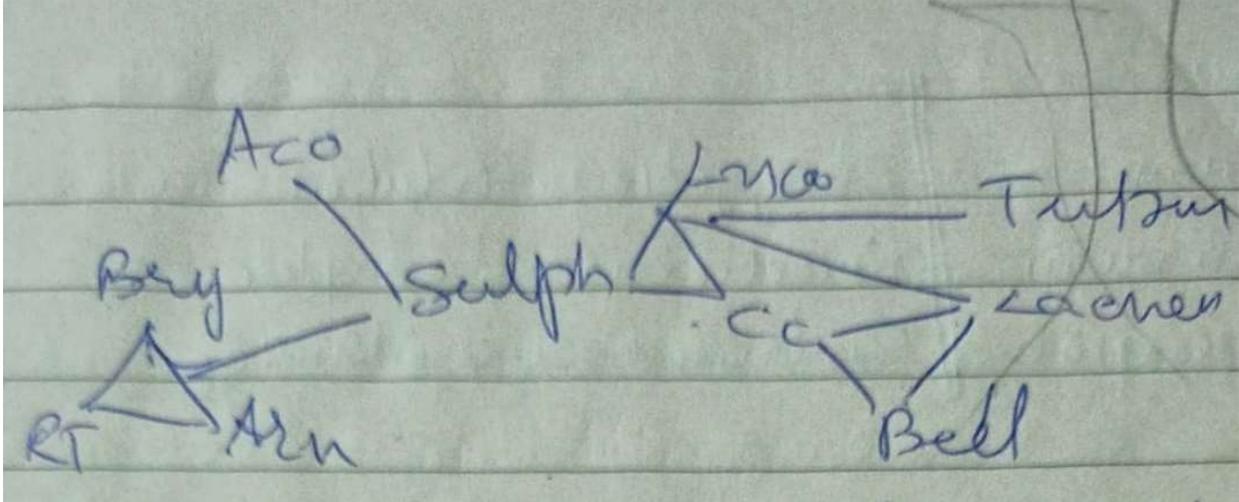


Sulphur works well after Lyco, but never Sulphur before Lyco. After Sulphur Calc. carb can be given. If after C.C. if he requires Sulphur never give. After Calcarea Lyco works effectively.

Lyco → Tuberculinum better before and after Lyco. Many times they are required in alternation. Tuberculosis వారికీ, tubercular miasm వారికీ Lyco treatment completion లో may require Tuberculinum. Even after cure you may need one dose of Lyco.

Some may require Lachesis after Lyco for completion of treatment. 1- 2 సంవత్సరాల వైద్యం తరువాత కూడా as Lyco after Lachesis, Calc Carb తరువాత Lachesis అవసరం పడవచ్చు. Calc Carb may require Lyco also. In acute Lachesis may require Belladonna. Same thing with C.C. also. Bell is complementary to Lachesis & Calc c. But never with Lyco.

Sulphur → Acute Aconite → Bryonia → R.T. → Arnica → Baptisia. Many times Bryonia patient puts up a Sulphur face. Sulphur is lazy in habits cool water bath చెయ్యడు.



Lyc has no inimicals except Sulphur & Calcarea carb used in reverse order. As we multiply the number of drugs we study. We have an idea of groupings.

Ex: Ars. alb, Phosphorous, Arnica mont, Pyrogenum] There is something common in them. Rapid destruction of physical tissues. Sulphur, Psorinum, Tuberculinum, Lyc ] Sluggish constitutions. Reaction is not complete.

Sustained cure లేని చోట.

**Familiarisation of drugs is necessary. Never memorise.**

## PHOSPHOROUS

Rapid deterioration of the tissues of the physical body. Disagreeable smells, odours.

Phosphorous → His own smells of decomposing meat. This drug is indicated in both chronic and acute diseases. It is a violent drug like Arsenic alb. It is a sufficiently deep action drug. As deep as Ars.alb. Not deeper than that.

Moderately deep acting. Not like Sulphur, Tuberculinum or Thuja. But it is a sharp, quick acting remedy. You can have many permanent cures of chronic diseases with this. If we try to know false symptoms.

### **False Symptoms:**

1)Typhoid and other prolonged fevers.

2)Liver diseases, కాలేయ వ్యాధులు, jaundice. Lack of appetite, enlargement of the liver, cirrhosis of the liver గడ్డ కట్టుట. Puffy conditions. Bloating, sometimes hands & Legs swollen. Dropsy of body.

3)Low fevers, zymotic conditions of fevers. Very dangerous and fatal types of fevers. Gums bleed, tongue bleed etc., Inflammation. Deteriorating type of smell.

4)Ulcers and boils. Fellow decomposes and goes into ulcers. క్షీణిస్తుంటారు.

5)Bronchus and lung troubles. శ్వాసకోశ బాధలు. Lungs undergo tissue changes. ధాతువుల వైషమ్యములు. Frequent Bronchitis. Coughing and spitting. Phlegm when there is rain and cold weather. Fellow gets horrible cough with blood. Ulcers in lungs enough to bleed.

6)Effect of decrease of Red blood Corpuscles. పాండు వ్యాధి. Changes in colour. Pale or greenish. Fellow shows a smell in all diseases. This is a severe sign of rapid decomposition of tissues. శ్వాస smells foetid.

7)In sudden infections like cholera and diarrhoea. Phosphorous is indicated. Dehydrated conditions.

In dehydration conditions definitely give saline water.

Any axillary aid is necessary in all systems of medicine.

### **Constitution:**

Persons are born weak because they come from poor health patients & T.B. patients, congenital deficiency in the constitution. Since birth he is feeble,

cannot pick up food and gain health. Cannot assimilate. Grown up with a weak constitution. దుర్బలంగా పెరుగుతారు.

One thing is there. During the age of puberty the rapidity of growth is suddenly experienced.

An abnormal speed in growth. Fellow becomes tall, bony. They appear elongated and slender. This is more prominent in growing girls. Suddenly they become pale. They gasp while walking. They respire easily. They perspire easily. Grow in bulk also sometimes దూది పరుపుల్లా without any resistance.

They cannot be brisk in their behaviours. Kent says → "Grow rapidly and emaciate rapidly".

They are weak and lacking in resistance. బలిష్ఠమైన శరీర తత్త్వం ఉండదు. Lungs easily disturbed. Bronchus easily disturbed. Respiratory system is easily inflamed. Stomach, liver and spleen become dull. This indicates Tuberculosis in the constitution. The tendency is indicated. Physical symptoms may not be there. Foundation of tuberculosis well laid in the constitution. Any disturbance in health may lead to the disease either respiratory or digestive systems. Essentially all of them are delicate in constitution. They are waxy by habit. ఉబ్బరింపులు (నిగారింపు) Puffy and swollen ఒళ్ళొస్తుంది, నీరసపడుతుంటారు.

They are chlorotic → A change in the colour of the person. Become pale, blackish colour or greenish yellow or yellowish colours. This shows deterioration of health. This shows all sorts of colours. Among girls we find the moment the first menses appear it is prolonged deterioration of health. క్రమక్రమంగా క్షీణించును. Menses is not good. Very easily flow becomes profuse. Suffer from too much of blood flow. Frequent haemorrhage i.e. uterine haemorrhage or nasal haemorrhage or both [Lachesis, Ferrum met].

Menstrual irregularities. Too much pain in menses. Bodily pains goes to temperature. Whenever there is temperature severe headaches

తలనొప్పులు, vomitings and loose motions, నీరసం. May vomit a little blood during menses. In some people menses disappear and vomitings appear.

“Disorganised blood” → Herring says. Skin also shows results → Fungus growth on skin. అనేక విధములైన మార్పులు. Crusty formation. Blisters like things, scaly eruptions. During same age many go to a fatty degeneration (దొందదేలి లావై). Grows too fatty and degenerated. Heart may be effected. Fatty degeneration of heart. గుండె వ్యాధులు, ఆయాసం, అలసట. Cold body except in fevers the body is generally cold. Fatty degeneration of liver. Dropsy of liver and heart. Bloating of the thoracic cavity and never sets correct. Tissue changes effected. Some parts of the body are particularly cold. Extremities cold. Suffers whenever exposes to cold. He develops enlarged painful glands. Repeatedly glands become painful. Swelling of the eye lids (marked symptom).

A disturbance of liver is the causation (Apis, Kali carb, Phosphorous, China).

Apis mel → Lower eye lids.

Kali carb → Upper eye lids. But never connect. We should decide from other symptoms [Lyco] also.

Sometimes the functions of the brain becomes dull essentially the mind also becomes dull. Hydrocephalus condition (Apis, Phosphorus, Lachesis, Calc.carb, Stramonium). If acute Belladonna is also indicated.

In many meningitis diseases required. Softening of brain. Goes dull. Functions of senses distorted. Ear functions fails. Occasionally deaf (Peculiar). Distortions in sight. Young boys also glaucoma. Lips and eyelids are swollen generally.

Gradually growing red spots on the cheeks. Patches are developed.

Children go into marasmus condition. (పిట్ట దోషం ముట్టు దోషం etc.).

Rapidity is more and more dangerous., Indigestion, loose motions, foul smelling, yellow coloured, పిండి కలిపి పోసినట్లు. Sometimes food contents

go unchanged. Generally the motion oozes out of anus. Relaxed condition of the rectum.

### **Mental Symptoms:**

1)Excitability, easily excited for everything. Disturbances, emotions are disturbed. If you ask him what he wants, he is too wild with you. సముదాయించలేము పిల్లల్ని, ఉసూరుమని ఏడుస్తుంటారు.

2)Wild thoughts in grown up people, horrible thoughts. భార్య గూర్చి అనుమానం. పిల్లలు ద్రోహం చేస్తున్నారు.

Thoughts come of their own accord into his mind. Accidents, house collapsed, stabbed in the street. There is no thought that cannot enter his mind. All wicked thoughts about people who are faithful to him. He cannot control.

The mind is overactive in a long way. దుష్టముగా పని చేయును. Doubts and suspicions. శంకలు, అనుమానములు.Horrible conditions. He believes it and according act. ఊరొదిలి వెళ్ళాలంటాడు, వెళ్ళాడు. Sometimes stops his profession and feels everybody unfaithful. కొట్టెత్తేసి ఎవడినీ నమ్మేది అంటాడు. Brain cells లోంచి mind withdraw అయ్యేప్పుడు అలాంటి thoughts వస్తాయి.

After some time mind becomes passive. No affections are left with the fellow. ఇతరులు ఆపేక్ష చూపలేదని ఏడుస్తాడు. Becomes misanthropic పిల్లల్ని వదిలిపెట్టి కాశీలో ఉంటామంటారు. ఆ వయస్సులో high doses వేయరాదు. You should reconsider about potency after 50 years. As old age approaches never high potency. Possibility of cure is very rare in those conditions. You can only try.

3)Gradual loss of memory. Fellow cannot remember the things he reads in books. He cannot remember certain incidents in life. An advanced Phosphorous patient looks blank. సొంత తమ్ముళ్ళని గుర్తించలేడు.

[Baryta carb, Bufo, Zincum met, Agaricus (Acute becomes chronic) Patient has taken such a change with a violent high fever or (meningitis).

Congenitally an idiot or semi-idiot (chronic).

In Phosphorous the debility is running in him through years. [Aurum met, Syphyllinum, Conium]. A book which he could teach 10 years ago may not be understood by him now – Conium [Causation sudden loss of sex in life].

4)Disappearance of thoughts after a mental exertion or physical exertion.

ఊహలు మాయమగును.

5)వివాదకరమైన భవిష్యత్తునూహించుట. When he is about to take a journey he feels he may miss the train. The train may involve in accident. So he suddenly stops journey. Feels something in exams. Gradual enfeeblement of mind (Lyco లానే ఉంటుంది). He feels he dies before children settle in their lives. When he is in darkness, he feels a scorpion in the room or serpent. [boarderng to insanity] (Hyos, Phos and stram) Feels a thief under the cot. Senile mind. Future బాగుండేట్టు లేదు అంటాడు. కీడు శంకించును (ఇంటికి నిప్పు అంటుకొంది అంటాడు fire engine చూసి).

Suddenly he is homicidal (Impulsive). When there is thunderstorm all these changes occur in his mind.

కుక్క కరిచిన వాళ్ళు ఉండుండి వాగుతుంటే Rabies రాకపోయినా mental symptoms సరిపోతే Phosphorous indicate అవుతుంది, careful గా వాడాలి.

6)Insane imagination. పిచ్చి ఊహలు. While sleeping in a dark room, feels many faces from darkness observing him. Strange imagination. Donkey sees him instead. Donkey తనను hurt చేయడానికి చూస్తుందంటాడు. పిల్లిని చూసి ఇది చేతబడి చేసింది, తననేదో చేస్తుందంటాడు.

7)Instantly afraid of darkness like Stramonium fellow. Indifference and apathy. ఆపేక్షలు నశించుట, నిర్లక్ష్యము హెచ్చును. No sympathy for anyone [Sepia]. Lady who is sick goes into cerebral type of manias. Lost to show the capacity of affections [Moschus]. {Moschus is ill-behaviour fellow. Hysterical type careless. గారాబంగా పెరిగిన వాళ్ళు. ఏమయ్యా దొంగముండాకొడుకు

లాగా ఉన్నావే అంటారు. Apathy కాదు}. Afraid of being involved is one thing. Keeps at a distance. Relatives also feel never to help the other relatives.

8)Phosphorus patient can answer only slowly. Because his thinking activity is slowed down [Cocculus indicus]. A second or two more for normal perception of the things. తిడితే కొంచెం టైం ఇచ్చి తిడుతాడు.

9)Weary of life. విసుగు (Lyco, N.M) జీవితం పై నిరుత్సాహం. Dejected, gloomy. ఉత్సాహం ఉండదు. సంకల్ప శక్తి లేదు. Generally he tries to avoid things who took up seriously in the past. This dejection continues to increase in Phosphorous. Nothing to do or nothing to take up position –he is led to. He remembers how he was active previously. He becomes sad about it. దుఃఖ పడును. Understands that he is lagging behind in life. Sometimes he fears that he is going mad. పిచ్చి ఎక్కబోతుందంటాడు. Loses confidence in him. Goes into spells of weeping (when talks of future). Becomes hysterical in behaviour. Suddenly calls his sub-ordinate, he scolds him. No cause at all. Fellow gets his subordinate suspended or transferred suddenly. Unkind to people in a imagining that they are unkind to him [ Cocculus ind, Lycopodium].

10)When he is alone, he closes his room and takes delight in uncovering his body [Hyoscyamus]. Gradually develops sleeping naked. As the disease increases he goes naked amidst people. In insanity Phosphorus and Hyoscyamus are very close.

11)Develops too much talking. Talks of so many things. Goes on talking in sleep and dreams [Stramonium, Lachesis]. Mania with fury and violence. ఎదుటి వాడిని చితక బాదుతాడు. Dramatically violent conversations during sleep. Severe headaches whenever he exerts mentally. విపరీతమైన తలనొప్పులు.

“Suffering a lot inside because of the incapacity of the mind to express itself” → Keynote of all mentals. A lion engaged in a thorny cage. Vehicle of mind is distorted.

## **Distinguishing Symptoms:**

1)Violent pulsation all over the body. తీవ్రంగా స్పందించుచుండుట. Feels pulse all through the body. Suffers from palpitation. గుండె దడ, కొలిమితిత్తి పని చేస్తున్నట్లుంటుంది. [(Kreosotum → Rocking sensation both physically and mentally)].

2)Whenever there are electrical changes in atmosphere fellow becomes sick. మేఘములు, ఉరుములు వస్తే బాధలు especially mental symptoms. You find him horrible in the night when there is a thunderstorm [Acid Phos]. Mind is wild.

3) a)Tendency to easy haemorrhages and bleeding. తేలికగా రక్తస్రావం జరుగు శరీరతత్వం. గుండు సూది తగిలి బళ బళా రక్తం కారును. Blood vessels are thinner than normal. When blows nose those get enormous amount of blood. ముక్కు నిండా పక్కులు. Many times attempts to clean them gets blood. When he cleans his teeth they bleed too much. [Lachesis, Ferrum met, Belladona] పన్ను కుట్టినా. In menses ladies have profuse bleeding. Ear bleeding. Blood is ready to come out whenever there is an opportunity. Small wounds bleed too much చిన్న కురుపైనా.

b)Spots on the skin [black and blue]. Internal haemorrhage of a capillary inside and it results in a spot [Carbo veg also]. Dry crust in Carbo veg which lives with the patient.

c)A discoloration of the skin from that spot. He should be careful of haemorrhages.

Causation→Whenever he takes a journey and undergo a haemorrhage. Keeping late without sleep.

4)Inflamed mucus membranes. Lips cracked, often lips bleed from cracks and in some people tongue becomes rough. It burns. Intense sore mouth. Sometimes there is bloody salivation. Sometimes the throat is inflamed. గొంతు చిట్టి రక్తం. {Dangerous type of typhoids and low type fevers}. నోటి దుర్వాసన [Baptisia లోలాగా, AurumMur also]. Save them from fatal

situation. It is not an easy work. Patient may be beyond cure. Bloody salivation very dangerous పాండు వ్యాధిలో రావచ్చు. No RBC.

5)Dropsy after a treatment of [Ars alb also] liver, kidneys damage అయ్యాయని అర్థం [Acid acetic also] Along with this mucus membranes becomes pale పాలిపోయి ఉండును. Gums become pale. Lips pale. Tongue becomes pale [Acid acetic, Ferrum met].

6)The muscles become flabby. దొందుగా తయారగును. పట్టు సడలి వడలి పోవును. Gradually loses grip over body. పటుత్వం తగ్గును. Pseudo-muscular dystrophy. పిల్లలు sudden గా పడిపోతూంటారు. They limp. They cannot get up without a hold. Emaciate and die. No cure in allopathy. But normally people become plumpy and weak. శక్తి తగ్గుతుంది. ఇంత లావుండి నొప్పులో అని ఏడుస్తారు.

7)Prolapse of anus with palpitation and pulsation. (Causticum). Never use Causticum after Phosphorus or Phosphorus after Causticum. Inimicals. Joints, nerves తప్ప మిగతా అంతా ఒకటిగా ఉంటాయి. Prolapse of uterus with palpitation. గుండె దడ. In men genitals hanging down with palpitation.

8)Stiffness of limbs on beginning to move in the morning. నిద్ర లేవగానే పక్క మీద నుండి కదలబోవునపుడు కాళ్ళు చేతులు బిర్ర బిగిసి ఉండును.(RT). In RT it is weakness. In Phosphorus it is stiffness. In both there may be swelling in joints.

9)Sensitive to cold weather. Cannot bear it at all (RT). బాధలు ఉద్రేకించును. > by warmth and warm application. But with head symptoms it is different. Headache < by heat and hot applications; > by cold and cool application.

10)Covers the body upto neck and exposes body to cool weather.

11)Pains of any part of the body that have a history of a surgical intervention or a history of an injury. Toothache which continues for years after a hit in accident. One tooth extracted, another tooth pains. భూతదయ లేకుండా పీకాడు. లాగుతూ ఉంటుంది. Pain killers – pain kills him in the end.

(Phosphorus, Staphisagria). Knee joint pains after an operation. పాదానికి operation చేస్తే knee joint లో రావచ్చు. It continues for years.

Syphillinum:- (Tearing pains < at night. Patient weak, cannot relish food. This will be there if the ulcer is suppressed by any medicine. From that time the basic health is disturbed. When we administer Syphillinum the patient will improve in all respects i.e. his weakness disappears and relish for food. Within 4-5 months ulcer appears and often it is cured.

Aurum met: Unbearable tearing pains throughout the night. రాత్రి అంతా దుర్భరమైన పోట్లు. Pains go very deep into the joints. Gradually the pains go into the bones. Patient becomes morose. He is unaccountably sorrowful. దుఃఖపడుచుండును. Cannot enjoy the company of friends. సరదా కాలక్షేపం చేయలేడు. He believes that he is unlucky. Everything he attempts fails అనే నమ్మకం. Gradual dullness comes into mind in years. Becomes an imbecile gradually. He shows unbearable spells of irritability and anger. He never explodes like NV. Anger is different. He bursts into tears and weeps and cries whenever he is angry. He hides his face weeping from company. ఏడిచి ముఖం కడుక్కున్నట్లు. 6-7 to 15 years కూడా ఈ symptoms continue అవుతాయి. Doctor discovers that a small ulceration on ear. Burning on hands and feet. Numbness of parts gradually. Patches of discolouration. రంగు మారుట. And then frequent sweats in weakness. The sweats begin to show a stinking smell gradually. అతి దుర్వాసన. The breath and mouth show decomposing smell. Then the doctor confirms that he is a leprosy patient. There is pre-cancerous state when doctor slept.

Aurum mur, Aurum ars, Merc sol: In very deep cases like leprosy it is not enough. Requires another drug.

Hydrocotyle → < with strain; < with atmospheric changes (సరస్వతీ ఆకు లేక బ్రాహ్మీ).

Calotropis: తెల్ల జిల్లేడు.

Method of dosage is different for Hydrocotyle and Calotropis.  $\phi$ , 3c, 3X, 6c or 6X continue repeating for long periods.

For longer periods.

12) Polypi. Growths on various parts of the body, ears, nose, uterus.

కండలల్లే కాయలల్లే → Thuja, Phosphorus, Medorrhinum, Acid nit., Calcare carb, Calc. phos, Calc. fluor, Causticum, Conium. Look for the symptoms, not for a drug.

కళ్ళు తిరుగుట, కళ్ళు మూసుకుంటే drawing pains in muscles gradually increase for months and years. తగ్గనివి ఎక్కువ అగుచున్నవి. Gradually increasing dullness in the mind – Conium.

Phosphorus: Burning in stomach, frequent eating, wants to drink very cool, vomiting after drinking – polypi is cured with Phosphorus.

Exhausting conditions: శరీరతత్త్వం క్రమంగా అలసిపోవుచున్న లక్షణములు with ulcers. గడ్డ, boil, కురుపు. Wound that remains open for a long time. Goes into quick breathing, weakness (like Sulphur patient). Sulphur goes into weak with hunger, > by eating. Phosphorus also same but more frequently than Sulphur. ఏ సమయమందైనను శరీరశ్రమ కలిగినపుడల్లా అలసిపోయి ఆకలి, నీరసము, నిస్త్రాణ, ఆయాసము పొందుదురు. Sulphur patient goes into such a state only in morning hours. ఉదయాన్నే అగుపిస్తాయి. At the most twice or thrice in the day. In Phosphorus it appears as frequently as he exerts. Fistula with such debilitation on any fistula opened. కండల లోపల నుండి పై భాగమందైన చర్మం పైకి లూటీలు పడుట.

13) Discharge of yellow liquids from the body. పసుపు పచ్చని స్రావాలు.

Otorrhoea, nasal discharge, diarrhoea (also stuffy). తుక్కుతుక్కుగా విరోచనాలు. Light watery stools. Fistula oozing yellow. (NM ఐతే గంజి రంగులో స్రావాలు). Arg.nit ఐతే green or greenish yellow. Pulsatilla – it is yellow again.

Kali sulph, Calc. sulph – yellow that too copious.

14)Malignant growths suppressed or restrained. నివారణకు లొంగని కురుపులు, వాపులు, గడ్డలు, పుండ్లు, మొదలగునవి అణచిపెట్టబడిన తరువాత వచ్చునట్టి బాధలు. A degeneration of joint tissues and muscular tissues. Goes to weakness. పట్టుకోలేడు. Phosphorus, Pulsatilla, Bryonia, Silicia, Natrum mur, Syphyllinum.

15)Burning – Head burns, hands and feet burn-Sulphur) But in Phosphorus, burning pain characteristic. Paralysis with pain (RT). Especially the burning pain is in inner head.

Brain has headache like burning pain and also the skin and chest. Feels like drinking cool drinks to quench it. Immediately it is subsided. Sometimes it is vomited.

16)Very sensitive to external impressions. బాహ్య పరిస్థితులతో అతిగా ప్రభావితుడగును. Odours, noises and touch, smells. He is too deeply effected. (Sulphur is effected for a prolonged time.) with perfumed hair oil.

Ignatia, opium, Coffea, Sulphur.

Ignatia – goes into a hysterical fit.2 వ అంతస్తు లో ఆమె క్రింద కాంపౌండ్ లో చుట్ట తాగితే unconscious అవుతుంది.

Trembling type of debility due to slight causes. స్వల్ప కారణము చేతనే వచ్చే కొంత నీరసం. Ex: Girl takes notes for a page and find trembling pain in hand. Two people are quarrelling, lady goes in trembling. (Ignatia, Lachesis, Hyoscyamus).

17)(Important) Weakness→Burning pain→tingling→చిమ చిమ→Paralysis పక్షవాతం. (Aurum కి కుష్టు and Phosphorus కి Paralysis). In paralysis you find that part is colder than other parts. (Also Causticum).

Only male and Female can stay together. Phosphorus and Causticum like that. వ్యతిరేకం కాకపోతే సమన్వయం ఎలా అవుతాయి అన్నాడు. We should know how the law of nature works – inimicals.

Part is emaciated (in Causticum). Part is relaxed. Sometimes puffy. వాపు నిలబడిపోవును. (Causticum లో stiff అవుతుంది. In course of time చేతులు బిగుసుకుపోతాయి. If you open the fingers again like that). In acute also this happens. Weakness leads to paralysis. In typhoid a part is paralysed. Sometimes cured and sometimes settles down. వణుకుతుంటాడు. He trembles too much. (Also Acid phos). In every Acid trembling is there. Jerkings also and sliding down the bed. Garment cannot stick. చర్మానికి గుడ్డలు అంటవు. (also Helleborus, Rhustox). Formication of the effected part. Apoplexy – రక్తం తలకెక్కుట. Paralysis, cancer.

18)In every complaint, wants to rub. నొప్పిగాని, మంటగాని ఏ బాధ ఐనా చేతితో రుద్దవలెను. (Acid phos also). Wants to be magnetized. Child wants to be magnetized. జో కొట్టాలి. Want self pity in their weeping mood. (self pity with offensive motive – Arnica).

19)Patient is always better after a sleep. Sufferings are better. Always wants to take rest. Wants to lie down. (Psorinum, Manganum met., Tuberculinum). Always tired. ఎప్పుడును అలసి ఉండును.

20)Digestion is disturbed when there is fear. He goes into indigestion and loose motions. ఇళ్ళు తగలబడుతున్నాయి అంటే చెంబేది అంటాడు.

Arg. Nit – Any journey via London. పెళ్ళికి పోవాలంటే చెంబుతో సిద్ధం. Arg.nit. తుపాకీ తో పేల్చినట్లు. కానీ Phosphorus వాడు motions 2-3 రోజులు ఉంటుంది. < In the evening hours.

21)Fear begins at the pit of the stomach. కడుపులోంచి భయం. పొట్టలో, బొడ్డులో నుండి స్పందనగా మొదలగును. (Acid phos also and Arg. nit.). Arg.nit. లో pulsation in the stomach when questioned, his mind becomes blank. He has to go to latrine). In epilepsy if the patient can tell you that epilepsy starts in stomach→Phosphorus, Acid phos or Arg. nit. Staggering – తూలుతూ ఉంటాడు. త్రాగినవాని వలే (Lachesis).

22)Phosphorus has also strong vertigo like many other drugs. Vertigo of Phosphorus is felt when the patient is exposed to cool weather, open air.

గదిలోంచి బయటకు రాగానే బాధ. Vertigo after eating. భోజనం తరువాత. Staggers while walking, after eating. < in the evenings.

Heaviness in the head along with other drugs. Confusion in the head. గందరగోళం తలలో (Confusion in the mind is different). Mind will be working properly, but head is not well.

23)All sufferings < by noise. < by darkness. He cannot lie down in a dark room. < Alone and he feels better when he is in company. ఇతరులతో ఉండగా కబుర్లలో పడి బాగుంటాడు. (Acid Oxalic). (When the mind is diverted on something else, the sufferings are better. Again when remembers them they are aggravated especially toothache. Weeping with tooth ache. Listens without any sign of toothache). This increases when alone. < by music. సంగీతం వద్దంటాడు. (X is Tarantula). When there is music Tarantula patient goes to rest and sleep. బాధ తగ్గి నిద్ర పట్టి ఉపశమనమగును. Patient of gangrenous ulcer feels better. < by music (Acid phos also). He goes into weeping also (Antim Crud also). సంగీతం అంటే ఏడుస్తారు. Peculiar sentimental romantic moods coloured (ప్రబంధ నాయకుల్లాగా).

< In full moon – Antim crude; < in new moon – Cuprum met (Very touchy mentally – Cuprum met).

24)Headaches:

> by cold weather, cold and cold application (in other sufferings it is other way sound).

Hot drinks – warm drinks

< by movement; > by rest

< when lying down (Horizontal posture) (Lachesis).

< Warm food – కాస్త చల్లార బెట్టుకుని తింటారు.

Wants to sit straight.

He finds great relief by keep up or pressing head with hands. Same modalities for stomachache also.

All other physical complaints > by warm applications and warm drinks. < by cold applications and cold water, cool drinks. Therefore Phosphorus patient is discomfort, he wants to take cool drinks.

Headache with hunger or hunger precedes headache. లేదా ఆకలి వేయుచున్నట్లుండి అటుపైన తలనొప్పి వచ్చును. Burning pain in stomach. Some patients suffering from headache will have vomiting, red face, scanty urination. Phosphorus is wonderful for headaches with uraemia (మూత్రస్తంభన).

Periodical headaches. పర్యాయత్వం గల తలనొప్పులు. (Ars. alb and China). పార్శ్వపు నొప్పులు etc. Whenever there is mental exertion there is headache. With headache there may be stiffness of muscles of the face and jaws. ముఖంలోని కండరములు బిగియుట. Coldness in the back of the head. Shocks through the brain. మస్తిష్కం లోపల విద్యుద్ఘాతములు వంటి అనుభవం. All symptoms < by noise and light.

25)Dandruff. జుట్టు ఊడిపోవుట. Hair fall out in patches. (పేనుకొరుకుడు) (Kali BICHROM→ "O" circular, geometrically perfect. పావలా ఎత్తు, అర్ధ ఎత్తు, రూపాయి ఎత్తు అన్నట్లు ఉంటుంది. అక్కడనే headache వస్తుంది. (Kali bich → Punctured wounds in mouth also). Dandruff cures.

15)As if the hair were pulled (in headache etc.). lady should make her hair hang. వ్రేలాడ వేసుకుని మాత్రమే ఉండగలదు. She cannot tie the hair. ముడి వేయదు. దువ్వదు.

26)(important) Red and blue colours are not properly seen. ఎరుపు, నీలం. Some people cannot see green and grey. (Railway people ఐతే చాలా dangerous). Sees colours around a white light. Bulb నుండి Orange లో అగుపిస్తుంది. Aura of some colours. చిత్రవర్ణములతో. There are eyesight defects like blurred vision. He sees much better in morning fresh hours. Sees better while moving. Sees the things in twilight. సంధ్యావందనానికీ

చెంబు బాగా అగుపిస్తుంది. Dimness > Rest (దృష్టికి విశ్రాంతి). Art of relaxation in the yogic practice. Better for about an hour.

Sudden blindness for a few moments. కొద్ది క్షణములు కన్నులగుపించవు. కొద్ది గంటలు అగుపించవు. Blindness after seeing a lightning. మెరుపు చూస్తే కన్నులు కనిపించని స్థితి. Blindness after an electric shock.

27)The eyes burn like fire red and they smart. చురుకులుగా ఉండును. సూదులు గుచ్చినట్లు. > cold water. చన్నీళ్లతో కడిగిన ఉపశమనం.

28)Nasal discharges greenish yellow. Sometimes blood streaks. రక్త చారికలు. Necrosis of the bones in the nose. No sensation in the nose (Find this in chain snuffers). Fan like movement of the nose. Wings of the nose flap like a fan Lyco. లాగే. A sign of suffocation and incapacity to absorb oxygen.

29)Jerking pains in teeth. పోట్లు పొడుచుచున్నట్లు. > by warm applications: < talking and eating. The toothache. < in windy weather ఈదర గాలిలో. Also the earaches and otorrhoea. Tooth pain or ear pain after extraction of a tooth (Staphisagria).

Surgical operation of the teeth or any region or any part of the body. But pains in teeth → Staphisagria, Phosphorus.

30)Tongue very painful. it may be due to sore mouth. నంజు పొక్కులు. Aphthae. It may be in typhoid. Very dangerous situation. Difficult to articulate. Speech difficult. Cannot move the tongue (Acid mur, Arnica, Baptisia also). If it is along with a prolonged fever, remember it is a grave situation. It may be also Alumina. Mental confusion in acute conditions and he is a bit toxic in nature. (Cocculus indicus). With this symptom patient feels tongue paralyzed. Bleeding on some spots on the tongue. Tongue too red or bloody (Rhustox, Merc iodide, Merc Bin Iod). Consider other symptoms carefully(also Crotalus). If it is cancerous it is too dangerous. When the situation is dangerous, the possibility of recovery is bleak. A false

cure or postponement is possible. If it is of the Merc salts, the tongue is swollen also.

31) Peculiar taste in mouth. Taste of Hydrogen Sulphide(gas). Others also feel the same when he talks or when he emits gas i.e. eructation or flatus. A typical indication of Phosphorus. మునక్కాడల పులుసు చద్దిది ఏ వాసన వేస్తుందో ఆ వాసన. That vegetable contains a lot of Sulphur. In throat congestion also.

In chronic Phosphorus patients this is regular. In typhoid also.

32) Diarrhoea-dysentery-cholera-Yellow loose stool. Frequent stool. Burning sensation when passes stool and vomiting water. Too many vomitings or less of stool or vice versa or continuous one thing. Any one possible.

It oozes from the anus. జారుచుండునేగాని పీడనశక్తి ఉండదు. విరోచనము జారును. వాంతి దూరముగా కొట్టును. Particularly in children. Little by little continuous గా వస్తూ ఉంటుంది. Most probably anus is paralyzed or rectum is paralyzed. In little children we can see the anus fully open, never closed. Dangerous condition of evacuation that need Phosphorus. No blood generally in acute condition.

Chronic → రక్తం పడుతుంది. Acute → పడదు (Rare గా పడచ్చు). Vomiting also the same. A lady with menstrual troubles may vomit blood (Phosphorus). Cholera fellow or summer diarrhoea fellow or sun stroke fellow the same situation.

33) Fevers లో sometimes there is too much watery saliva and some blood streaks also (Merc). Mouth may be inflamed and painful, lips are also cracked and bleeding from it. If the throat is also effected another modality which we should know. A sensation of something spongy in the throat. Cotton in the throat, velvet in the throat. A sensation only with great pain. Sometimes there is paralysis of oesophagus infections with fever. Dangerous after one week in typhoid. రాగానే ఈ బాధలు వస్తే Phosphorus వెయ్యచ్చు. ఒక్కొక్కప్పుడు ఆలస్యంగా వచ్చి పోతారు. Spoilt cases of typhoid.

34)Violent hunger. తీవ్రమైన ఆకలి. Repeatedly. Very soon after eating. A burning with hunger and the patient must get up in the night and eat. ఏదైనా తిని పడుకుంటే కానీ నిద్ర పట్టదు (Tuberculinum and Iodium in chronic conditions; Rhustox in acute). Both in the case of Phosphorus. Sharp, too much of appetite. Patient feels faint. తెలివి తప్పినట్లు ఉంటుంది. ఆహారం ఇవ్వకపోతే తెలివి తప్పవచ్చు. In cases of anaemia and tuberculosis, we can get this. In advanced conditions of lungs or heart లో deeper tissues effect అయితే Phosphorus వేయరాదు. It kills the patient. A patient is better with Phosphorus 30. But we should not go higher (never, never). నయమగుటకు వీలు లేని దుస్థితికి పోవచ్చు. Phosphorus 30, Phosphorus 30. If no relief, Sulphur 6 and then Phosphorus 30. Relief to the patient. Dies peacefully. (Phosphorus, Arsenic alb., Hepar sulph, Silicia). They bring inevitable changes in the tissue when wrongly used in the effected parts of deeper tissues. రోగికి చావు మాత్రమే. **Caution**–Hunger on account of inflamed condition of the stomach. Whenever there is hunger there is headache. Patients with chronic, periodical headache. Get headache very regularly. ఆకలి వేస్తోంది అంటే leave పెట్టి ఇంటికి పోతాడు.

35)If he has a habit a very deep desire for wine. ద్రాక్ష సారాయి. A deep desire for sour things. పులుపు, నిమ్మ రసం, చింతపండు పులుపు (Pulsatilla). Acid things. Humbleness and humility should be there to diagnose cases distinguish the symptoms. Read books. వెయ్యి మంది Phosphorus వాళ్ళను చూస్తే 1001 వాడు మనకు అందడు. చాలా జాగ్రత్తగా ఉండాలి. Face కూడా drug wise మారుతుంది. Potency wise కూడా, we can narrate our foolish stories when we failed. Fresh mind తో చూడాలి. "Don't have impression about drugs–dangerous" –Hahnemann says in Organon.

36)Strong aversion to some foods–Sweets, meat. Aversion to boiled milk–deep aversion to salt fish. ఉప్పు చేపలు. Cannot relish beer. Suddenly stops beer. Ordinarily they develop aversion to coffee and tea. Growing aversion and also to nut powder.

37)Stomach symptoms > cool things temporarily. Stomachache, hunger < hot things. Fever increases. చద్ది అన్నం తింటే కడుపు నొప్పి తగ్గుతుంది. Fridge లో అన్నం తింటాడు.

38)Phosphorus fellow if he puts fingers in warm water gets nausea. Sometimes he may get vomitings. Chronic fellows gets vomitings.

39)Antidote to evil effects of chloroform after surgery. Vomits many times. చక్రవర్తిలాగా కక్కులు. Phosphorus 30 బ్రహ్మాండంగా పనిచేస్తుంది. If the patient can narrate to you that he got all troubles with chloroform administration give him Phosphorus. It completely cures him.

40)In ladies menstrual disorders:

a)Yellowish discharges with pain and nausea etc.

b)Menses starts with white discharge and leucorrhoea.

c)In some ladies only white discharges during menses for 3 days completely.

d)Fever during menses--headache also – colic.

e)Loose motions during menses or loose motions instead of menses or vomitings during menses or instead of menses. అన్నీ ఉండచ్చు vomitings, loose motions. Lady may vomit blood, a little blood. f) Epistaxis—profuse nose bleeding or sometimes only epistaxis without menses. G)May be having sterility (Lyco, Pulsatilla, Sepia). Many are cured and had children. Sepia చాలా important. Sepia one or two doses. చాలు. We should control giving Sepia too many times. చాలా జాగ్రత్తగా వాడాలి. One dose may cure and the second when repeated may cause abortion. You have to link up other symptoms also.

41)Yellow spots on the abdomen or brown spots on the abdomen. క్షర రంగు, చెక్క రంగు another indication in Phos.

42) Piles or loose motions, in constipation. Fistula patient feels a pain in coccyx మూలాధారం. From the anus the pain shoots up (Nux Vomica).

Burning in the piles causes too much hunger. Painful cramps in rectum. ఆసనంలో నొప్పి మెలిపెట్టుట. Pains in bowels. Pulsation in the rectum. స్పందనము.

43)Urine – the bladder is full. But no inclination to pass urine. Bladder goes to sluggish condition and may have paralysis.

44)Diabetis – with thirst for ice cold things. మంచు పానీయాలు. (Bryonia, Phosphorus, Sulphur, Pulsatilla, Arnica).

Phosphorus – Icy cold drinks. General emaciation. Gradual weakness. Heat of the head. (Objective heat) also, extremities cold. A sluggish bladder.

Bryonia–Icy cool drinks (more quantities). Lazy. Never commences work. > by pressure.

Arnica–Hot drinks. Bodily pains. Too sensitive about work. But no stamina. Struggles in mind. Restless. Touchy.

Phosphorus లో కొంత మూత్రం మిగులుతూ ఉంటుంది. పూర్తిగా ఖాళీ చెయ్యలేడు. Sluggishness is keynote of Phosphorus.

Calculii – Aresenic alb., Medorrhinum, Thuja, Sulphur, Calc.carb., Calc flour., Sarsaparilla, Berberis vulgaris.

Pulsatilla → develops silence.Never speaks. Cool sour things. < at night. Weeping type of mood. (Health is getting shattered అంటాడు).

Renal calculi – Stones in the bladder or passage between kidneys and bladder. When he gets pain, gets hunger. Eats. చద్ది అన్నం అంటే ప్రాణం. Drinks cool drinks.

It may dissolve with Phosphorus. Muslim near AVN College bent completely. Too much of pain in bladder to kidneys. Many stones. Govardhan's clinic. Gave Ars. alb 200. It breaks the stones. Easy delivery. Stones are preserved.

45)Untimely sexual desire with painful erections. చాలా నొప్పి. Surely he is a gonorrhoeal patient. Time, place and method for everything → Sarsaparilla, Arg. nit, Thuja, Medorrhinum, Phosphorus, China, Pulsatilla, Acid fluor, Acid nitric, Natrum sulph, Causticum, Lycopodium, Arnica. సుఖ రోగ వైద్యుల ఔషధములు

Sarsapirilla→ Burning with erection. Repeated untimely sex with impotency. నపుంసకత్వము. Painful erection. Untimely sex urge with impotence and increases the usage for salt gradually. (Natrum.mur, Phosphorus). Most often Phosphorus. Ranked symptom.

46)Spinal disease→Pain in any part of spine. Burning in any part of the spine. నొప్పి గాని మంట గాని. Distortion in the spine. వెన్నెముక వంకర్లు.

Bending with a history of sex abuse. Worst fellow with sex. A worn out fellow sexually, masturbates. పైశాచిక కామ లక్షణములలో (Phos, Acid phos, Acid fluor, Anacardium). తగు మాత్రం లో ఉంటే తగ్గుతాయి. Acid fluor first mark → beast in sex. Even though wife is sick, he is a beast. Many wives die.

47) Ladies:- Sterility from the very early stage with menstrual troubles indicated above and in addition→Sexual excitement. Strong and often plumpy and blonde, massive. They always follow the husband. Because she cannot rest a night. A beast of sex. Often husband goes into emaciation and weakness. (Phosphorus, Platina, Anacardium, Caladium). Most frequently indicated Phosphorus and Platina.

Night watcher in Andhra University. పేర్రాజు గారు-Platina 200 one dose. They were better at the age of 78, 83 having sex excitement.

An unbearable itching on the inner parts of the sexual organs. Frequent profuse haemorrhages in ladies from uterus. It is fresh red blood. Not filthy. Menses → the flow is too copious. చాలా ఎక్కువ. Too long. Fresh red blood. Pain in back as if broken. (N.V. Lumbago) (difference in Phosphorus- can lie down on back comfortably. In NV cannot lie down on back. Feels as if bone was broken). Icy cold limbs.

48) Menstrual suppressions. No menses at all. మానివేయును. Emaciation. శుష్కించును. Cough. ఆనాటికానాటికి ఎక్కువ అవుతుంది. She may develop cough and blood also. (Lyco, Phosphorus, Tuberculinum, Manganum).

Delayed puberty in girls and following the above symptoms. She grows too tall suddenly, bony.

49) In pregnant ladies, vomitings. వేవిళ్లు. Ipecac, Nux Vomica, Colchicum, Kali bich, Antim crud).

In Phosphorus → సద్గుణము – ప్రత్యేకం – Vomiting with increased sexual desire or vomitings with secretion of milk in pregnancy. (స్తన్యం) or vomiting with inflammation of mammary glands.

50) Loss of voice with cough and vomiting in pregnancy. వాంతులు, దగ్గు, గొంతు పోవుట and even in males you find this, ofcourse without pregnancy. Hoarseness of voice. Oppression of chest. Insufficiency of breath. నొక్కివేసినట్లుంటుంది. కంగారు. Heaviness. బరువు. Fear that the inner contents will be damaged with cough. Holds the chest while coughing. Have a hand on sweethearts. Arnica వాడు గుండె మీద చెయ్యి వేసుకుని నిద్రపోడు.

51) Sleeps resting on the right side. కుడి ప్రక్కకు తిరిగి నిద్ర పోవును. He has less comfort when he lies on his back and he never ventures to lie on left side because it causes anxiety and heaviness in the heart. Pain in the heart and palpitation (Phosphorus, Lachesis, Pulsatilla).

52) Blood blisters. చిన్న కాయలు, బొబ్బలవంటివి. చిదికిన రక్తం వచ్చును. Warts bleed.

Thuja – Hard, dry, pithy, painless.

Phosphorus – Hard, dry, bleed and painful.

Causticum – Hard, dry seeds, no bleeding at all. Warts on fingers and toes. In groups, clusters.

Spongia – Spring like, sponge like painful. They bleed. If they are destroyed (Acid క్షవరం) goes into asthma immediately. Cannot be cured. Warts should not go. Adjust him to prevent asthmatic complaint. With great sound of respiration. Sawmill sound. Rhythmic.

Person should be cured not warts. If warts are cured it is against the law of nature. Little ulcers frequently bleed too much → Phosphorus [Lachesis also, Ferrum met].

53)Psoriasis:- చర్మవ్యాధి అంటువ్యాధి కాదు. Declared incurable.

[Puls, Psorinum, Acid nit, Thuja, Medorrhinum, Phos, Sepia, Nat. mur]. N,M → Borders of skin & hair on face.

Phos → Knees, always starts in knees. Develops in knees and afterwards extends to eyebrows. Then on legs and other parts. Phos 30 every 60 days for 2 or 3 years. It definitely cures.

54)Paralysis →

a)Trembling వణకడం. Paralysed part (Acid phos).

b)Numbness of part.

c)Hunger.

d)Emaciation సన్నబడుతుంటాడు.

e)Constipation, involuntary motions or urination or both.

f)Burning in stomach on urination or passing stool.

g)Burning with pain in paralysed parts.

### **2 or 3 cautions:**

1) Very deep seated, change in vital organ ఉంటే ఇవ్వరాదు. Deep seated diseases. like tuberculosis, heart troubles, dropsy of heart.

Never beyond 30. If necessary you can palliate with 30 for some years.

2)In prolonged acute diseases like typhoid etc. when Phos is required when it is rather late, if you give one dose of Phos fellow develops sweats. If you check the sweat, patient dies. Prickly heat; on talcum powder you use fellow dies. Drug is showing signs. One or two loose motions also may be there. Don't check it. వట్టించరాదు Phos పోతుంది, should not be used.

3)Incurable disease like advanced leprosy, cancer etc., hydrothorax,liver has gone irreparably, Aladvanced stage of filariasis ఏనుగు కాలు. Goes into fever in last conditions. If temp. is checked never give him Phos in his life time. It kills him-Hering says.

It resumes the whole situation precipitates a crisis and patient dies. Process and patient dies.

Chronic ENT troubles. Early diseases of teeth loosening and loss of teeth. పళ్ళు వదులై రాలిపోవుట. Bones eat away. అరుగుతుంటాయి. So it is a ranked drug whichever leprosy bad smell of skin etc. వికలాంగతకు ముందే వైద్యం చేయాలి. He cannot be cured afterwards.

Pale nails. గోళ్ళు పాలి పోయిఉంటాయి→anaemic indication. May be a little yellowish tinge in it. Weakness, lack of stamina, sluggishness. Irritability, loses his natural grip over things.

Longitudinal ridges on nails. Understand he is on the border of paralysis. Fellow is going to a nervous breakdown. Threatening indication.

### **Mental Symptoms:**

1)Feeble action of the mind. నిస్సత్తువగా పని చేయుట. Often forgetful. మరుపెక్కువ. Forgets news to convey if he is a little bit busy. ఏదో తెమ్మన్నారని గుర్తుంటుంది కాని ఏది తెమ్మన్నారో గుర్తుండదు. No enthusiasm. No comfort in living, He feels he prefers dying. But he has no suicidal tendencies.

2)Shivering while walking or doing something. Shivering of voice while talking. Hastiness in doing things. పని తొందర. He breaks the things, spoils things. He is always hurried in mind and body. మనస్సున శరీరమున స్థాయి

ఉండదు. Anxious. Confused. ఆందోళన, బుర్ర పని చేయదు. He wanders what he wants.

3)No clear thinking. స్పష్టంగా ఊహింపలేడు. Hesitation. గుంజాటన. He cannot decide. He wants to stay on but goes off. Hasty conclusions. suddenly proposes an unnecessary journey and recognizes it in train. Takes wrong decisions frequently. Impulsive. Wrong impulse, wounds himself in the process. లేవబోతే కిటికీకి తగులుతుంది.

4)Gradual softening of the mind. Foolish in his behavior. బుద్ధి హీనత. Says I have to go Madras. Everything is made ready he says no. Suddenly goes from house on a journey. No reason at all.

5)Fear of involvement. Fear of responsibility. భాద్యతల గూర్చి బాధ. He fears he is being committed to things. Talks of great ideas, ideals. But cannot do along with others. fears to be involved in it. Cannot do job or business. అంతా fit for nothing.

6)Senile. మానసిక పటుత్వము నశించును. Grown up man believes like a child and an idiot. Senility.

7)He cannot readily answer a question. ప్రశ్నలకు వెంటనే సమాధానము ఉండదు. Goes to a mental depression. Mental weakness. He looks silently for a long time before he answers a question. Things do not strike his mind readily (Cocculus Ind →Real time response are effected).

Merc sol →Whole mind is effected. Gradual mental paralysis. Thinks and thinks before he answers. Answers foolishly. You ask him do you take a bath and have food?

8)He fears everything. Timidity. Fears of every person. Suspects every person. ప్రతివానిని గూర్చి అనుమానించుట,భయపడుట. Feels that somebody may harm him. After a few days he feels he cannot believe him. Too timid.

9)Feeling too delicate with others. అతి మొహమాటం, చనువు, చొరవ లేకుండుట. If you say you can come to my house. He will roam in the

street. He is inconvenienced and others are inconvenienced with him with his behaviour. Retiring temperament. వెనుకంజ వేయు తత్వం.

10) Doubts everything and discovers wrong things.

11) Impulse to kill those who contradict him.

### INFERIORITY COMPLEX

Pale nail → Irritability. సాముద్రిక శాస్త్రము

Nail takes a divergent shape like a spade → Nervous system effected.

Yellowish → Liver spoilt. Dislike of company, misanthropy, దయ దాక్షిణ్యం ఉండదు, సదభిప్రాయములుండవు. Feels bad about everyone. He is a doubter, doubts everyone.

He is essentially selfish, miser.

Red → Ardent. ఆవేశ పరుడు very strong likes and dislikes. He has headaches unbearable, much of blood rushes to head. Strong emotions. Danger of high fevers. తీవ్ర జ్వరములు. Possibility of cerebral haemorrhages. రక్త నాళములు చిట్లుట మొదలగు బాధలు.

Rose → Ideally good

Opaque → loses its transparency as health decreases nail loses it.

పిండిరంగు వస్తుంది. Nail becomes thick → muscles and nerves going very weak. Fellow leading to paralysis of limbs and parts.

Change of the shape of the finger, if the organic changes.

Blue nail → serious circulatory trouble in heart.

రక్త ప్రసారమునకు సంబంధించిన తీవ్ర వ్యాధులు. Congenital heart disease ఉన్న వారికి. If the nail becomes thin than normal, fellow is going to die soon.

W.G. Benham – A great scientist → studies the nails of all ancient Nations. Studied medicine.

Japan & China – Best nations which produced more about their ancient culture.

Indian – A Lazy goose.

The laws of scientific hand readings → Really scientific and correct in the light of pathology.

Almond shape → lung trouble and delicacy of throat.

Doctor is a fool if he does not study palmistry and astrology and psychology of ancient sciences. 10 years before you can suspect leprosy and decide drug.

Preleprosy conditions which we have to know.

### **Distinguishing Symptoms:**

1) Confusion of mind and forgetfulness much < when weather is cloudy.  
మబ్బు మసక అయినచో బుర్ర పని చేయదు.

2) Patient is chilly afraid of chill weather. చలిగాలి అన్న భయం. Wants to cover himself. కప్పుకొంటాడు.

3) All troubles < in winter, also in mid summer i.e., extremes of weather give him much trouble. వాతావరణ తీవ్రతలు. > when the weather is moderate.

4) Acute symptoms

[Fever, Headache, Toothache] < from warmth వెచ్చదనంతో (Sulphur), also warmth of the bed. పక్క వెచ్చదనం.

5) He is forced to uncover himself. తీవ్ర లక్షణములప్పుడు కప్పుకొన లేడు.

When cool breeze touches him he is once again painful after a while. మరల బాధలెక్కువగును. i.e., if it is warmth.

He should shut himself in an air condition.

6)Offensive odour of breath, sweat and body and ulcers. Smell of decomposed meat. The whole room smells sometimes. Smell of decomposed skin →Tanning Industry గదిలో లాగా.

Long fevers లలో ఎక్కువగా ఇలా ఉంటుంది. often it smells →

a)Decomposed meat.

b)Preserved skin.

c)Mercurious vapours. Mixed up smells of these smell.

7)Patient < at night. రాత్రిళ్ళు. Fever higher at night. Typical of syphilitic miasm. (Aurum met, Syphyllinum, Pulsatilla, Kali bich, Merc sol). Weeps with pain all through the night.

8)Glands inflamed. బిళ్ళలు గట్టి నొప్పిచేసి వాచును.Fever with gland swellings. గ్రంథులు వాచును,also sweats and fever with these symptoms.

9)Fever and too much of sweating. Copious hot sweats. అధికంగా.No betterment in temperature during sweats (Opium) (Bryonia is Opposite).

a) Fever b) Copious sweats c) Bone pains d) sick feeling e) Feeble and f) distaste. రుచి ఉండదు g) Loose motion, grey coloured, stuffy (పలుచని).

10)Tongue is swollen sometimes objective, sometimes subjective. Feels tongue heavy, బరువు. Tasteless. రుచి తెలియదు. And edge of the tongue serrated. Margin of tongue you can find the imprint of teeth. పళ్ళ ముద్రలు. Too much salivation.

చొంగ.

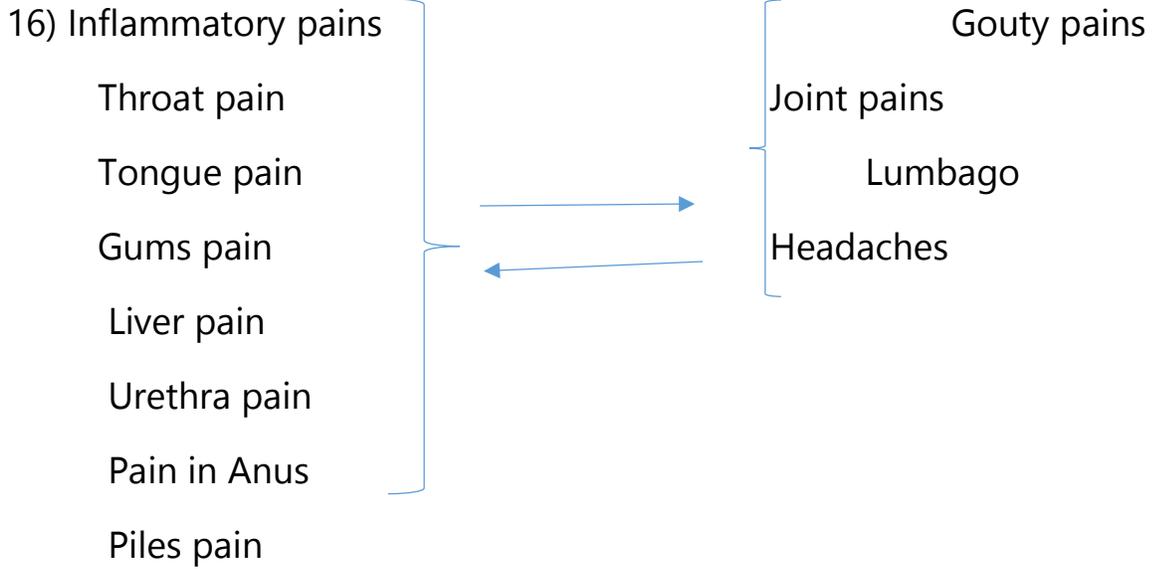
11)Ash coloured patches on tongue. Coating ash coloured on tongue. Stool ash coloured. Greenish yellow pus from any part of the body. From gums (Pyorrhoea). Occasional bleeding from teeth and mouth. Boils, nose.

12)Boils or abcesses without any heat. వేడిగానుండుట లేని లక్షణము గల కురుపులు. Cold boils. Boil gives a stinging pain. కుట్టుచున్నట్లు నొప్పి. Sweating around it కురుపు చుట్టు.

13)Steady emaciation with heat and burning in the head.

14)Patient cannot find comfort in any position. ఏ పరిస్థితిలోను సదుపాయం ఉండదు.

15)Bad nails. గోళ్ళు పుచ్చుట. Bad teeth. Hair fall often with itching and dandruff.



Inflammatory Pains ↔ Gouty pains

When one set is better the other set is worse.

This is syphilitic miasm.

Merc sol cuts the chain and establishes order.

Skin troubles ↔ Respiratory troubles

చర్మ వ్యాధులు

శ్వాసకోశ వ్యాధులు

Asthma better skin is worse. If skin is cured, again asthma worse.

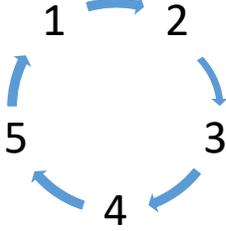
Establishes order

Order of cure

Gout → Inflammation → Skin.

18) Trembling. వణుకు. Quivering. కండరముల వణుకు. Nerve paralysis. నరముల వాతము.

19) No tendency to repair or treat. వ్యాధి నివారణ లక్షణములేవి కనిపింప కుండుట.



A cyclic repetition of groups of troubles (Tuberculinum also) i.e. every drug is doing its work, but on the whole the patient is not being recovered.

(Tuberculinum & Merc sol only). There will be break in the cycle. Temporarily sharp symptoms may develop like fever. Don't give anything. The chain action is cut.

1) Periodicity → China, Ars, alb, Thuja.

2) Merc sol, Tuberculinum.

1 to 2 and 2 to 1

The disease is playing with medicines, but no recovery.

20) Dress makes suffering worse, wants to be uncovered always. కోటు వేసుకోడు. woolen ధరించడు > parts of the body are exposed to weather. Hot లో పనికి రాదు, cool లో పనికి రాదు.

Moderate weather ఉంటే expose చేస్తాడు [Psorinum opposite → when exposes body he feels awful దురదలు, మంటలు].

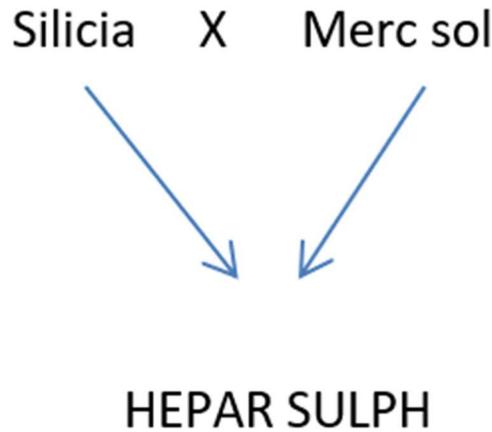
21) Deep ulcerations on the skin. లోతైన పుండ్లు. Deep cracks on skin. Chancres. లోతుగా చర్మం కొరుకినట్లుండు పుండ్లు. Slowly spread. మెల్లగా పెరుగును. They suppurate. చీము పట్టును, much delayed in their cure. నయమగుటకు చాలా కాలము పట్టును.

22)All pains of any part of the body. > sweat. పాదాలకు చెమట పడితే బాధలు తగ్గుతాయి. Has foot sweat always. Sweat smells. If we treat for the sweat the fellow goes to all sorts of troubles. కీళ్ళ నొప్పులు, తలనొప్పులు ఎక్కువ అవుతాయి.

**Relationship:**

It should not be frequently repeated. Wait until recovery stops. Creates nuisance when wrongly used.

Jaundice → Merc sol 6 one dose. If he is better do not repeat. Give Merc sol 6 whenever necessary. You have to treat him for his chronic miasm. Merc sol 30 then give Merc sol 200 if necessary. Never it is necessary to give higher potency. Only in exceptional cases.



Complementary and antidote of Silicea and Merc sol. Acid nitricum is a successful antidote of Merc sol. Heart cases లో Acid nitric ఇవ్వకూడదు. Then Sulphur is a good antidote and complementary to Merc sol.

HEPAR SULPH → ACID NIT → SULPHUR

Sulphur upto 200 not dangerous.

Acetic acid తరువాత Merc sol వేయకూడదు. After Merc sol Acetic acid can be given; Kreosotum తరువాత Merc sol వేయకూడదు. After Merc sol Kreosotum can be given.

Emotional effects లో drug antidote కావచ్చు. Social life లో కావచ్చు. Environment లో కావచ్చు. Cosmetics వల్ల కావచ్చు.

Treatment can never be challenged. It is too criminal to challenge on the life of a patient.

Why don't we follow the principles of homoeo masters.

## SILICEA

Element Silica. Hard crusts in nature. స్పటికములు, చిట్టెము కట్టిన పొరలు. గాజు తయారీ silicates వల్ల కనుగొన్నారు. ఊక, పొట్టు లో silicates ఉంటాయి.

1)Hard crust is its nature.

2)Granulation, నూకలు, నూకలుగా crystallize అవడం.

3)Glittering, తళుకు కన్పించుట.

4)Breakable hard surface, చిట్లుట.

These are the symptoms of Silica skin patient.

A very deep acting remedy, long acting remedy. In some people it is a lifelong acting remedy. Wrong గా use చేస్తే lifelong suffers.

ఉపాయం చింతయేత్ ధీమాన్ అపాయం చాభిచింతయేత్— పంచ తంత్ర కథ.

Strong anti-psoric.

### **False Symptoms:**

Patient is chilly. Mainly it is required in inflammation of the fibrous tissues.

Nerve fibres, conjunctions between nail and the skin. Whitlows. జెఫ్ఘ (Hepar

sulph also). తేలు మంత్రానికి లెంపకాయ, గోరుచుట్టుకు నిమ్మకాయ, బెల్లం మంత్రించి ఇస్తారు.

Tendons are effected. స్నాయువులు. Many cases of unhealthy skin with sweats and foul smell. Corns. ఆనెలు. Warts. పులిపిరి కాయలు. Hard shell like growths.

Silicea violently expels foreign bodies from constitution.

10 years ago a thorn in leg. Lives with it. If you give Silicea 1M చీము, నొప్పి, పుండయి బయటకు వస్తుంది. Heart disease లో Silicea అసలు వాడరాదు.

11 salts only not 12.

When placenta has not come fully.

China, Silicea, Pulsatilla, Sepia—harmful in pregnancy. Injuries go nodular. కాయలు కడతాయి. శుభ్రంగా, shiny and glassy. తళతళలు మిలమిలలు.

It is useful in fibroids i.e. a growth in the internal tissues. నార లాగా Mass పెరుగుతుంది. Even in uterus it is like that.

Pimples very hard and over sized and in cases where there is history of foot sweat or in cases where foot sweat is disturbed → Silicea is indicated.

Foot sweat reestablished. Various types of fistulae. Very difficult to cure.

### **Constitution of Silicea:**

A delicate constitution. సుకుమారమైన శరీరతత్వం. Cannot endure hard work. Very fine delicate skin (సున్నితం). Splits easily. దెబ్బ తగిలితే చర్మం చిట్లుతుంది. అవతలివాడి శరీరానికి తగిలి చిట్లుతుంది. Dry skin. ఎండుగా విరవిరలాడుతుంటుంది. Generally there is no inclination to sweat. చెమట పోయనే పోయదు. Only sweat to the feet and palms. Very very little, scanty sweat. (బంగారంలాగా) ఎంత ఎండగా ఉన్నా చెమట పోయదండి అంటారు.

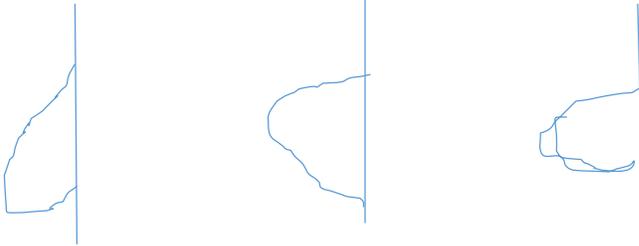
In some cases, sweats only on particular parts of the body. Fellow's sweat areas (పాకిస్తాన్ లాగా) separate అవుతాయి. Fellow cannot stand strain. శ్రమించలేడు. Cannot walk long distances. దూరం నడవలేడు. Not inclined

to take a venture. సాహసించి ఏ పని చేయడు. Timid by nature. Thinks much and does less. మీనమేషాల లెక్కతో జన్మ గడిచిపోతుంది. A fear of failure (Lycopodium). Also fear of strangers. కొత్తవాళ్లను చూసి భయం. They have a glandular constitution. Glands emaciation. చిక్కిపోవుట. Delicate constitution (సుకుమారం). Tendency to fevers and low temperatures. Scrofula అనబడు శరీరతత్వం కలవారు.

Open fontanelles until late months. మాడు ఆలస్యంగా కలుస్తుంది. (Calcarea carb, Calcarea phos) Calcium లోపించిన CC or CP. Silica లోపించిన Silicea.

Sometimes sutures do not heal. (గుర్రాలు కొని నాడాలు బేరం చేసినట్లు). Not with main operation. Sutures develop hard shell like growths. External injury often healed. చిట్టెము కట్టుట. Growths on the toes called shoe nuts. Boot కాయలు. Ankles పైన కాయలు. (Thuja, Aurum met, Aurum ars, Silicea, Causticum, Acid nit., Medohrrhinum, Argentum nitricum). కాయల వ్యాపారం. Nut like growths. (Calcarea carb, Calcarea fluor, Calc. phos also).

Often the fellow develops a big belly. Bulging bellies.



Lyco Belly

Calc. Carb belly

Silicea belly

Silicea – చొక్కా కింద foot ball పెట్టుకున్నట్లుంటుంది. Lyco వాడికి వసారా దిగినట్లు దిగుతుంది. Distended. Very much famous for weak ankles. Ankles pain too much if he stands. (Silicea కి Sulphur కి జాగ్రత్తగా గమనించాలి difference). Slow walk. A limping walk just like Lyco. Very much likes to take rest. భోంచేసి సుఖ నిద్ర. VIP లాగా ఉంటాడు. Wants to lie down much of the time. సుఖ శయ్యా – బుడ్డుడు, రంగనాయకులు, వెంకటేశ్వర స్వామి.

## Mental Symptoms:

1)Lacks mental stamina. మానసిక పటుత్వం తక్కువ. Can not think continuously. 5 నిమిషాల తర్వాత think చేయడం automatic గా ఆగిపోతుంది.

2)Can not read for more than two pages. Blank reading, mechanical reading. కూలీకి చదువుతాడు. Inclination to proceed further is not there.

Cannot write. Cannot type more number of pages. Output తగ్గుతుంది.

Sensorium out of focus.

ఇంద్రియములు మనస్సుతో సమన్వయ శక్తిని కోల్పోవును. ఇంద్రియ ప్రవర్తనలు కల్లోలపడును.

a)When he begins to read his vision is blurred after one or two pages.

b)He sees letters running like ants. ప్రయాణిస్తున్న చీమల్లాగా. Sees letter on letter. Letters misplaced. Commits mistakes in reading and writing. Unintentional mistakes. Mistakes in conversation.

c)In ears he hears humming sounds. Some practice pranayama and say they have experiences.

d) ఒక ముక్కుకు ఒక వాసన, రెండో దానికి రెండో వాసన.

e)Touch: A sense of touch when there is no one. Develops peculiar tastes with food materials. Suddenly he hears a voice. దీపం చుట్టూ Technicolor lights. Colour distortion.

3)Dread of new environment and strangers. కొత్త వాళ్లన్న భయము. Silicea వాడికి best opportunity – lecturer in a private college.

4)Embarrassment (Argentum nitricum also) – Mind becomes blank. బుర్ర అద్దెకు ఇవ్వ బడును. D.E.O. వస్తున్నాడంటే principal బుర్ర పనిచేయదు. Student studies too much. Goes to exam, takes paper. Then forgets everything. He can be better after 5 or 10 minutes. ఆ Time లో పోతే failure, ఆగితే success.

5)Dread of responsibility. First qualification of an Indian officer. No commitment. Yielding temperament. దబాయిస్తే ఒప్పుకుంటాడు (Pulsatilla, Lyco).

6)No decisive mind working in him. Cannot take decisions. No firmness in speech. నిశ్చయంగా ఉండడు.

7)He fears appearing before public. Silicea lecturers fears to see the students.

8)He dreads his profession. వృత్తి మానివేయును. Withdraws from profession and sits at home (Silicea, Lyco, Tuberculinum).

8) Fatigue – త్వరగా అలసిపోవు మనసు.

9)Irritable when aroused. విసిగించిన ఆకస్మికముగా చిరాకు వచ్చును. నసపెట్టి గొణుగుతాడు. Balls and balls and then weeps.

10)Timid when left alone. ఒంటరిగా ఉన్న పిరికి. He wants somebody to take him. చొరవ లేదు. Fears company. సభాపిరికి (Lyco).

11)Children cry when spoken to (Antim crude, Cina). He goes to back yard when strangers come to house. Timid and unsocial.

Vicious in Chamomilla and timid in Silicea. Bell also is not timid. Bell is a problematic child. In Silicea child is obstinate. Instinctive disobedience. చెప్పారు కాబట్టి వినడు. Head strong.

12)Startling with least noise. శబ్దానికి ఉలిక్కిపడును. Jerk in the person. Eyes move into the sound in Silicea.

### **Distinguishing Symptoms:**

1)Complaints develop slowly. No violence and speed in Silicea.

Silicea, Bryonia, Borax → slow.

Belladonna, Aconite, Arsenic alb. → fast.

2)About bleeding it is very less in Silicea (opposite of Phosphorus, Lachesis, Ferrum met, Arnica).

3)Suppression of discharges and many complications afterwards. అనేక వ్యాధులు పరిణమించుట.

Lady shows less of menstrual discharges. Lack of stamina, emaciation. Stool hard and constipation. Gonorrhoeal discharge stops and develops all sorts of weakness and goes to dangerous conditions.

Always the sweat is cold. Because the body is lacking in heat. (Psorinum, Rhustox). Headaches are similar to these drugs.

Psorinum → చెవులు కప్పకోవాలి. In summer sleeps in the house. కాళ్ళ నుంచి తల దాకా కప్పకొని బతుకుతాడు. Insufficient education తో 80 ఏళ్ళు ఉంటాడు. Wears a fur cap in summer.

4)a)In ladies constipation before and after menses – one type.

b)Little children are constipated (very rare thing). They have very hard stool.

Stone like dry (Graphites) → it is like a stone with mucus pasted to it.

Conium – Hard lumps like little stones.

Silicea, Graphites, Conium, Opium – 4 రోజులకు 5 రోజులకు అవుతుంది motion.

Opium – A bundle of little marble. మేక పెంటికల లాంటిది. Unbreakable lump. In all drugs stool is painful. Children weep and scream and dreaded of the pain of stool. అవబోతుందని తెలిస్తే పెద్దగా ఏడుస్తారు. Anus cannot expand to expel the lump.

In Silicea it comes out half and recedes back. When the first part of the lump comes the other stool normal. Hard in beginning. Often anus cracks and bleeds.

In the case of Opium anus is like a sack of cloth. The stool has to be mechanically removed or expelled. Sometimes they use spoon like instrument to pull it out.

Magnesia mur → chilly close to Silicea; Selenium → very hard and painful. Loses some seminal fluid whenever he goes to stool.

**Selenium important points:**

1) Passing seminal fluid with motion.

2) suffers from unbearable lumbago.

3) The whole sleep is filled with dreams and dreams of daily routine stories, sequences. When disturbed in the midst of a dream, the same dream continues.

4) Gradually loses hair on chin. People getting old. Eye brows begin to fall off. His pubic hair falls off. Hair fall. (Specimen of a cement statue).

5) Sweat leaves an yellowish stain on the banyan (Thuja also).

Graphites, Silicea people are one and the same in constipation. Carefully to be distinguished. Same with Magnesia mur. (Fistula in the anus. Trouble in the ears. Otorrhoea. Cannot be expelled from ears. Has to be removed).

Graphites → Carbon drug. So craving for air, cool air, cool atmosphere.

(Calc. carb, Carbo acid, Carbo veg, Carbo animalis, Carbonium sulph, Baryta carb.)

Kali carb—Too Chilly. Cannot bear even idea of cool weather.

Natrum carb: Cannot bear either too much of.

### **Causation:**

1) Surgically operated wounds leaving nodular growths after healing.

Nodules pain after some time. Little eruptions. Old wounds and injuries.

They after healed leave a hard shell. కాయకట్టి ఉంటాయి. People with psoric or syphilitic miasm, sitting for long times on hard surfaces they develop some spot somewhere and get troubles. Boil on the buttocks, between testis and anus. Also on account of too much cycling in a day.

2) Some splinter left inside a wound and wound healed. లోపలికి ఉండి

గాయం మాని shell కడితే 10 సంవత్సరాల తర్వాత pain and stony hard.

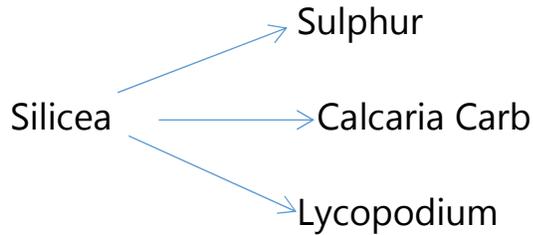
Very painful. To be operated. Sometimes operation is very dangerous or may turn malignant. Diabetic patient if he tries to cure his sugar in urine this is

అరికాళ్లలో సూదులు గుచ్చుతున్నట్లు చిమచిమలు. One part of the foot లో numbness start అయి gangrene రావచ్చు.

3) Diabetes patients: (two families) Chilly-cold skin – weak and feeble constitution. Lack of appetite. Very very slow digestion. Food rests in the

stomach for a very long time. Great lumbago. Increased in winters. చలి కాలంలో ఎక్కువ అవుతుంది. < exposed to cool breeze. Greatest disinclination to work. Postpones the things. (Even in Telugu Desam Govt., files are constipated like Silicea stool). Much pain in certain bones. Decay of teeth. దంతములు పుచ్చుట. Pus and blood from gums. Foul smelling sweats on soles and palm. This is the pre-gangrenous condition. We have to be careful. Threatening in indication. Some may get leprosy or epilepsy. The fellow will have loss of sensation in patches on certain parts of the body. (Aurum met – Kali bich also). Indication of leprosy.

### Relationship:



Baryta Carb → Mentally dwarfish. Much below his age in intelligence. దేభ్యం మొహం. Cannot learn to walk.

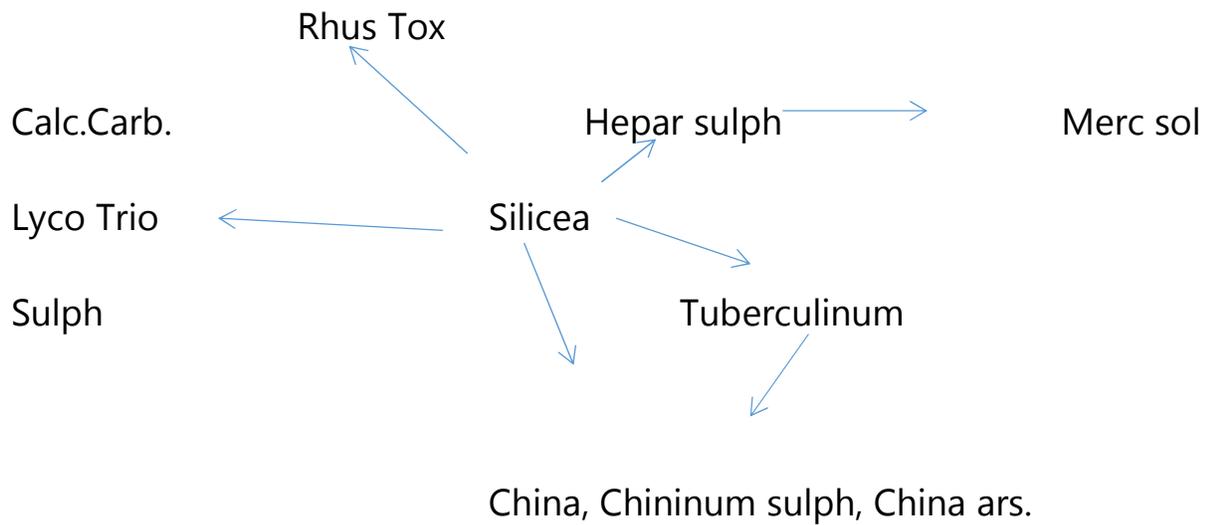
Mind of Baryta carb → Late learning to walk. Calc. carb –Late walking (deficiency of Calcium).

Silicea → Late walking (Silica deficiency).

### Lyco Trio:

Hepar sulph – Chilly drug – very deep. Follows well. Completes the cure.

Hepar sulph → Merc. sol or Mercury drugs.



Complementaries to Silicea:

Rhus tox eruptions and Silicea eruptions are one and the same. Yellowish pus boils.

Only inimical is Merc sol and mercury drugs.

## THE TISSUE SALTS

It is a different system by itself. Never it is equal to homoeo. The whole principle is different.

Homoeo: When there is any difference in the constitution it reflects in the mental and behavior aspects of the person. దేహధర్మములు తారుమారు అగును. These abnormalities are called symptoms. We can observe the nature of the disease by the totality of symptoms. Natural and artificial diseases. ఉత్పాదిత, సహజ. Natural are those we get in normal course and whenever there is a diseases we call the cause as disease. When there is an administration of a drug there will be a change in the constitution. Only poisonous substances, natural and artificial have their own totality of symptoms. If the totality of a poisonous substances is similar to the totality of the disease, then we call the substance as the medicine of that particular disease. Not sameness, similarity.

A scientist Dr. Schussler, taught us take the chemical analysis of the all the tissues of a healthy man. A table of chemicals and compounds he has given. సమ్మేళనము సమ్మిశ్రమములు. Ultimately there are 12 salts with about 36 basic elements i.e. except these there is no other chemicals in the human constitution. He studied the nature of these compounds in the body. ఏదైనా తక్కువైతే ఎక్కువైతే వచ్చే మార్పులు తెలియచేశారు.

ఏ రసాయనిక పదార్థం deficient అయిందో చూసి supply చెయ్యడం దీని principle. He called them the twelve tissue salts.

1. Calcarea Phos	} Phosphates పంచ పాండవులు – Five Phos
2. Ferrum Phos	
3. Magnesia Phos	
4. Natrum Phos	
5. Kali Phos	
6. Calcarea Fluor	} Chlorides
7. Kali Mur	
8. Natrum Mur	
9. Calcarea Sulph	} Sulphates
10. Kali Sulph	
11. Natrum Sulph	
12. Silicea –Silica	

Materia Medica తయారు చేసాడు.

The very basic principle of application differs from Homoeo. That never means. Two theories may be correct. Two people can be good. It is altogether a different system.

The Biochemic system of medicine. శారీరగుణదీపిక. Homoeopathic Materia Medica లో కూడా ఈ drugs ఉంటాయి. These are also in Homoeo. But they are not same. When used homoeopathically they react in a very different

manner. కొంత సామ్యం ఉండచ్చు గాని homoeo లో వాడరాదు. Potency లలో జాగ్రత్తగా ఉండాలి.

కాళిదాసు కవిత్వం కొంత మనపైత్యం కొంత ఉండకూడదు. Our brains may be golden, but we can only do it. అలా చేస్తే అది Krishnamacharyopathy అవుతుంది. But it is apathy to other pathys. We cannot combine these two theories.

Decimal potency system: 3X, 6X, 12X. 6 times decimally diluted.

Centesimal scale: 200 times diluted centesimally.

Kali mur 6X is quite different from Kali mur 6c. FP 200 should not be given in fever. It kills patient many times.

## CALCAREA FLUORICA

Its principle is dilatation of blood vessels. రక్తనాళములను సాగదీయు శక్తి. Relaxed condition of the fibers. దారముతాళ్ల వంటి ధాతువులు వదులు అగుట. Fibers of the stomach expand and cause when the man walks abdomen jumps. A change in the connecting tissues. అనుసంధానం చేయు ధాతువులు. Tissue connects nail with the skin. దంతములను పట్టు చిగుళ్లు. Tendons that connect muscles with bones.

1)Enlargement of blood vessels. Person debilitated. వడలిపోవును. Varicose veins. Bulge out blood vessels. ముసలివాళ్లకు సహజం. కుర్రవాళ్లకు disease. In laborers we find more. Haemorrhoidal tumors. చిట్టి రక్తం కారు కురుపులు. రక్తనాళం పైన కురుపులు.

Unhealthy glands. Glands enlarged and painful. Postpartum haemorrhages. ప్రసవం తరువాత haemorrhages. When skin cannot relax after delivery and blood comes out – CF is given. Even in menses incapacity of the contractile nature of the uterus or private parts. Weak abdominal parts. కుదబడి జారిపోవుట. Hard knotty outgrowths on bones. Exostosis etc. బఠాణీ గింజలు. Fingers, toes పైన ఎక్కువ. Hanging belly. Crusts in palms of hands. పైకిలు కాయలు. నీటి కాయలు. Fissures, fistula etc. అరికాళ్ళ పగుళ్లు, మడమలపై బ్రద్దలగుట. Cracks in the anus. Cracks in the foreskin of the sexual organs.

### **Mental Symptoms:**

Great depression. అతితీవ్రమైన నిరుత్సాహం. No enthusiasm in life. A strong fear of future. తీవ్ర భయం. Fears day and night. (in homoeo also). Corollary: Strong, baseless fears about his finances. ఆర్థిక పరిస్థితి గూర్చి అర్థం లేని దిగుళ్ళు. Fellow is mean and miser. He feels he goes to poverty. He never pays. Feels to beg on streets త్రికరణశుద్ధిగా (ముగ్గురు కరణాలు). A millionaire in Visakha had this particular symptom. Master gave him Calc. flour 50M. He was quite alright. Psychologists have no solution. Psychologists in foreign only advise but they cannot sleep. Psychological advisers would be smart and intelligent. Paul in Munich. Best Psychologist – Indecision. Cannot decide. Thinks too much. Failure in life. గుండె దమ్ము లేదు. Schussler says he attributes a higher value for money than what it requires.

## Modalities:

1)Headache with nausea in the afternoon after 12 noon. > in the evening  
i.e. when it is cool.

12 to 4 – Unbearable headache. ఎండ ఉన్నంత సేపు.

2)a)Flickering before the eyes. Sparkles. మెరుపు తీగలు. Some before  
headache. Particles move before the eyes. చుక్కల ప్రయాణము. కంసుడికి  
చివరి రోజులలో కృష్ణుడు అగుపించినట్లు.

b)Blurred vision. చూపు మసక. Adjust చేసుకుని చూడాలి. < from reading  
(Silicea). > by closing the eyes.

>by pressing lightly. Focusing is normal after it.

3)a)Nasal discharge. ముక్కునుండి కారు ద్రవము. It is copious. చాలా  
వస్తుంది. offensive వాసన. Feels the bad smell of it. Thick and sticky. Lumpy.  
ముద్దగా ఉండును. Greenish or yellow (Sulphur colourలో).

b)Diseases of the nasal bone. ముక్కు ఎముకల వ్యాధులు. Internal swelling  
of the bone. Stuffing of one nostril or both. బిగదీయుట. ముక్కు  
వంగుతుంది. Beam of nose takes a curvature. తడక వంగుతుంది. ఎముక  
కూడా వంగవచ్చు. Growth may be outside also. In such cases the bone has  
the smell of dead tissue, rotten leather etc., discharge లేకుండా కూడా  
వాసన.

4)a)Swellings, redness of the cheek with swollen gum inside. పంటి చిగురు  
వాయును. బుగ్గ బయటకు వాయును. Decay of teeth. పన్నుఖడ్గం లాగా

తయారవుతుంది. Intolerable toothache. Frequent gum boils to the same gum. పళ్ళ కురుపు.

b)Soreness and cracks on the corners of the lips. ఒరియుట, పగుళ్లు వచ్చుట, often a tongue with cracks. బద్దలుగా చీలికలు. Great dryness of mouth. In children delayed dentition. యతి సరిపోయినా పళ్ళు రావు. (10వ నెలలో). Enamel of the tooth deflected. Cement permit apply చేయాలి. Never to be pulled them or cemented. It should be left alone. గాలి తగులుతుండాలి. It may lead to cancer or gangrene. Debauching medical science for our own purposes. Commercial purposes.

Calc.fluor prevents these conditions. It arrests tooth decay. Stunning successes in this case.

5)Dilatation of the heart. విశాలహృదయం. Like a big pot. Fellow cannot walk. He cannot climb upstairs. ఎగ్శ్వాస. With palpitation. Cures heart diseases completely.

6)Glands behind the neck and around the neck become stony hard. రాళ్ళ వలె or the glands in the axilla or groins. Develops unbearable lumbago. Both things put together only.

7)Gouty enlargement of joints. సంధి బంధముల వాతము. With pain also. Probable places are wrists and fingers. Relief is immediate. Cure takes a long time. (Stopping of medicines – Visakhapatnam logic – Donkey logic – Lack of sense of responsibilities).

8)Weakness, fatigue < in the morning until it is about 10.30. (A withdrawn sound, గాలి తీసిన ట్యూబ్ లాగా).

9)Fissures on the skin and soles. మడమల పైన, వ్రేళ్ళ పైన, Toes పైన.  
Fissures in the palms. Scaly skin.

10)a)Inability to expel urine. Crawl on forefeet to pass urine.

b)Inability to expel stool. (ఉభయభాషా ప్రవీణ).

c)Fissure in anus. చర్మం పగులుట. Fistula. లూటీ. Oozes the pus which was promised earlier హరిత పీత వర్ణాలలో.

d)Bleeding piles. సర్వము ఉండవచ్చు సర్వమిత్యాకాశౌ.

e)Itching of anus. Often the fellow is engaged. Any combination is possible.

11)a)Bleeding piles.

b)Pain in back (Lumbago).

c)Pressure of blood into the head. (patient feels not the doctor). < by lying.  
కూర్చుంటాడు. Pain is < by lying on the painful side.

12)A)Displaced uterus in ladies. Sometimes retroverted.

B)Dragging pain in hip joint. తుంటి కీలులో.

C)Nodules in mammae. Stone like growths. Any two or three symptoms.

D)Fibroid. Fibrous growth in uterus.

E)Prolapse of uterus. మర్మావయవం నుండి బయటకు. A bearing down pain. క్రిందికి లాగుతున్నట్లు.

13)Hoarseness of voice. గొంతు బొంగురు పోవుట. Cough < from reading or talking aloud. గట్టిగా చదివినా మాట్లాడినా.

14)Lumbago < on beginning to move. కదిలితే తగ్గుతుంది. < from lying on painful side. < from coughing, < from laughing నవ్వుతావురా? అంటుంది. < by continued movement.

15)Hard tumors at the back of the wrist. మణికట్టు వెనుక గడ్లు. Bone tumors. Strong muscular tissue elevated.

16)A)Suppuration of the bones. ఎముకలలో చీము చేరుట. Ex: Nasal bone.

B)Exostosis. ఎముక పెరుగుట. Most probably on fingers.

### **Particular Modalities:**

a)Worse in damp weather.

b) < during rest.

c) > by cold dry weather (peculiar).

d) > by cold fomentation and applications, but water should not touch.

e) > by rubbing the affected part. తోమిస్తాడు.

## **Relationship:**

After treatment of RT, Bryonia or Silicea, Calc. carb, CF completes the treatment and relieves.

Standard (Boericke and Dewey).

## **CALCAREA PHOS**

This salt deals with two important things in the constitution.

1)Growth of the person – contributes to it. పరిమాణమునకు. We owe to our bones for our size and shape. Bone tissue distortions in growth.

2)Nutrition: The fellow cannot extract Calcarea salts from foods (Calc. carb also).

## **Mentals Symptoms:**

1)Memory is impaired. జ్ఞాపకశక్తి తీవ్రముగా దెబ్బ తినును. Addresses, phone numbers etc., cannot remember the things. He has to search the whole house.

2)Continuous anxiety for nothing. అకారణమైన ఆత్రుత, ఆందోళన. He feels he has a lot to do. (postpones things). Goes to office hurriedly. Cannot work there. Procrastination and returns. ఏ పని అవడం లేదంటాడు.

3)Unable to sustain mental effort. సంకల్పించలేడు. Doing and undoing. గందరగోళం చేస్తాడు. No continuity of efforts. Feeble minded. మానసిక

నిస్సత్తువ. Mind cannot pick up. అందిపుచ్చుకొనలేడు. Body cannot conduct any work.

4)He is peevish and narrow minded. సంకుచిత స్వభావం, నిర్దాక్షిణ్యమైన స్వభావం. Loses sympathy for others. ఇతరులను గూర్చి ఆలోచించ లేడు.

5)He goes fretful. He feels a separateness from others. Never commits. Wants to withdraw. Unsympathetic. No sense of co-operation. Most non-sympathetic. సహకరించడు. Self-centered. Backbites. Misanthropic. Separatist tendency.

6)Utter selfishness. మా పని ఎప్పుడు చేస్తారు? సమాజం మాకేమి చేసింది? Very careful after his things. He becomes a stupid in the last. Goes to very slow comprehension. నిదానముగా అర్థం చేసుకొనును. Becomes greedy. పేరాశ, దాహము. అందరి Homoeo notes నాకిమ్మని అంటాడు. పిల్లలు toys అన్ని నాకు ఇమ్మంటారు. Sometimes go on borrowing copies, pages and sometimes never return. Tear off the pages from books so that other students could not read it (Sepia also).

7)Vexation: With everything. He teaches sermon on the mount. Vexes with life. Uncouth reaction towards others. A great disappointment with others. ఎవ్వరు తాను చెప్పినది చేసి పెట్టరంటాడు. మంచివాళ్ళు ఎవరూ లేరు అంటాడు. He has no good man on earth.

### **Distinguishing Symptoms:**

1)Any complaint followed by vertigo. Especially in old age.

2)Headache:

a)Feels head cold. చల్లగా ఉందంటాడు. Also cold to touch. Colder than body. తలనొప్పి ఉన్నంత కాలం తల చల్లగా ఉండును. Feels cold inside the head. Water in the head moving.

b)> from sneezing suddenly. అకస్మాత్తుగా చీదినను, తుమ్మినను మెరుగగును.

c)Headache before second dentition for children or during second dentition.

d)< after exertion (young or old).

e)< damp weather or dampness of the place he sits.

f)< from change of weather from cold to heat or heat to cold.

g)Headache with flatulence. కడుపు ఉబ్బరంతో తలనొప్పి.

h)Headache with a feeling as if ice water in the occiput. మంచుగడ్డ ఉంచినట్లు.

i)Among girls at the age of maturity anxiety (ఆదుర్దా), restlessness, nervousness. స్థిరంగా ఉండలేడు. Often diarrhoea.

3)Head: a) Loose bones in the head. Open top. మాడు కలియకుండుట.

b)Swollen head, oversized. Cannot carry head on the neck. Bulgings on the upper head like an umbrella.

c)Hydrocephalus condition.

d) Bald spots on the head. Patches inconsistent. Part of the head becomes bald.

e) Inflammation of the eye lids, cornea, dryness of the eyes → during dentition. During the period of second dentition, during the period of losing the teeth in old age.

f) Decay of teeth, పళ్ళు పుచ్చుట. Especially during second dentition. Second set also begins to decay.

g) Photophobia. Cannot see light. కళ్ళు చికిలిస్తాడు.

4) Scrofulous constitution. Fellow glandular. గ్రంధులు వాచుట. Cachectic. Becomes thin and thin and bony like a skeleton. బొమ్మలాగా. Children go into marasmus. పిట్ట దోషం, ముట్టు దోషం. Children die with it.

Ophthalmia, దృష్టి కి సంబంధించిన జబ్బులు.

5) External ears cold. Earache inside. Pus formation in ears. చెవిలో చీము. White thick milk coloured pus with glands in the neck swollen. Painful. Stuffed feeling in ear. Hard hearing in children especially before 12 years age.

6) Legs are weak. They are thin. Walking delayed. Frequent diarrhoea. Diarrhoea → white like milk. Little infants pass white stool as soon as they take milk or they vomit milk. తాగి కక్కుతారు or dislike of milk. పాలు ఇష్టపడరు. Grinds teeth and weep. పళ్ళు కొరికి ఏడుస్తారు, in sleep also.

7)Cold nose. Thick white discharge from nose. All discharges are milky white. < in a cold room or cold weather. > warm weather, > in outdoor. Sore nostrils and inflamed nasal polyps. Occasional nose bleed in children. < in the afternoon.

8)Pimples of many sizes. Often hard and stone like. Growths like blue pus.

9)a)Tonsils swollen. Often also with fever.

b)Upper lip swollen and painful. (Calcarea carb). CP biochemic only.

10)In children teething delayed, also second teething. పళ్ళు వచ్చుట ఆలస్యము. Complains during teething. Teething trouble is not normal. Non-psoric parents. పుట్టిన వారికి ఏ బాధా ఉండదు.

a)While teething → 1)Loose motions, milky white. Passes stool whenever food is given.

b)Dreaming. పీడకలలు. Nightmares. Screams and wakes up many times.

c)Weeping peevishness. నస పెట్టి ఏడుస్తాడు.

d)Convulsions during the period of teething because the nerves are restless.

e)Sleep disturbed frequently.

11)Too rapid decay of teeth. పళ్ళు పుచ్చుట. Generally on both sides. Even in second dentition,

a)Glands of neck swollen and painful.

b)Frequent sore tongue. నాలుక పూత, aphthae, నంజు పొక్కులు. Sore throat, గొంతు పుండయి నొప్పి చేయుట, painful.

12)Burning of throat especially during rainy season that too on the advent of rainy season. Cough and burning in the chest. Bronchial type of inflammation.

a)Adjusting the throat. ఖాండించుచుండుట, గోండించుట. It is all due to mucus forming in the throat. This is an indication of Calcium disturbance in constitution.

Sensation of the throat. Dryness.

Pain in the throat. < with empty swallowing. < by not speaking for a longer duration. > by talking. When you begin to talk after 2 or 3 minutes it is better.

13)Cough with phlegm etc. < from going into sleep. నిద్ర పడితే ఎక్కువ అవుతుంది.

14)Heart burn. It is not in the heart but in the chest. A type of acidity.

Flatulence. పొట్ట ఉబ్బరించుట. Unusual Hunger. Untimely he feels hungry.

Burning is also there. పైత్యపు మంట. కడుపులో ఆకలి. No taste to eat.

Sinking sensation in epigastrium. Pain after eating. భోజనం తర్వాత నొప్పి.

Dyspepsia. Lack of digestive juices. జీర్ణ రసములు తక్కువగుట. Food materials go in stools unchanged.

15)The infant wants to be nursed all the time. He vomits easily and frequently. Children going into marasmus. ఎండు రోగము. Rickety. Frequently he has loose motions repeatedly. Cycle goes. Better worse.

16)Great desire for undigestible things. అరగని జీర్ణం కానివస్తువులకు అత్యాశ (Like Rhustox in fever). Accustomed to Gluttony.

17)పాలిచ్చు బాలింతలు. milk becomes saltish in taste. ఉప్పగా. Bruised. They become acidic. Bruisy. Child refuses to be nursed. Careful. Don't feed him. Breasts painful. Mammary glands swollen. Sometimes chills and feverishness. High fever sometimes called milk fever. Give her CP 6X. Mother & child are cured.

### **General Modalities:**

18) <Cold.

<Movement.

<Change of weather. Hot to cold or cold to hot.

>Lying down.

>Rest.

### **Relationship:**

Complementary to Calcarea.carb., Tuberculinum, Rhustox, Lachesis.

## CALCAREA SULPH

Sulphate of Calcium.

It is present in bile for a particular purpose. Bile duct circulation of blood లో Red corpuscles are sacrificed. పుష్టి, purification కోసం. Purification → Agency of Oxygen., Nutrition → Agency of Calcarea sulph. పుష్టిని స్వీకరించుటకు కావల్సిన సామర్థ్యమును C.S ఇచ్చును. Many Red corpuscles die. అణ్ రణీయాన్ మహతో మహీయాన్.

Filthy matter of Red Corpuscles. C.S. produced in liver. It destroys the red corpuscles and relieves them from body. దహన కార్యం.

Purpose of C.S. when it is deficient in constitution, there is too much of pus formation. చీము తయారవుతుంది. Produces suppuration centres. Many parts of the body suppurate when C.S is not sufficient internal and external.

Too much discharges from mucus membranes (అతిగా స్రావములేర్పడి వెళ్ళిపోవును) especially tubercular ulcers. ప్రేవులలో కురుపులు. Ulcers of cornea కనుగ్రుడ్డుపై వచ్చునవి.

Various teeth disease. Colour of the teeth changes. Yellowish, brownish spots on teeth.

### **Mentals Symptoms:**

1) Changeable mood. అభిప్రాయములు మారుచుండును. He may think that you are a good man and understands you as enemy. Easily pleased and easily vexed with others. Lack of continuity. పని తలపెట్టిచేయలేడు.

He promises things and rejects in a few moments.

2) Sudden loss of memory. If there is any calamity forgets everything. Never works in. Gradual loss of memory when give Kali phos (simply like Anacardium in homoeo).

3) Sudden loss of consciousness. ఆకస్మికంగా తెలివి తప్పుట because of Sun stroke, electric shock (Kali phos). Consciousness is not fully regained partially gained → Kali phos.

అసలు తెలివి రాకపోతే → C.S. (Just like Aconite in homoeo) May be on account of Constitutional changes or on account of mental strain or so.

4) Gradually fellow develops absent mindedness. పరధ్యానం. Mechanical reading. Listening to others 5 or 10 minutes understands well. but cannot hear after wards. Progressive absent mindedness Never remembers where he has placed his car keys. Forgets easily.

5) Increasing degree of irritability, anxious. He has to do something, but does not know what it is. Peculiar type of tendency in consciousness. Causation is compulsory activity of mind beyond his capability.

Discontented. తృప్తి యుండదు. Full of fears భీతాహములు that he may not see his daughter's marriage (Fear should be only an instinct).

No animal has fear without instinct. Fear intellectualised is disease. Fear of future May go wrong in his decisions. He shirks from taking decisions.

Fear of doing something wrong.

6)All mental symptoms > open air; < in a closed room. Less sane. Mental picture of Calcarea sulph.

### **Distinguishing Symptoms:**

1)Scabies on head. Skin becomes dry on scalp. Scales itch. Suppurate boils of yellow pus.

2)Headache with nausea along with.

a)As if eye balls were sunken.

b) < cold applications. Wash with cold water in cold climate, but mentals > cold water.> by dry cool weather without damp. తేమ తగిలితే బాధ.

3)Pain around the head. తలపాగా చుట్టినట్లు. More in the forehead and frontal. Vertigo and nausea. తలతిరుగుట, వికారం.

Any one may be present with quick movement of the head.If he runs a pace gets all the symptoms. Startled.

4)Pus in the eyes పుసులు (yellow). First Silicea then Calcarea sulph. C.S completes the treatment.

5)Injury to the eye with a splinter.

6)Conjunctivitis:- కండ్ల కలకలు. Neck glands గ్రంథుల వాపు. కండ్ల కలక, మెడ నొప్పి (Phytolacca in homoeo).

7)Deafness with discharge from middle ear. చెవి మధ్య నుండి రసి కారుతూ దిబ్బడ వేసినట్లుంటుంది. Suppuration in the ear. Discharges from the ear

may be mixed with blood streaks. Pimples around the ear చెవి చుట్టూనూ మొటిమలు also any swelling near the ear, around the ear makes the part very sensitive.

8)Nose bleed with yellow discharge. పసుపు పచ్చని నెత్తురు. Edges of the nose sore and sensitive.

9)Swelling of cheek. బుగ్గ వాపు. Suppuration inside the mouth. Gum boil may be there. చిగురు కురుపు.

10)Inside the lips sore. ఒరిసి పుండుపడును in long fevers or without fevers.

11)Tongue becomes flabby. నాలుక మందమగును. Layers of clay on the tongue. Yellow coating on the tongue, on the back side (Baptisia లాగా).

## **GENERAL MODALITIES**

12) < Exertion on work.

<After having a wash.

< After walking fast.

< In over heat or Sun.

## **FERRUM PHOS**

Its main function is to set up equilibrium in the equalities of the blood content. రక్తములోని వైషమ్యములను సవరించుట. Generally it is required when the constitution is sluggish. When the purification is not properly done. Oxygen is not properly absorbed. Oxidation is not done correctly.

Impurities of Carbon content left over in constitution. Organs begin to work with less and less efficiency. A feeling of heaviness of the body. Positive weakness. స్పష్టముగా నీరసం. Lack of resistance. సత్తువ తగ్గుట. Person cannot stand heat or cold. Circulation is effected often. రక్తప్రసారము వైషమ్యము చెందును. Hypertension or Hypotension. Blood pressure.

తలబరువు. Staggering while walking. When it is low blood pressure. Vertigo, fears like falling down. Requires a stick in their hands. Gravitation is not felt properly. Centre of gravity sense ఉండదు.

### **Mentals Symptoms:**

1)Mind becomes less efficient, cannot think properly. Refuses to think. ఋత్ర పని చేయదు. Postpones work more and more. Develops an irritability. Feels others are not working for him. Generally when he sits he has no inclination to stand up. Wants to lie down.

2)A distaste for life. జీవితమన్న విరక్తి. No enthusiasm. A constant fear about his own health. భీతి తన గూర్చి. Grows anxious about himself. ఆదుర్దా. Begins to question everyone about his health.

3)Home sickness. Feels like to see his close relatives.

4)A tendency to haemorrhages. It coagulates. Administer powder on effected region.

Best is F.P 1X. On tongue it is F.P 6X [Homoeo లో Ferrum met 30 or 200 in dilution] పిడుగు పడితే.

Sabina → Shooting pain from pelvis to pubis or from pubis to pelvis only indication, not haemorrhage.

Sensation of heat to the face. False plethora. False గా శండుతుంది blood తక్కువ ఉన్నా. One cheek red another pale → Ferrum met.

Fear of bleeding intense even when there is no bleeding → Hamamelis-- రక్తం చూచి పడిపోతారు.

Quite indifferent to his bleeding → Millefolium. Careless about it.

Staphisagria → Oppression of mind because of insult. Intense frontal headache on the brow. Dull & heavy type of unbearable suffering.

Very heated mind. దుఃఖ శరంగా, బాధాశరంగా. Temperature is higher. Haemorrhage because of tension in the head.

13 years school girl – Birth day of child. Asked father to come earlier. Father could not come. Cinema programme cancelled at 6 PM. By 7 PM fever shot up → Staphisagria 200.

First aid in bleeding injuries, epistaxis, sunstroke, fevers.

Sunstroke → Fevers, delirium, restlessness, redness → Less dangerous.

Natrum mur 3X → Drowsy, dull, pale, greenish. Thirst too much. Dull headache especially in the back of the head. తల వెనుక నొప్పి.

Can give fresh coconut water. Tender one. Saltish. It should not be used when sweet. Tender coconut లో Natrum mur ఉంటుంది. Glucose is not

sufficient. Buttermilk (ఉప్పు కలపరాదు), ఖర్జూరపు నీళ్లు, కొబ్బరి నీళ్లు, తేనె నీళ్లు, warm drinks only.

When the fever is running high then you give FP 6X water 4 ounces. Give one spoon and add one spoon. Potency slowly increases. In malarial fevers it may not be very much useful but in all other fevers it is helpful.

Heaviness of head → Daily two FP 6X cures.

FP chronic condition లో జాగ్రత్తలు → Middle age or old age లో night ఈ మందు ఇవ్వరాదు. It may cause sleeplessness.

NV → night always. Sulphur → early hours of the day. సూర్యోదయానికి ముందు.

Nux vomica తీసుకుంటే 1-2 గంటలలో బుర్ర తిరుగుతుంది భయపడొచ్చు. రాత్రి తీసుకుంటే హాయి గా ఉంటుంది.

Sulphur → Time of great amelioration of all symptoms. For Sulphur is before sunrise best time to receive sulphur.

Sleep disturbed with FP. [Sore mouth with blisters, burning in the mouth, eyes burning. Blurred vision మసక.]

### **Causation:**

Waking. రాత్రిళ్లు నిద్ర మేల్కొంటే. Night shifts. Free from expected fatigue. రెండు బిళ్లులు వేసుకుని కూర్చుంటే కళ్లు మంటలు ఉండవు (N.M కూడా పనికి వచ్చును).

Lips crack and bleed. Mentally sensible. F.P → Delicate skin. Red when they go into sun. Easy bleeding. N.M → Pale when they go into sun, rough skin, moody and dull.

High fevers → Never use in homoeo potencies. Very dangerous.

[Fever of homoeo Ferrum phos→Very high, violent delirium.

Sees ghosts or snakes, urine suppressed. Kidneys are effected. Extremities cold. చల్లగా ఉంటాయి. Tongue and throat highly inflamed. Fellow cannot swallow even water (FP 200). Cerebral fevers. It is a ranked drug. Safe drug to treat with FP 6X.

కొండనాలుకకి వైద్యం చేస్తే ఉన్న నాలుక ఊడింది అన్నట్టు.

Children diseases → Fissure.

FP in meningitis లో 80% FP (homoeo). Accumulation of bad blood. Blackish or bluish blood. Water blisters on the foot. Full of black blood. అరికాలిలో highly painful (blood sugar very long time).

Start with 3X – 5 minutes one dose → 3 doses →then 6X 2 or 3 doses 5 minutes.

FP 6X →one dose controlled.No repetition. If not FP 30. Repeat if necessary. Treatment careful గా జరగాలి. FP 200 also. FP 50M కూడా ఇవ్వాలి రావచ్చు (high fever లో).

Reference: Farrington clinical material medica lo Ferrum phos.

## **Modalities:**

- > Open air, cool damp weather, wash etc.
- > Eating something.
- < Heat of the room (Sulphur).
- < Over work. Mentally overworked especially.
- < Going from shopping & marketing. వస్తువులతోపాటు తలనొప్పిని కొనుక్కొని వస్తారు.
- < After a heated discussion.

## **Relationship:**

The twelve tissue salts (Dr. Boericke & Dewey).

## **Most Important Points:**

Cantharis external in India is very useful in→

Burns → Azadiracta ind. Mother tincture. You will find miracles with burns. Apply 3 or 4 times in the day. 3 or 4 doses internally also. Better to give in 6 potency. If it is too dangerous, can give Cantharis 30 inside.

## **Now Cantharis is outdated.**

Achyranthus aspera ఉత్తరేణి Mother tincture – You can use either. Master had more respect for Azad. ind mother tincture. Whenever there is insect bite or animal bite, especially scorpion bite give Echinacea mother tincture

apply externally at the sting of the bite in half a teaspoon full in water. Half to be swallowed; second half after 15 minutes if necessary.

Be careful not Ignatia mother tincture. In snake bites also.

Dog bite → Belladonna.

Scorpion bites → Burning like fire. All the limb is very hot. Wants to have cold water on the limb, ascending nature. పైకి ఎక్కుతుంది. Ledum Pal 6 two or three doses → Ledum Pal 30 two doses.

Nerve pullings → Natrum mur 6X one dose every two minutes (NM 200 useless or not much useful).

Anxiety, intense fear of death, restlessness → Ars alb 200 one dose.

All cases can be cured with Echinacea mother tincture. If you can catch the situation, it is ok.

Food Poisoning:-

1)Nux vomica.

2)Aconite.

3)Kali mur 6X in frequent repetition.

4)Hypericum.

Harmless drugs లేవు. Miasm లేకపోతే Biochemical is as good as Homoeo medicines.

## THUJA

Plant drug.

Anti-sycotic. King of anti-sycotic. Generally indicated in people who are growing bulky and unhealthy. (Natrum sulph). Anti-sycotic. Stout and unhealthy with rough skin, wrinkled (బుడిపెలు, గరుకులు) appearance.

Accidents and due to injuries on head turning imbecile → Natrum sulph.

Being completely overlooked by family members → Aurum met.

### **Important point:**

1)పిచ్చెక్కింది.

2)సన్నగా ఉంటాడు.

3)విరోచనాలవుతుంటాయి.

4)నిద్ర పట్టదు. అర్ధరాత్రి గారెలు కావాలంటాడు. 30 సంవత్సరాలలో continuous fevers or periodical fevers with chill. Quinine used. Malaria suppressed. After malaria emaciation. రోజూ మధ్యాహ్నం 99°F → 3 నెలలు గడిచిన తర్వాత T.B. అన్నారు. Suppressed, resulting new disease

Tuberculinum 200 – 1 dose. Wait for months. If necessary repeat. Everything will be set right.

## AURUM METALLICUM

బంగారం→

### Physicals Symptoms:

Leprosy, caries of the bones, nails. Affections of liver, intestines. Weakness. కాళ్ళు, చేతులు లాగడం. Respiratory troubles, heart troubles. Lack of thinking power, sleeplessness. Rheumatic troubles, glandular affections and abdomen affections. Oedema

### Mental Symptoms:

55 years lady. Husband retired. Daughters grown up, unmarried. Only son vagabond. Indebtedness. Poor living conditions. At this stage husband had paralysis. Despair in life. Love is lost. ముఖం ముడతలు పడి weakness. చేతులు ముఖం ముడతలు పడి నిరాశ, నిస్సహ, కండ్లు గుంటలు పడిపోతాయి. Face dull. Despair. అతి పరిశ్రమ చేయలేక చేసి చేసి (ఎండుతున్న మహా వృక్షంలా) ఎలాగో బండి నడుపుతుంది. అజీర్ణం, ఆకలి లేదు, నిద్ర పట్టదు. నీరసం. కడుపు నొప్పి. మోకాళ్ళు పట్టు. గుండెదడ, తలనొప్పి.

No success in life, disappointment, continued grief. First dose వేసిన తర్వాత desire for life రావాలి. Senses సరిగా పనిచేయాలి. Then it is correct. Affections of continued grief loathing of life, loss of desire to live, suicidal tendency.

Example.2:- Lost his partner. A shock of disappointment. తను గట్టిగా ప్రేమించిన అమ్మాయిని చివరికి మ్యారేజ్ చేసుకోలేకపోయాడు. Entertains

only these thoughts, develops fatigue. Despair becomes an insane man. Not suicidal mania, but suicidal instinct. Loses interest in self-protection. లారీ వస్తుంటే ప్రక్కకు తొలగడు. Lost the desire to live, self-condemnation, self-repentance. వాడిని వాడే తిట్టుకుంటాడు.

Difficult to elicit symptoms.

### **Causations:**

Ailments from grief, disappointed love, disappointed affections, disappointed hopes on account of fright, anger, contradiction. ప్రపంచం పాపిష్టిది అంటాడు. Fear, Mortification. ఉడుకుబోతుతనం. Disappointment of not having the castles in the air.

Soft, not cunning; but melancholy.

Soft, but cunning – But never Pulsatilla, goes to Anacardium, Chamomilla, Nux vomica, Stramonium. Advanced stage of drugs.

Syphilinum is most indicated after Aurum met. (Complementary), Sulphur also.

## **AURUM ARSENICUM**

Proved drug. Gold +Arsenic. Not a very deep drug. Not manias, but only tendencies.

Aurum met కంటే కొంచెం తక్కువ.

### **Pathological Symptoms:**

Cancers, epilepsy, caries of bones, convulsions, spasms, hysteria, dropsy, hyperaemia, (fullness and heat in the head), hydrocephalus, itching on the scalp. Bruised pain in head, headaches pressing type, pulsation in the head, discharge of mucus and pus (from eyes), sticking of eye lids, inflammation of the eyes, reading impaired. Paralysis of the optic nerve, photophobia, ulceration, discharge from ears, itching pain. Humming and roaring in ears. Caries of the nose, ulcers in nose (syphilitic drug), smells lost, mucus, cracked lips, inflammation, నంజు పొక్కులు (Merc sol). Mucus in the mouth, gums bleed. Lump in the throat. Mucus in throat. Pain on swallowing. Severe hunger, aversions to food; cannot relish food, desires stimulants, liver పైన వుండు. Aphae, fullness and flatulence of stomach. Constipation (natural) alternating diarrhoea, pain in the rectum. External piles, retention of urine, inflammation of glans penis, testis, mammae. Ulcers shrunken and cancer of uterus, heart effects. Angina pectoris (Cactus G, Digitalis, Naja). Chilblains, skin burning, discolouration of skin, spots (liver spots), leucoderma, leprosy, blisters on the skin, bluish, eczema, scabies, psoriasis, dropsy of skin, tension of the skin, warts (Thuja, Medorrhinum).

Reddish wart పగిలి రక్షం కారతాయి → Medorrhinum. Thuja లో త్రయంబకంలాగా. Inflammation of the glands.

Absent minded. Exhausted minds (Arsenic group). Anguish, complaints from anger. కోపం తో తలనొప్పి రావడం, silent grief (తనలో తను బాధపడడం) anger alternates. Anger by contradiction. Inclined to find fault with others.

Anxiety day and night, despair, discontented (అసంతృప్తి), excitable easily. Forgetful, easily frightened. Hysterical disposition < grief. Reproaches others. ఇతరులను తిడతాడు (Aurum met – self criticism). Oversensitive to noise.